



#### **Editorial**

### Routine Pressure Wire Assessment at Time of Diagnostic Angiography Is It Ready for Prime Time?

Eric Van Belle, MD, PhD; Gilles Rioufol, MD, PhD; Patrick Dupouy, MD

# Frequency of Stress Testing to Document Ischemia Prior to Elective Percutaneous Coronary Intervention

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N THE UNITED STATES, PERCUTANEous coronary intervention (PCI) has become a common treatment strategy for patients with stable coronary artery disease (CAD) and such patients now account for the majority of PCIs performed.1,2 However, multiple studies have established that some important outcomes for patients with stable CAD (death and risk of future myocardial infarction) do not differ between patients treated with PCI plus optimal medical therapy and patients treated with optimal medical therapy alone.3-10 The addition of PCI does offer quicker relief of angina than medical therapy alone but also carries an increased risk of repeat revascularization, late-stent thrombosis, and a decreased Context Guidelines call for documenting ischemia in patients with stable coronary artery disease prior to elective percutaneous coronary intervention (PCI).

**Objective** To determine the frequency and predictors of stress testing prior to elective PCI in a Medicare population.

Design, Setting, and Patients Retrospective, observational cohort study using claims data from a 20% random sample of 2004 Medicare fee-for-service beneficiaries aged 65 years or older who had an elective PCI (N=23 887).

Main Outcome Measures Percentage of patients who underwent stress testing within 90 days prior to elective PCI; variation in stress testing prior to PCI across 306 hospital referral regions; patient, physician, and hospital characteristics that predicted the appropriate use of stress testing prior to elective PCI.

Results In the United States, 44.5% (n = 10.629) of patients underwent stress testing within the 90 days prior to elective PCI. There was wide regional variation among the hospital referral regions with stress test rates ranging from 22.1% to 70.6% (national mean, 44.5%; interquartile range, 39.0%-50.9%). Female sex (adjusted odds ratio [AOR], 0.91; 95% confidence interval [CI], 0.86-0.97), age of 85 years or older (AOR, 0.83; 95% CI, 0.72-0.95), a history of congestive heart failure (AOR, 0.85; 95% CI, 0.79-0.92), and prior cardiac catheterization (AOR, 0.45; 95% CI, 0.38-0.54) were associated with a decreased likelihood of prior stress testing. A history of chest pain (AOR, 1.28; 95% CI, 1.09-1.54) and black race (AOR, 1.26; 95% CI, 1.09-1.46) increased the likelihood of stress testing prior to PCI. Patients treated by physicians performing 150 or more PCIs per year were less likely to have stress testing prior to PCI (AOR, 0.84; 95% CI, 0.77-0.93). No hospital characteristics were associated with receipt of stress testing.

Conclusion The majority of Medicare patients with stable coronary artery disease do not have documentation of ischemia by noninvasive testing prior to elective PCI.

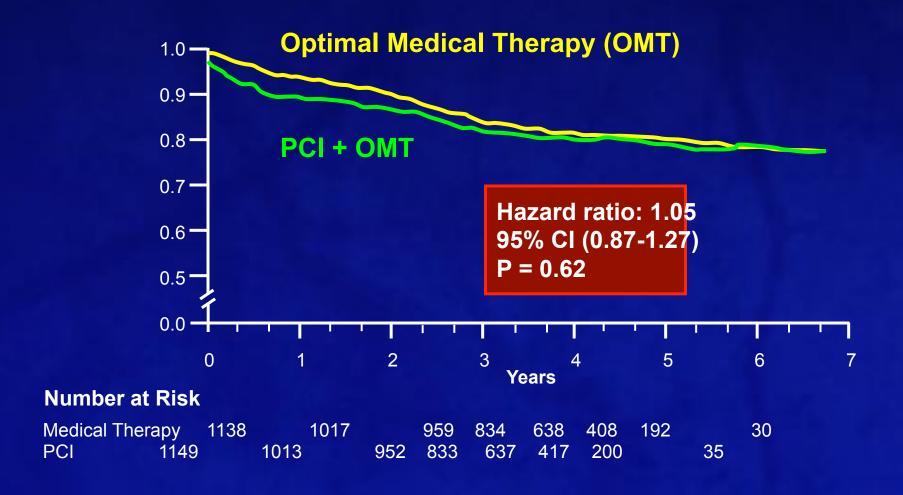
JAMA. 2008;300(15): 765-1773



www.jama.com



# Survival Free of Death from Any Cause and Myocardial Infarction





# **Baseline Clinical and Angiographic Characteristics**

Characteristic	PCI + OMT (N=1149)	OMT (N=1138)	P Value	
CLINICAL				
Stress test			0.84	
Total patients - %	85 %	86 %		
Treadmill test	57 %	<b>57</b> %	0.84	
Pharmacologic stress	43 %	43 %		
Nuclear imaging - %	70 %	<b>72</b> %	0.59	
Single reversible defect	22 %	23 %	0.09	
Multiple reversible defects	65 %	68 %	0.09	
ANGIOGRAPHIC				
<b>Vessels with disease – %</b>			0.72	
1, 2, 3	31, 39, 30 %	30, 39, 31 %		
Disease in graft	<b>62</b> %	69 %	0.36	
Proximal LAD disease	31 %	37 %	0.01	

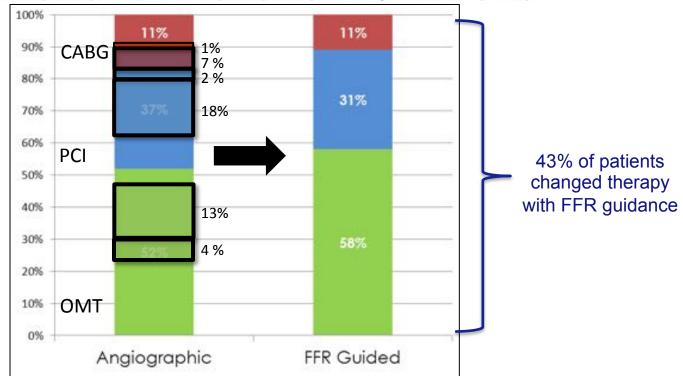




#### Outcome Impact of Coronary Revascularization Strategy Reclassification With Fractional Flow Reserve at Time of Diagnostic Angiography

