

# Angioplaste ambulatoire: Bilan de 10 ans de pratique

**Pr TEIGER Emmanuel**  
**Unité de Cardiologie Interventionnelle**  
**CHU Henri Mondor**  
**Créteil**



# DÉCLARATION DE LIENS D'INTÉRÊT AVEC LA PRÉSENTATION

**Intervenant : Emmanuel Teiger, Créteil**

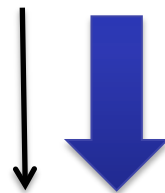
Je n'ai pas de lien d'intérêt à déclarer

# Limitations of ambulatory PCI ?

2-25% occlusion after  
balloon angioplasty



stents

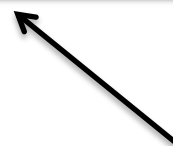


stent thrombosis

Coronary occlusion



Complications



Access site bleeding

Femoral access



Radial Access

- Clinical setting (SCA, IC, IRC)
- Pharmacological environment
- Procedural result

# A long way from previous PCI

- Laarman et al. Br Heart J 1994;72:12-5  
Ambulatory PCI by balloon » 61 patients (simple lesions)

## A pilot study of coronary angioplasty in outpatients

Gerrit J Laarman, Ferdinand Kiemeneij, L Ron van der Wieken, Jan G P Tijssen, Jo S M Suwarganda, Ton Slagboom

- Daib et al. CCI 2005
- Zia Br Heart J 1994;72:12-15 3
- Slagboom et al. CCI 2005
- Lasevitch et al. Am J Cardiol 2005
  - Bertrand et al. Circulation 2006; 114:2636-2643
  - Heyde et al. Circulation 2007;115:2299-2306

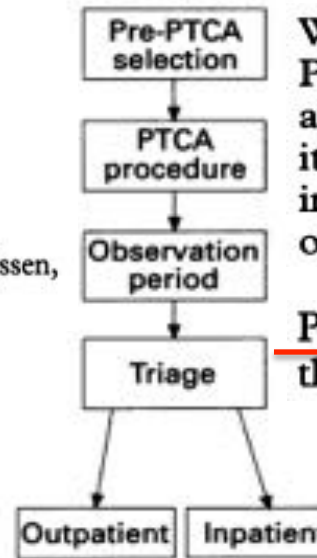


Figure Study protocol.

We selected patients at limited risk from PTCA. They had stable angina pectoris, suitable (non-complex) lesion morphology, a limited region at risk (to prevent haemodynamic instability and a large infarction in the event of late closure of the vessel). Hence we

Patients were observed for two hours close to the catheterisation laboratory. Then they

In this study the clinical course of all patients referred to the outpatient group was uneventful. The results (95% confidence

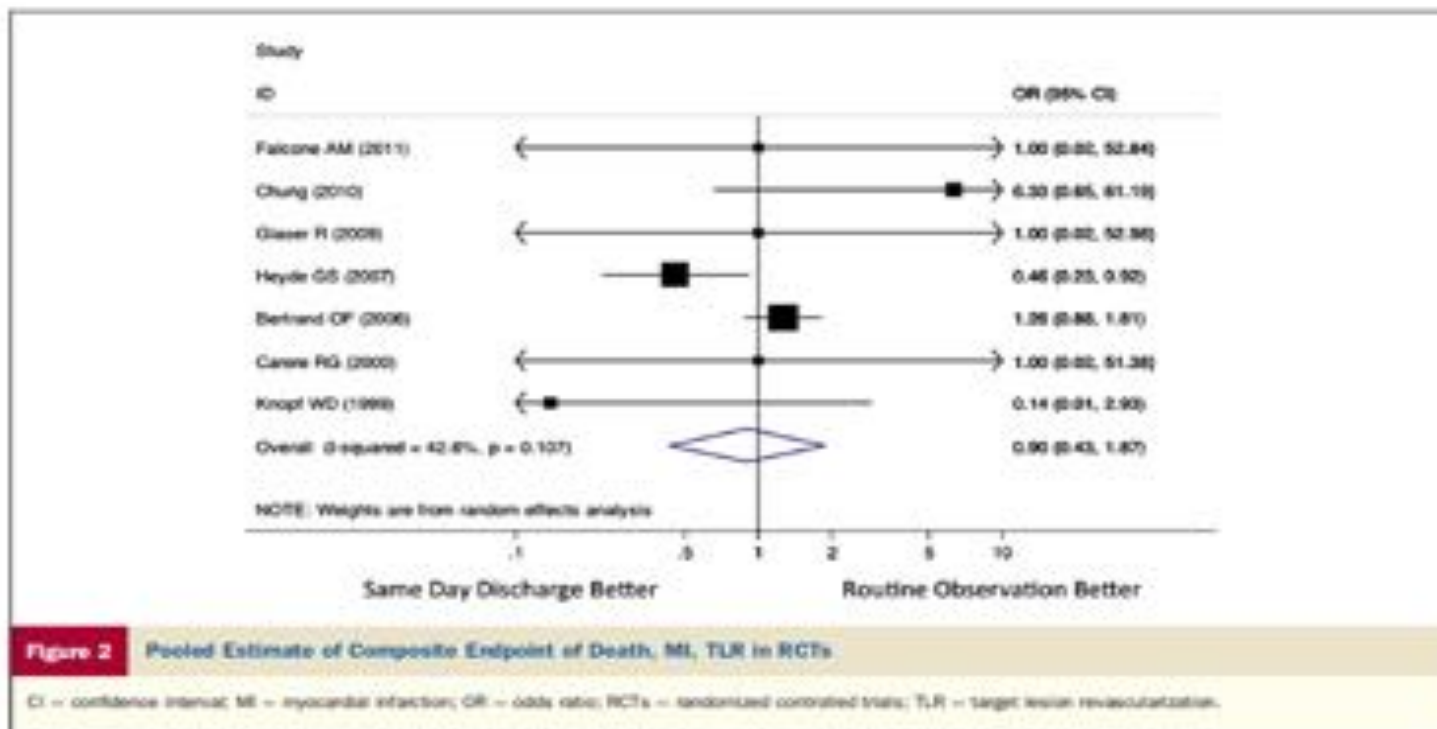
## Same-Day Discharge After Percutaneous Coronary Intervention