Insights From a Large French Multicenter Fractional Flow Reserve Registry

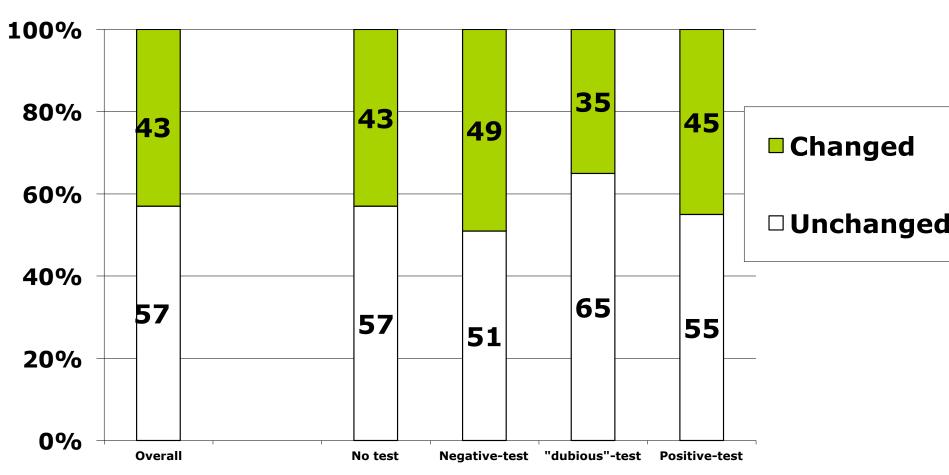
Eric Van Belle, MD, PhD; Gilles Rioufol, MD, PhD; Christophe Pouillot, MD;







## Change of the Revascularization strategy according to the results of non-invasive tests

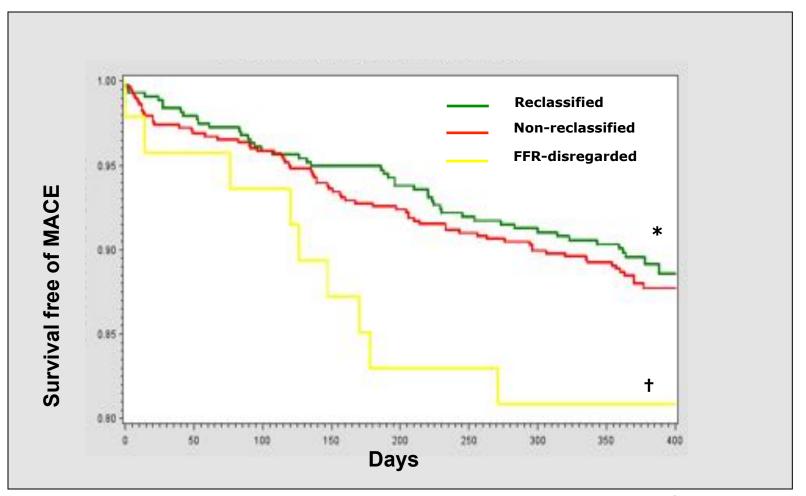


E. Van Belle et al. N=1,075 N=415 N=47 N=96 N=517 Circulation 2014





## Survival free of MACE according to Reclassification by FFR (« per-use » analysis)



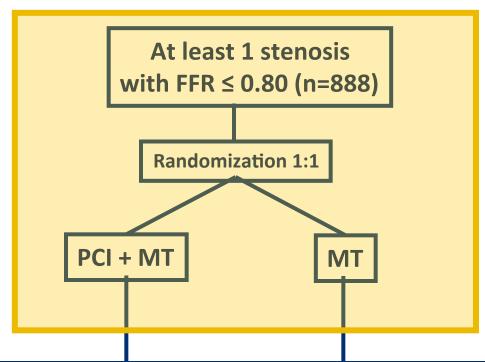
E. Van Belle et al. Circulation 2014

#### **Flow Chart**

Stable CAD patients scheduled for 1, 2 or 3 vessel DES-PCI N = 1220

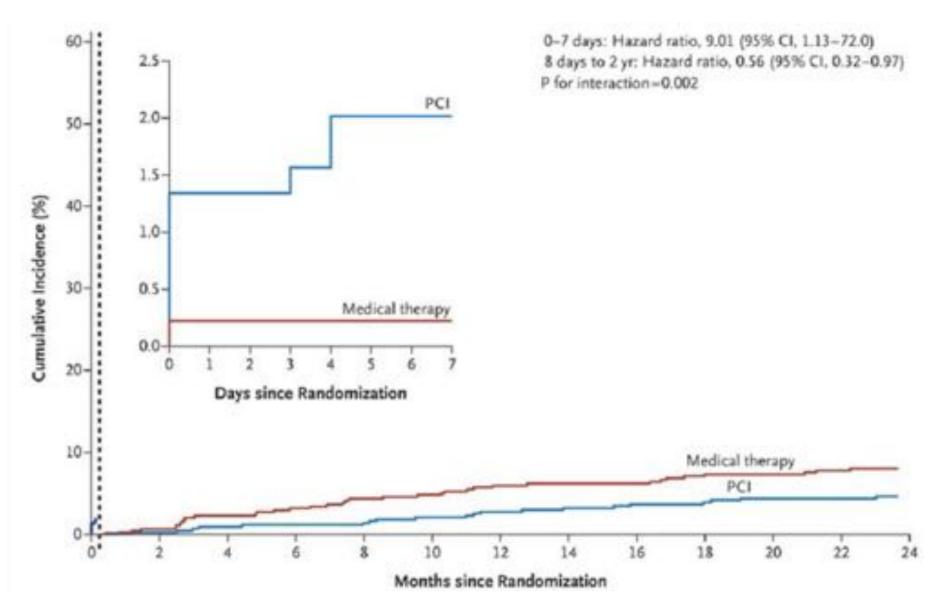
FFR in all target lesions

#### **Randomized Trial**



Follow-up after 1, 6 months, 1, 2, 3, 4, and 5 years

## Death or MI at 2 years



## What about ACS?



Impact of routine Fractional Flow Reserve on management decision and 1-year clinical outcome of ACS patients:
Insights from the POST-IT and R3F Integrated Multicenter registriEs - Implementation of FFR in Routine Practice (PRIME-FFR)

Eric Van Belle, Sergio-Bravo Baptista, **Luís Raposo**, John Henderson, Patrick Dupouy and others.

On behalf of the PRIME-FFR study group





## Baseline Characteristics

Variable (n;%)	ACS Population	Non-ACS population	p value
Age (years) [mean±SD]	64.0±11.5	65.3±10.1	0.019
Male Gender	401 (75.2%)	1102 (76.0%)	0.724
Diabetes mellitus	160 (30.8%)	541 (38.2%)	0.003
Hypertension	365 (70.3%)	1073 (75.7%)	0.016
Smoking (current/former< I year)	234 (43.9%)	558 (38.5%)	0.091
High Cholesterol	335 (64.9%)	1044 (73.8%)	<0.001
Myocardial infarction	187 (44.3%)	360 (31.0%)	<0.001
PCI	199 (47.2%)	538 (46.1%)	0.720
CABG	11 (2.6%)	56 (4.8%)	0.054
Left Ventricular EF ≤50%	84 (15.8%)	249 (17.2%)	0.757
Dual Antiplatelet therapy	314 (60.2%)	742 (51.6%)	< 0.00
Statin	398 (76.2%)	1119 (78.0%)	0.402
ACEI/ARB	319 (62.3%)	839 (58.9%)	0.175
Beta-Blockers	318 (61.6%)	880 (61.6%)	0.999
Typical Angina Syndrome	-	562 (38.8%)	<0.001
On-going ACS	229 (43.0%)	-	
Recent ACS STEMI	91 (17.1%)	-	
Recent ACS NSTEMI/UA	213 (40.0%)	-	

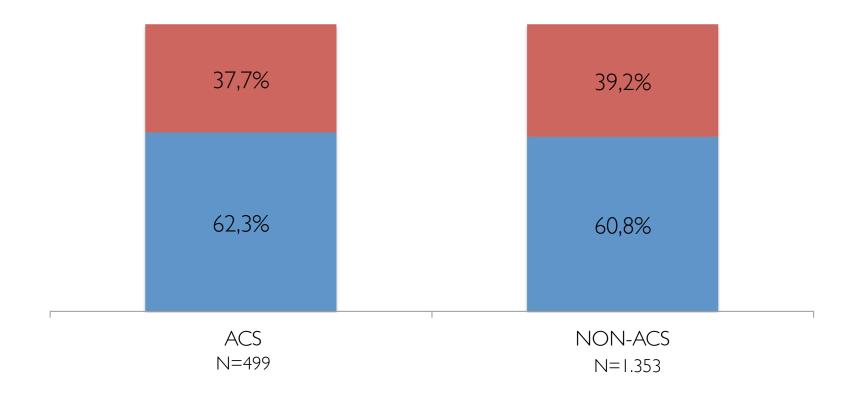


### Reclassification of Treatment strategy by FFR

Overall management change in patients in whom FFR was used for decision

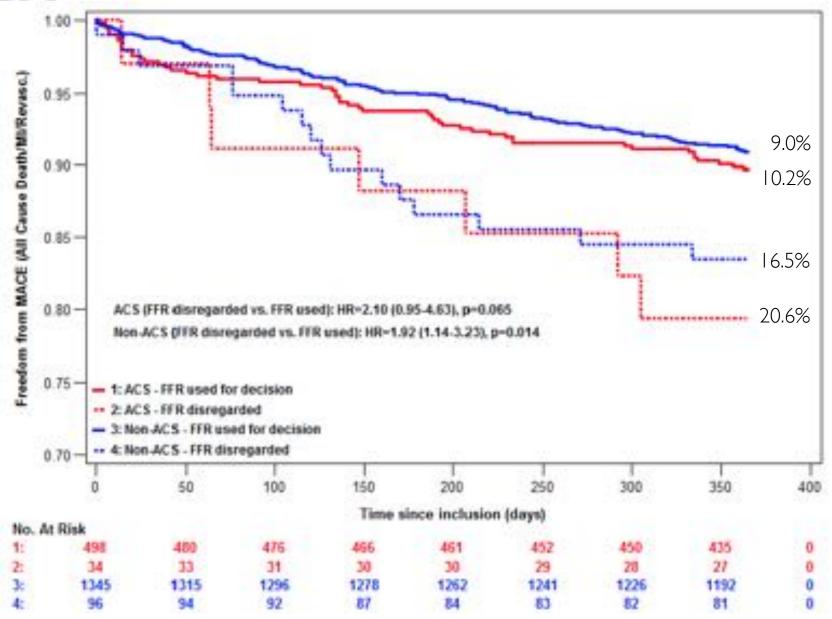
- Reclassified after FFR (FFR against angio)
- Not reclassified (FFR concordant with angio)







## Safety of integrating FFR on management





## What about MVD patients?



A prospective, observational, European, multi-center registry, collecting REAL-life information on the utilization of instantaneous wave-free ratio™ (iFR®) in the multi-vessel disease patients population

Prof. Eric Van Belle on behalf of the DEFINE REAL Investigators

## DEF ME REAL





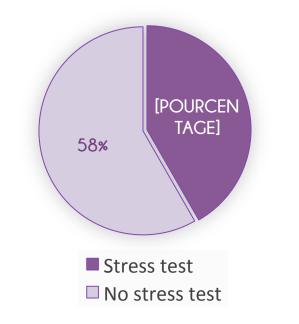




## **Patient Demographics**

Patient Demographics	n = 484	
Gender (male)	80%	
Age (mean)	66.7 yr	
Previous MI	36%	
ACS	17.8%	
Diabetes	26.7%	
Normal LVEF	62.8.%	

#### **Stress Test in Stable Patients**

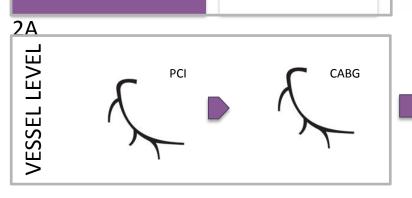






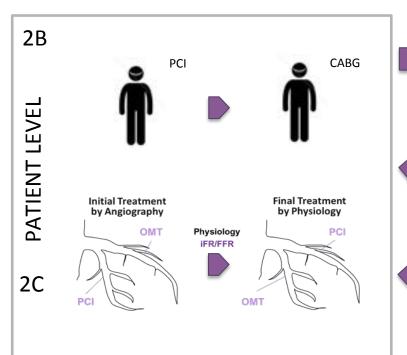
#### **PHYSIOLOGY**

#### **RECLASSIFICATION OF TREATMENT?**

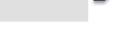




Vessel management change in **29.6%** of vessels





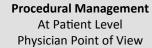






Patient management change in **26.9%** of patients

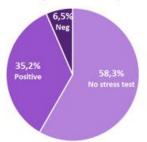


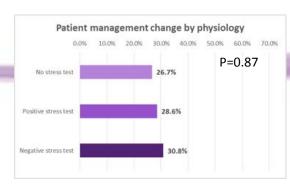




Management change in **45.0%** of patients



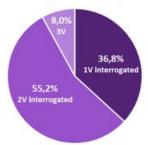


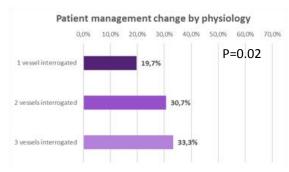




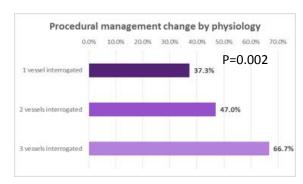
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Vessels interrogated in MVD patients