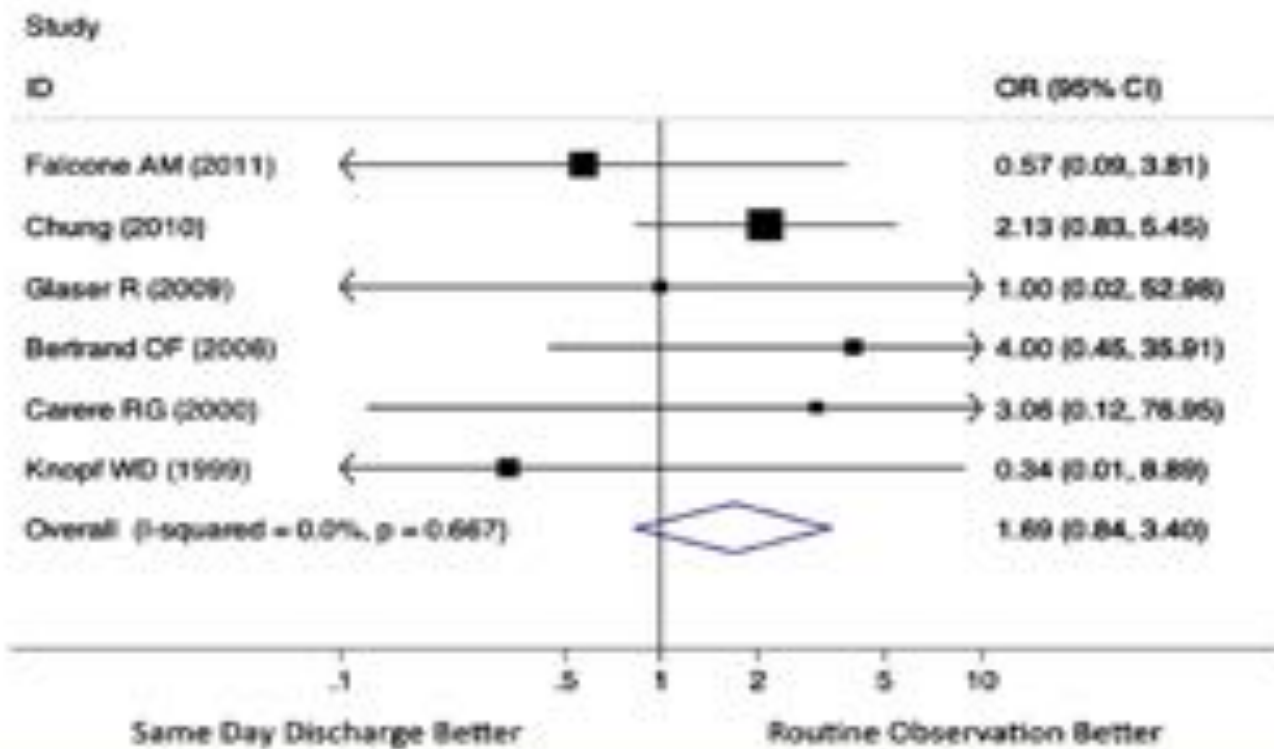
### A Meta-Analysis

Kimberly M. Brayton, MD, JD,\* Vishal G. Patel, MD,† Christopher Stave, MLS,\*

James A. de Lemos, MD,† Dharam J. Kumbhani, MD, SM†

*Stanford, California; and Dallas, Texas*





**Figure 3** Pooled Estimate of Composite Endpoint of Major Bleeding, Vascular Complications in RCTs

Abbreviations as in Figure 2.

# Mondor experience

- Out patients for coronarographies since 2005 : 900 pts / year (which represents 1/3 of the pts); 40-50 % of them had PCI.
- Radial approach for almost all pts
- Ambulatory PCI experience began in 2006 : 250 pts /year were screened in a pilot safety study (overnight stay).
- Pts stayed 1 night in the hospital: no events in this cohort of selected pts

# Mondor experience

- In 2007 we began a prospective study aimed at assessing the safety in the real life and the economic interest of this approach.
- Evaluation in 3 hospitals.(Mondor, Lagny, Pitié Salpêtrière)
- Primary end point: rehospitalisation rate within 18h following discharge
- Medico- Economic impact
- stent thrombosis <H18-24
- bleeding and vascular complications at puncture site <H18
- quality of life
- substudy with platelets agregability testing (Verify Now)