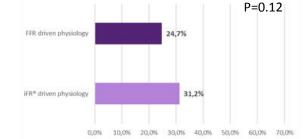


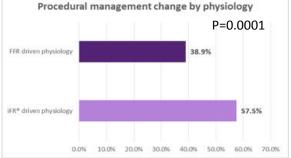
Patient management change by physiology



iFR® versus FFR diven physiology assessement in MVD patients

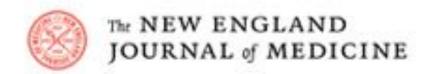






iFR: 1.8 vessels FFR: 1.6 vessels





The NEW ENGLAND JOURNAL of MEDICINE

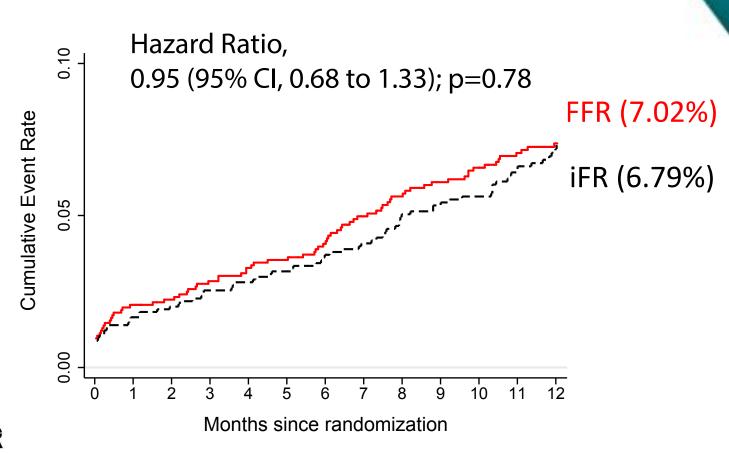
#### ORIGINAL ARTICLE

## Use of the Instantaneous Wave-free Ratio or Fractional Flow Reserve in PCI

J.E. Davies, S. Sen, H.-M. Dehbi, R. Al-Lamee, R. Petraco, S.S. Nijjer, R. Bhindi, S.J. Lehman, D. Walters, J. Sapontis, L. Janssens, C.J. Vrints, A. Khashaba, M. Laine, E. Van Belle, F. Krackhardt, W. Bojara, O. Going, T. Härle, C. Indolfi, G. Niccoli, F. Ribichini, N. Tanaka, H. Yokoi, H. Takashima, Y. Kikuta, A. Erglis, H. Vinhas, P. Canas Silva, S.B. Baptista, A. Alghamdi, F. Hellig, B.-K. Koo, C.-W. Nam, E.-S. Shin, J.-H. Doh, S. Brugaletta, E. Alegria-Barrero, M. Meuwissen, J.J. Piek, N. van Royen, M. Sezer, C. Di Mario, R.T. Gerber, I.S. Malik, A.S.P. Sharp, S. Talwar, K. Tang, H. Samady, J. Altman, A.H. Seto, J. Singh, A. Jeremias, H. Matsuo, R.K. Kharbanda, M.R. Patel, P. Serruys, and J. Escaned



## Primary endpoint – iFR equivalent to FFR

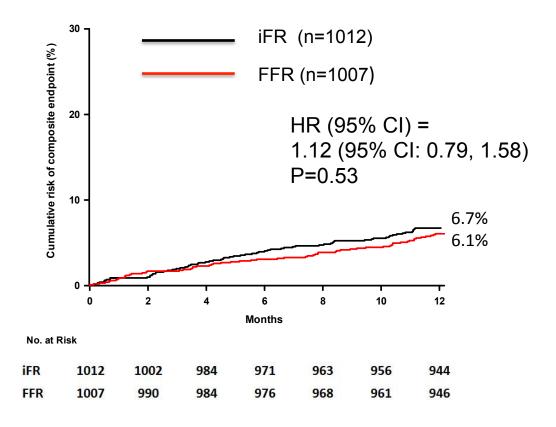




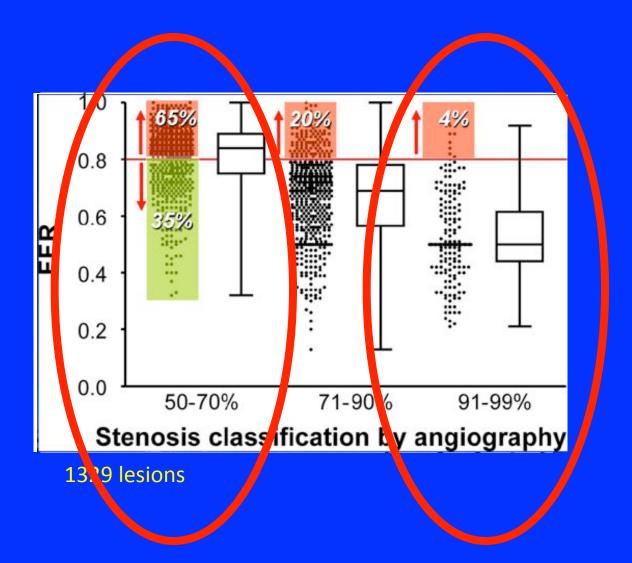


## **Primary Endpoint at 12 months**

(Death, MI, Unplanned revascularization)

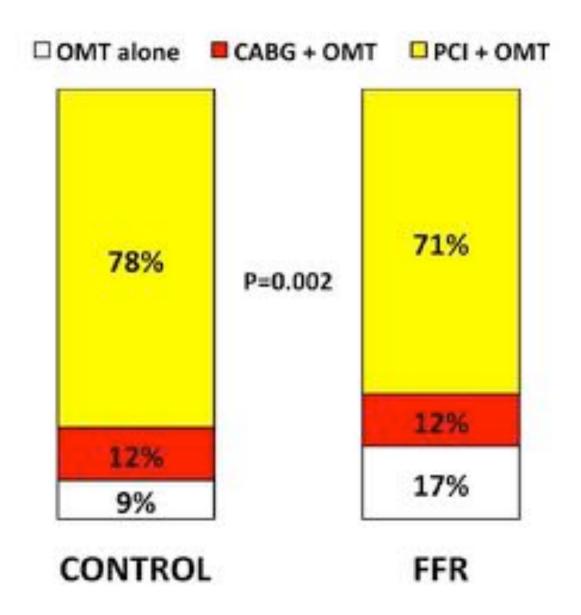


#### **Angiography and functional significance**



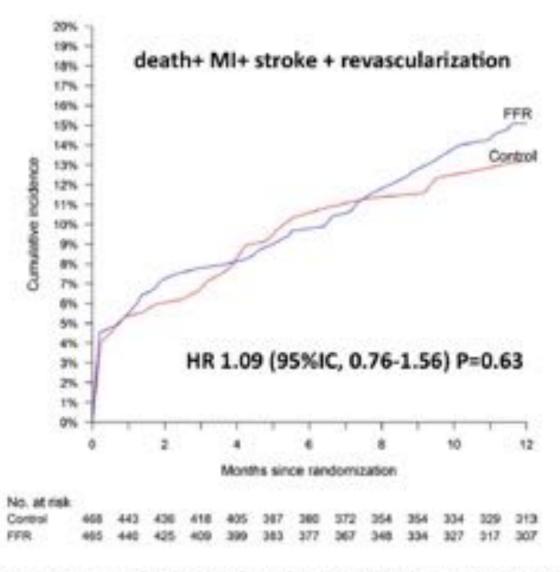
## Therapeutic management (2)





## Primary Endpoint at One Year\*





<sup>\*</sup>only for 797 patients having reached the one-year follow-up (85% of the population)

1 patient lost of FU





#### **Editorial**

## Routine Fractional Flow Reserve Combined to Diagnostic Coronary Angiography as a One-Stop Procedure Episode 3

Eric Van Belle, MD, PhD; Patrick Dupouy, MD; Gilles Rioufol, MD, PhD



## The POST-IT & R3F Investigators

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Rita Calé, MD (Almada)

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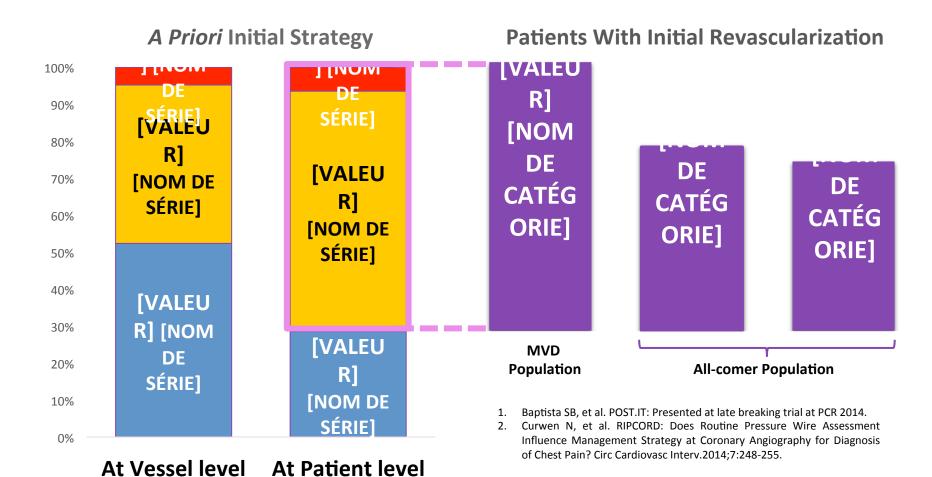
Flavien Vincent (Lille)





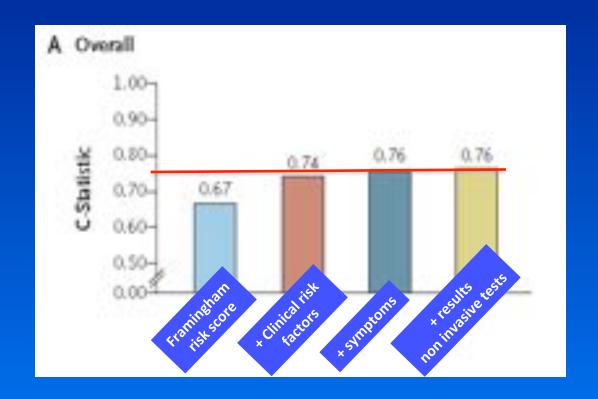


# Initial Treatment Strategy By Angiography





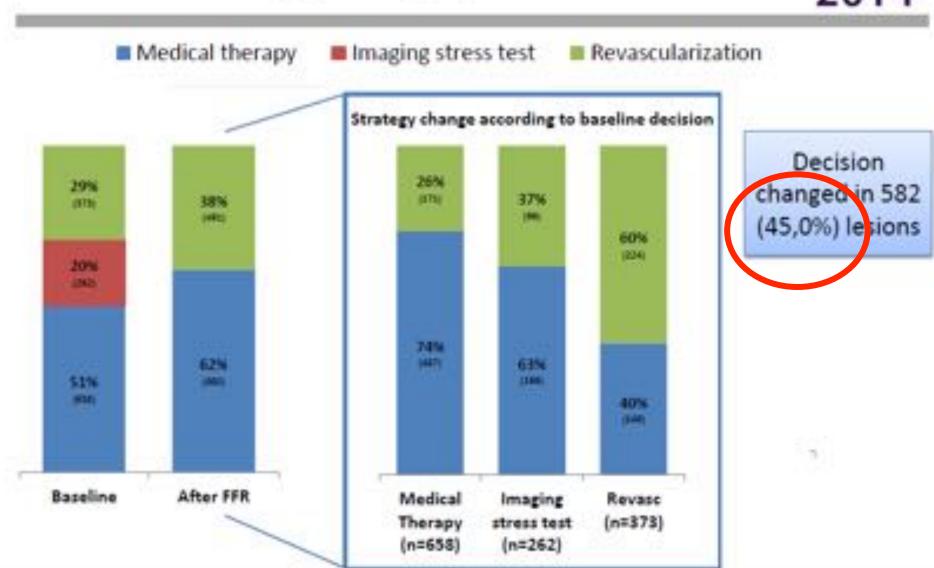
## Value of non-invasive test To predict CAD by angiography