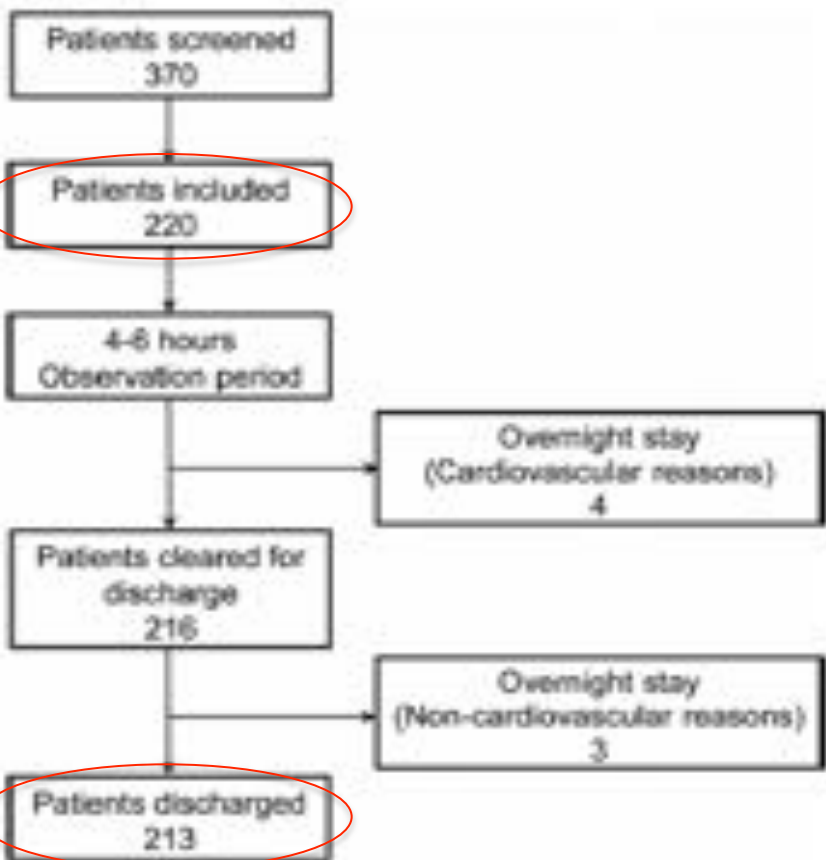


# Ambulatory Transradial Percutaneous Coronary Intervention: A Safe, Effective, and Cost-Saving Strategy

Philippe Le Corvoisier,<sup>1,2,3\*</sup> MD, PhD, Barnabas Gellen,<sup>4</sup> MD, PhD,  
Pierre-François Lesault,<sup>4</sup> MD, Remy Cohen,<sup>5</sup> MD, Stéphane Champagne,<sup>4</sup> MD,  
Anne-Marie Duval,<sup>6</sup> MD, Gilles Montalescot,<sup>7</sup> MD, PhD, Simon Elhadad,<sup>5</sup> MD,  
Olivier Montagne,<sup>1,2,3</sup> MD, Isabelle Durand-Zaleski,<sup>8</sup> MD, PhD,  
Jean-Luc Dubois-Randé,<sup>2,6</sup> MD, PhD, and Emmanuel Teiger,<sup>2,4</sup> MD, PhD

**TABLE IV. Follow Up Data 24 hr and 1 Month After Ambulatory Percutaneous Coronary Intervention**

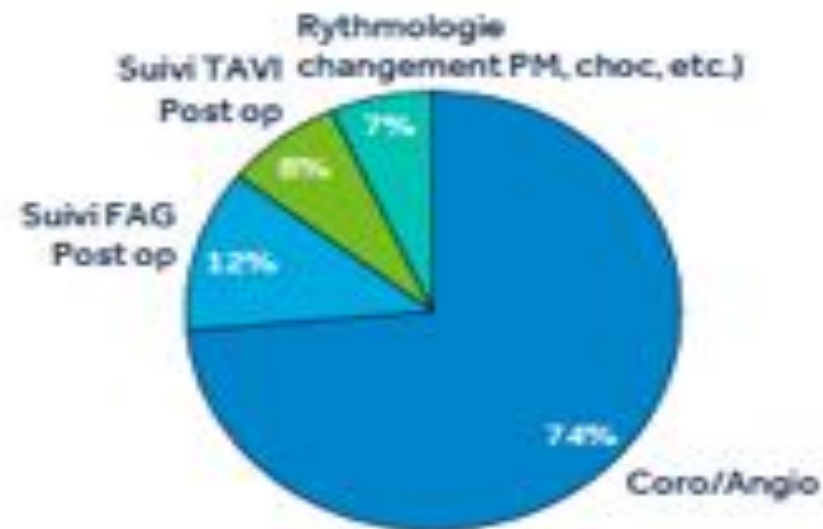
|  | 24 hr<br>(n = 213) | 1 month<br>(n = 213) |
|--|--------------------|----------------------|
| Any MACCE                                    | 0 (0)              | 1 (0.5)              |
| Death, n (%)                                 | 0 (0)              | 0 (0)                |
| Myocardial infarction, n (%)                 | 0 (0)              | 1 (0.5)              |
| Cardiac surgery, n (%)                       | 0 (0)              | 0 (0)                |
| Repeat PCL, n (%)                            | 0 (0)              | 0 (0)                |
| Stroke, n (%)                                | 0 (0)              | 0 (0)                |
| Readmission, n (%)                           | 0 (0)              | 4 (1.9)              |
| Seek medical care without readmission, n (%) | 0 (0)              | 7 (3.3)              |
| Markers of myocardial injury                 |                    |                      |
| CPK > 2 times the upper limit, n (%)         | 1 (0.5)            | na                   |
| Troponin I > upper limit, n (%)              | 69 (33.5)          | na                   |
| Troponin I > 3 times the upper limit, n (%)  | 43 (20.9)          | na                   |
| Troponin I > 1 µg/L, n (%)                   | 11 (5.3)           | na                   |



# RESULTS

|   |                |
|---|----------------|
| <b>Delayed discharge for medical reasons, n (%)</b>     | <b>4 (1.8)</b> |
| <b>Urgent repeat PCI, n (%)</b>                         | <b>0</b>       |
| <b>Radial haematoma, n (%)</b>                          | <b>1 (0.9)</b> |
| <b>Chest pain, n (%)</b>                                | <b>2 (0.9)</b> |
| <b>ECG changes, n (%)</b>                               | <b>1 (0.9)</b> |
| <b>Delayed discharge for non-medical reasons, n (%)</b> | <b>3 (1.4)</b> |

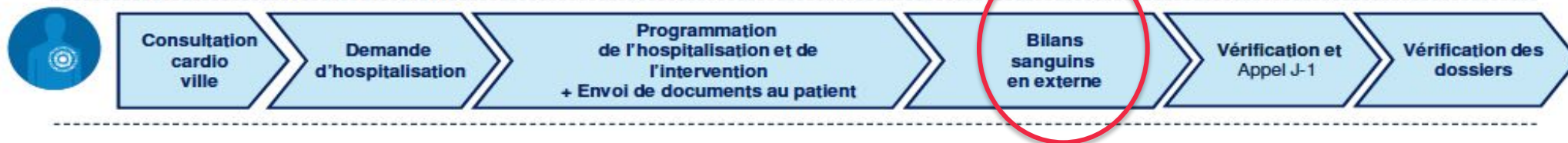
# Organization of the ambulatory angiography and PCI