## Results: strategy change per lesion





Baptista. Circ Cardiovasc Interv 2016 Van Belle et al. Circ Cardiovasc Interv 2016





#### Editorial

#### Routine Pressure Wire Assessment at Time of Diagnostic Angiography Is It Ready for Prime Time?

Eric Van Belle, MD, PhD; Gilles Rioufol, MD, PhD; Patrick Dupouy, MD

Post-Angiogram Decision	Post-FFR Decision				
	Medical	PCI	CABG	Further Info	Total
Medical	63	6	3	0	72
PCI	24	64	2	0	90
CABG	1	3	19	0	23
Further info	1	7	6		15
Total	89	80	30		200

P<0.001 by McNemar test. CABG indicates coronary artery bypass grafting; FFR, fractional flow reserve; and PCI, percutaneous coronary intervention. 26% of patients changed therapy with FFR guidance



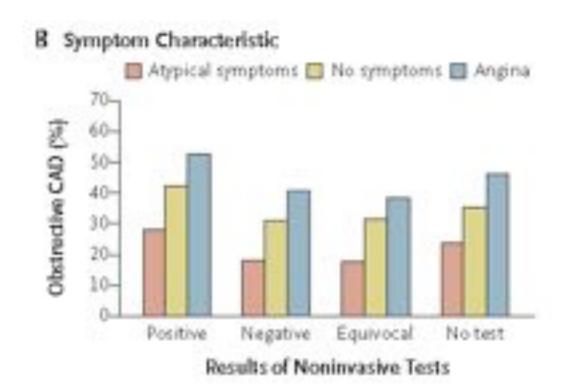
## Inclusion Criteria

DEFINE REAL



# Non-invasive test does not help to predict the risk of CAD







## Question 1

 What is the value of non-invasive tests to select patient for coronary revascularization?





#### Analysis of Coronary Angioplasty Practice in the United States With an Insurance-Claims Data Base

Eric J. Topol, MD; Stephen G. Ellis, MD; Delos M. Cosgrove, MD; Eric R. Bates, MD; David W.M. Muller, MBBS; Nicholas J. Schork, MA; M. Anthony Schork, PhD; and Floyd D. Loop, MD

Background. Coronary angioplasty is frequently performed in the United States, with more than 300,000 procedures in 1990. Despite the high rate of use of the procedure, there have been few studies addressing practice patterns.

Methods and Results. From a private insurance claims data base of 5.4 million individuals, a total of 2,101 patients who underwent coronary angioplasty during 1988–1989 were identified. Using their 4,578 hospital admission records and 87,578 outpatient claim records, with an average follow-up of 332 $\pm$ 182 days, we compared patients' outcomes and charges according to whether they had an exercise stress test before the procedure, by sex, by region of the country, and by whether the angioplasty was performed in an institution with a training program. Only 29% of the study cohort had exercise testing before angioplasty patients in the West (p=0.001), those undergoing multivessel angioplasty (p=0.00001), and those whose procedures were performed at sites with training programs (p=0.04) were more likely to have a screening test, whereas women (p=0.008) and those with a recent myocardial infarction (p=0.00001) were less likely to have a screening test. The average length of stay for patients without myocardial infarction as a primary diagnosis was 5.6 days, with a total hospital charge of \$15,027. In follow-up, 15.1% had coronary artery bypass surgery and 15% had at least one additional angioplasty procedure; the average follow-up charges were \$4,879. Charges varied according to sex, region of the country, and academic status of the angioplasty institution. Certain outcomes showed variation by region of the country and academic status of the angioplasty institution.

Conclusions. The relative lack of an objective definition of myocardial ischemia and the marked variability of use of procedures according to geographic region suggest the need for further implementation of established guidelines. Circulation 1993;37:1489-1497)



#### Conclusions

✓ Routine use of invasive physiology in patients with MVD, on-going UA/ NSTEMI or recent ACS is associated with a high rate of reclassification of management strategy (>30%).

- ✓ In ACS, Integrating FFR on clinical decision making and pursuing a treatment strategy divergent from angiography (including revascularization deferral) was as safe as in stable CAD patients.
- ✓ In MVD patient, implementation of iFR is safe and allows evaluation of more vessels which in turn leasd to a higher of reclassification.



## Perspective

- PRIME-FFR and DEFINE REAL reinforces the observation made in previous national prospective physiology studies;
- They extends those previous findings to ACS and MVD patients and also to iFR® use;
- DEFINE FLAIR, Swedeheart, and Syntax II will provide clinical outcome data of the use of routine physiology in MVD patients.

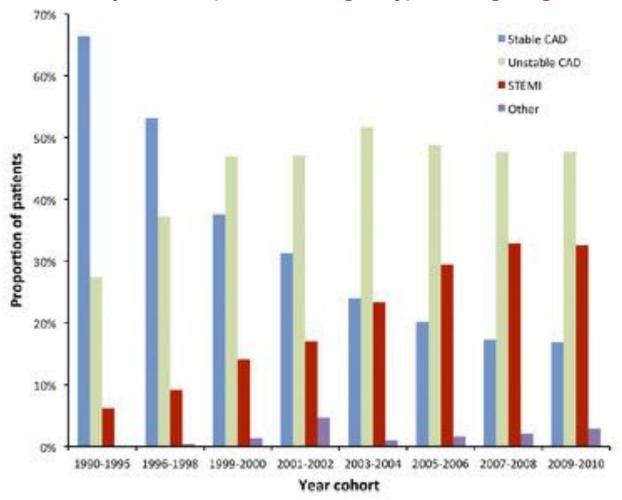


#### Baseline Characteristics

Variable (n;%)	ACS Population	Non-ACS population	p value
Number of diseased vessels (>50%)			
0-1	284 (53.3%)	846 (58.4%)	0.055
2	156 (29.3%)	384 (26.5%)	
3	93 (17.4%)	220 (15.2%)	
Number of lesions evaluated			
I	391 (73.4%)	1049 (72.3%)	0.921
2	103 (19.3%)	300 (20.7%)	
3	31 (5.8%)	81 (5.6%)	
>3	8 (1.5%)	20 (1.4%)	
Lesion Characteristics			
Left Anterior Descending	414 (57.7%)	1146 (57.9%)	0.511
Left Main	32 (4.5%)	117 (5.9%)	0.121
Proximal LAD	125 (17.4%)	389 (19.7%)	0.187
Any proximal lesion	239 (33.3%)	687 (34.7%)	0.485
Lesion - % stenosis [mean±SD]	57.6±12.4	55.4±13.9	<0.001
ACC/AHA Classification B2/C	310 (43.2%)	757 (38.3%)	0.020
Lesions with FFR ≤0.80	288 (40.0%)	786 (39.7%)	0.902