# Organization of the ambulatory angiography and PCI

## Les grandes étapes du parcours

### Pré-hospitalisation



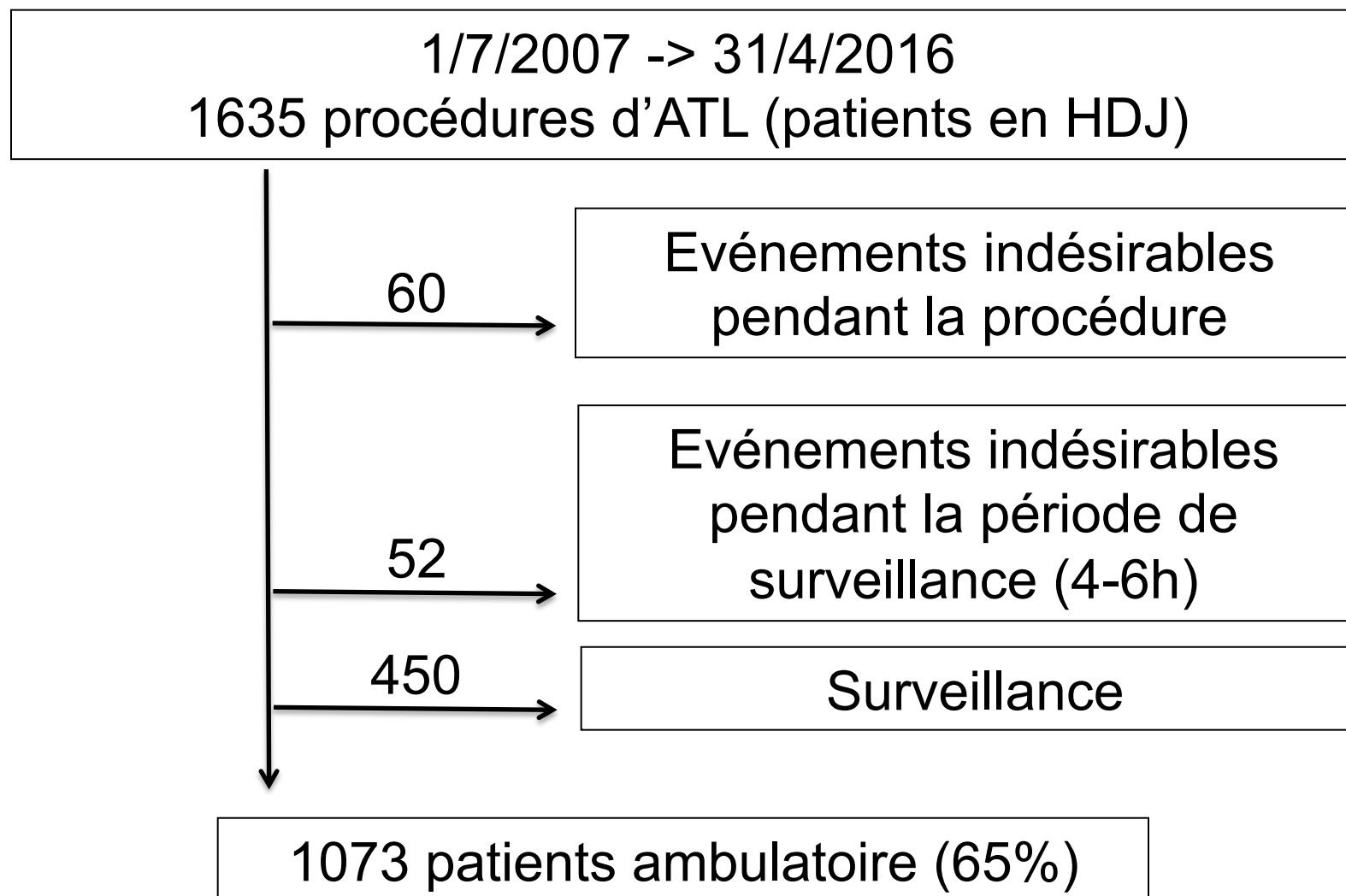
### Hospitalisation



### Sortie et suivi post op



# Analyse patients avec ATL ambulatoire



# Résultats 1

|                          | Ambulatoire<br>(n=1073) |
|--------------------------|-------------------------|
| Age (moyenne)            | 62 ± 40                 |
| Rapport H/F (%)          | 88                      |
| IMC                      | 27,2 ± 4,4              |
| Hérédité (%)             | 19                      |
| HTA (%)                  | 56                      |
| Diabète (%)              | 30                      |
| Tabagisme (%)            | 50                      |
| Dyslipidémie (%)         | 59                      |
| ATCD Angioplastie (%)    | 44,1                    |
| ATCD Pontages (%)        | 6,1                     |
| Indication examen        |                         |
| Angor stable (%)         | 83                      |
| Angor instable (%)       | 1,6                     |
| Ischémie silencieuse (%) | 13,3                    |
| ATL post SCA (%)         | 2,1                     |

|   |       |
|---|-------|
| Voie d'abord radiale  | 97    |
| Taille désilet artériel   |       |
| 5 Fr (%)  | 29    |
| 6 Fr (%)  | 71    |
| 7 Fr (n)  | 1     |
| Ferméture: TR-Band /<br>Compression manuelle (%)                                    | 31/69 |
| Ferméture artérielle voie<br>fémorale   |       |
| Système de ferméture (%)<br>(Perclose, Angio/Femoseal,<br>Compression manuelle (%)) | 81    |
| Compression manuelle (%)  | 19    |
| Voie d'abord secondaire (%)   | 1,5   |

|  |                      |
|--|----------------------|
| Angioplastie ad hoc (%)  | 91                   |
| Durée (min) (n= 205, moyenne,<br>médiane)                      | 42 ± 20, 40          |
| AirKerma (mGy) (n=364,<br>moyenne, médiane)                    | 705 ± 876,<br>549    |
| PDS total (cGy*cm <sup>2</sup> ) (n=1531,<br>moyenne, médiane) | 8873 ± 9825,<br>6603 |
| Contraste (ml) (n=1491,<br>moyenne, médiane)                   | 175 ± 65, 160        |