## **Increasing Prevalence of ACS**

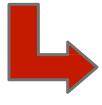
144,039 Swedish patients (SCAAR Registry) undergoing PCI between 1990-2010



Fokkema, et al. J Am Coll Cardiol 2013;61:1222-30

#### **Acute Microvascular Damage and FFR**

STEMI

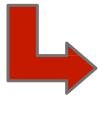


Variable Degree of Reversible Microvascular Stunning



Maximum Achievable Flow is Less

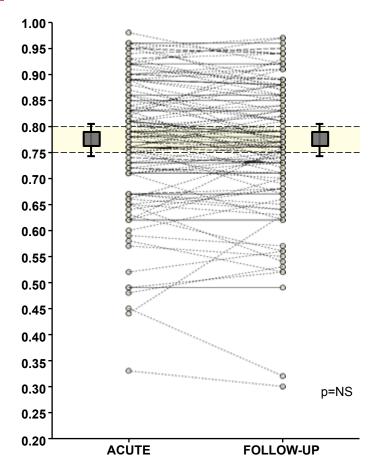
With time, the microvasculature may recover, maximum achievable flow may increase, and a larger gradient with a lower FFR may be measured



Smaller Gradient and Higher FFR across Any Given Stenosis

#### FFR STEMI (Non-Culprit Vessels)

101 patients with an acute coronary syndrome (75 STEMI, 26 NSTEMI) 112 non culprit stenoses FFR measured acutely and 35±24 days later



In only 2/112 stenoses was the FFR >0.80 during the ACS and <0.75 at follow-up.

Ntalianis, et al. J Am Coll Cardiol Intv 2010;3:1274

## FFR during NSTEMI

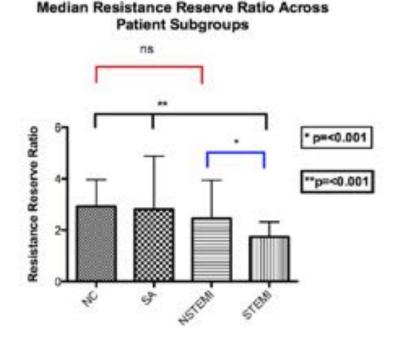
- Can we measure FFR in non ST elevation acute myocardial infarction?
  - In the culprit vessel?
  - In the non-culprit vessel?
  - When we don't know whether it the culprit or not?

#### **Myocardial Infarction**

#### Vasodilatory Capacity of the Coronary Microcirculation is Preserved in Selected Patients With Non-ST-Segment-Elevation Myocardial Infarction

Jamie Layland, MBChB; David Carrick, MBChB; Margaret McEntegart, MBChB, PhD; Nadeem Ahmed, BSc; Alex Payne, MBChB; John McClure, PhD; Arvind Sood, MBChB, MD; Ross McGeoch, MBChB, MD; Andrew MacIsaac, MBBS, MD; Robert Whitbourn, MBBS, Bsc; Andrew Wilson, MBBS, PhD; Keith Oldroyd, MBChB, MD; Colin Berry, MBChB, PhD

# Mean IMR Across Patient Populations \*\*p =0.01 \*\*p =0.015 ns p=>0.05

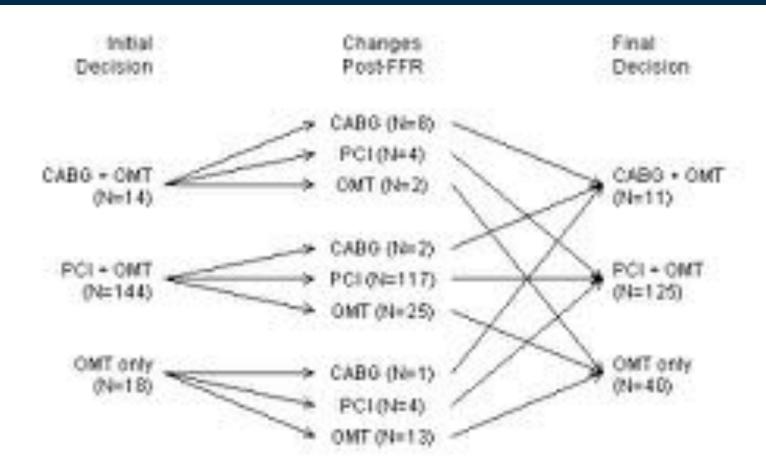


Layland, et al. Circ Cardiovasc Interv 2013



## **FAMOUS-NSTEMI** trial

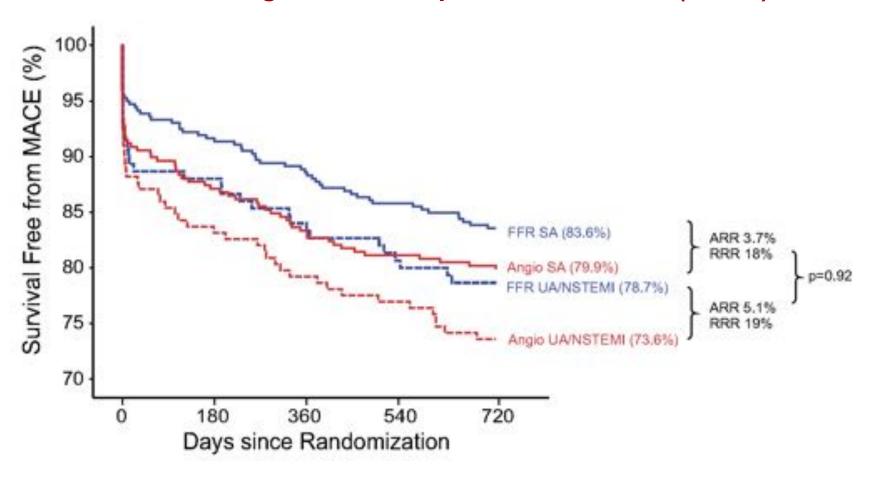




FFR treatment change ~ 22% of patients

#### FFR NSTE ACS (Mixed Culprit + Non Culprit Vessel)

Benefit of FFR-guided PCI in patients with ACS (n=328) –FAME



Tonino, et al. J Am Coll Cardiol Intv 2011;4:1182-9.