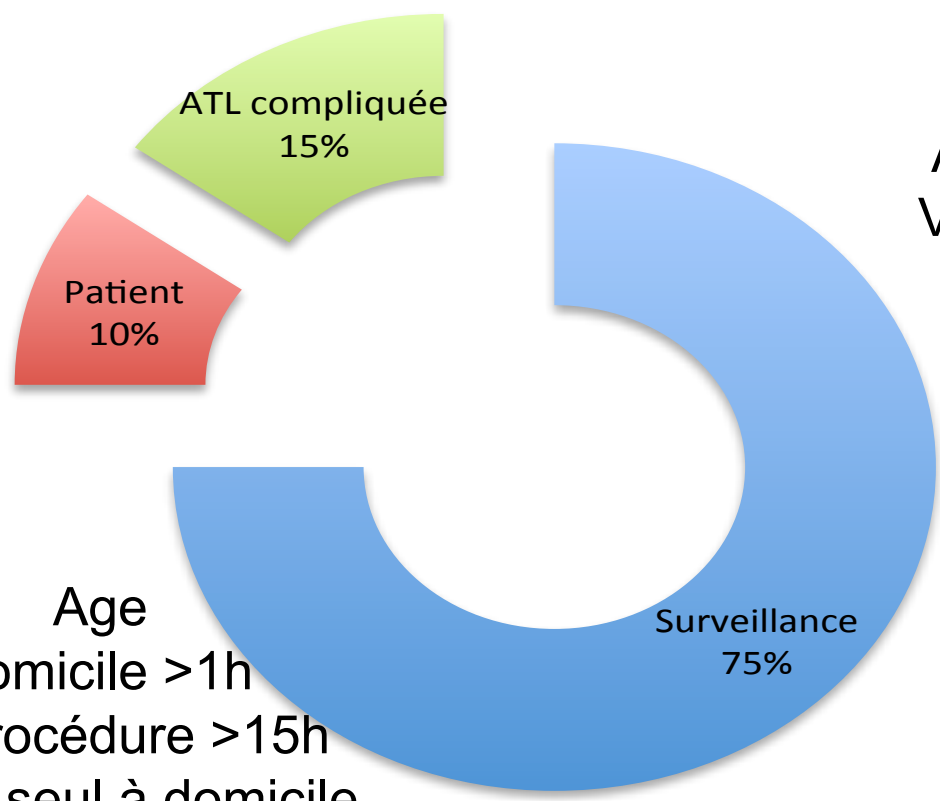
# Follow-up 24h

(1073 pts with ambulatory PCI within 10 years)

|  |                       |
|--|-----------------------|
| <b>Decès</b>   | 0                     |
| <b>Rehospitalisation, n (%)</b>  | 2 (0,19)              |
| Motif cardiovasculaire   | 1                     |
| Autres raisons   | 1                     |
| Contrôle coronarographique   | 0                     |
| <b>Complications voie d'abord</b>  | 0                     |
| <b>Hémorragie/autres saignements</b>   | 0                     |
| <b>Biologie de contrôle (24h)</b>  |                       |
| Troponine HS post ATL (pg/ml) n=114 (vn < 14)<br>(moyenne, écart type, médiane, range) | 130 ± 274, 47, 3-2055 |
| CPK (UI/l) n= 957 (vn < 195) (moyenne, écart<br>type, médiane, range)                  | 130 ± 241, 94, 1-6657 |

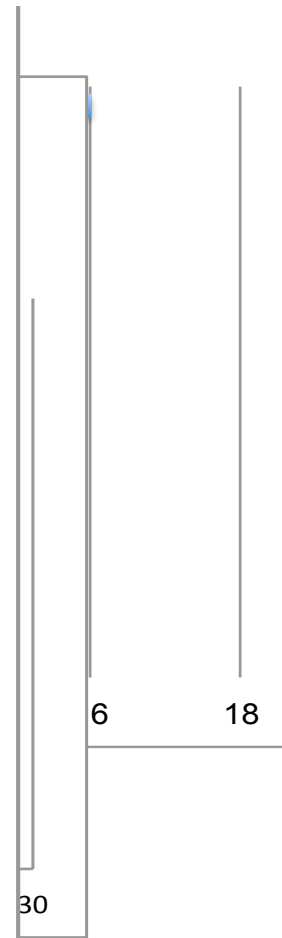
# Patients hospitalisés

## Autres motifs d'hospitalisation (n=450, 27,5%)



Fonction rénale  
Trithérapie  
Rotablator  
ATL PAC/TC  
Voie fémorale

Age  
Domicile >1h  
Fin procédure >15h  
Patient seul à domicile  
Doute sur la compréhension...



Troubles ryth  
Perte



# Conclusions

1. L'angioplastie ambulatoire présente un faible risque de complications dans une population sélectionnée à condition d'avoir un résultat angiographique satisfaisant et en absence de complications pendant la période de surveillance.
2. L'analyse des événements à 24h dans une large cohorte de patients a confirmé la sécurité de la stratégie ambulatoire avec une absence de complications cardiaques et un taux de rehospitalisation très faible (2 patients/10ans).

## **There is No Place Like Home After Successful Percutaneous Coronary Intervention**

Ian C. Gilchrist,\* MD, FSCAI

Catheterization and Cardiovascular Interventions 74:1017–1018 (2009)