#### PRIME-FFR

POST-IT and R3F Integrated Multicenter registriEs - Implementation of FFR in Routine Practice

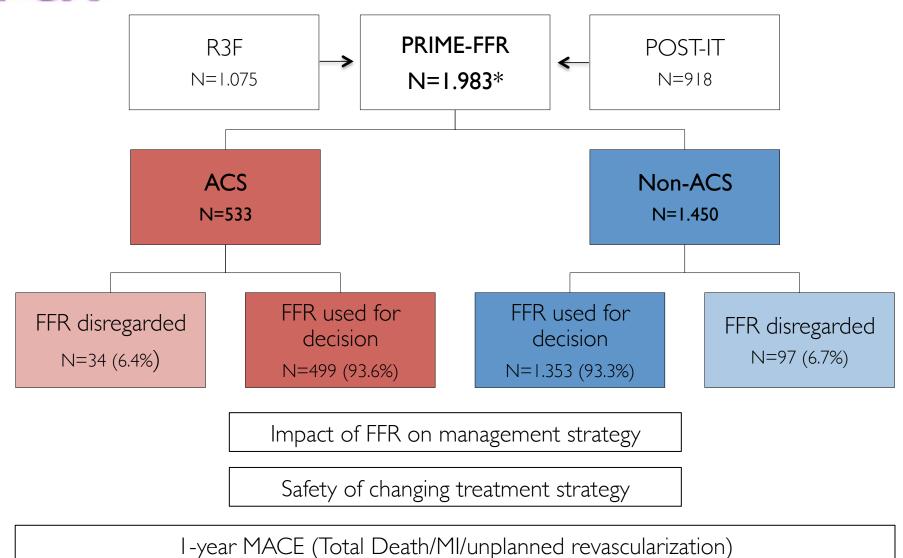
#### Why this study is important?

- In ACS, what is rate of reclassification of the management strategy (medical, PCI, CABG) with routine FFR usage?
- How does the rate of reclassification compare with non-ACS patients?
- Is FFR—based reclassification of the management strategy;
   i.e. against strategy suggested by angiography; safe in ACS patients?
- Is FFR-based deferral to medical treatment able to identify a population at low risk?

**Hotline EuroPCR** 



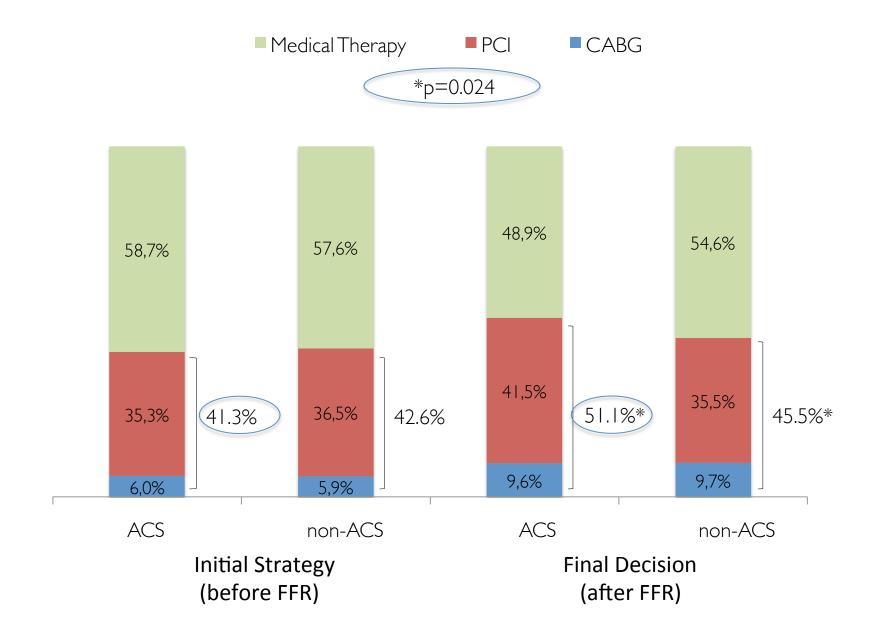
#### Study Design & Endpoints



\*FFR result unavailable in 10 patients

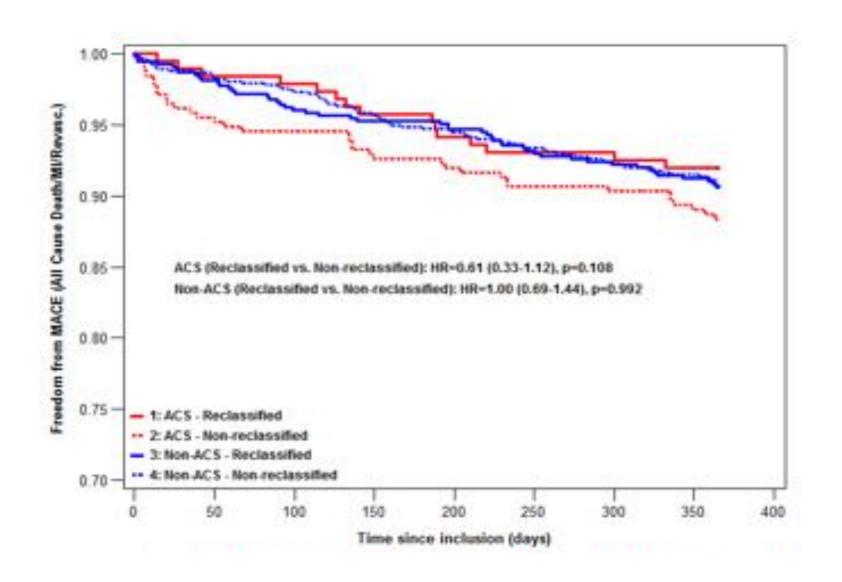


#### FFR & Treatment strategy change



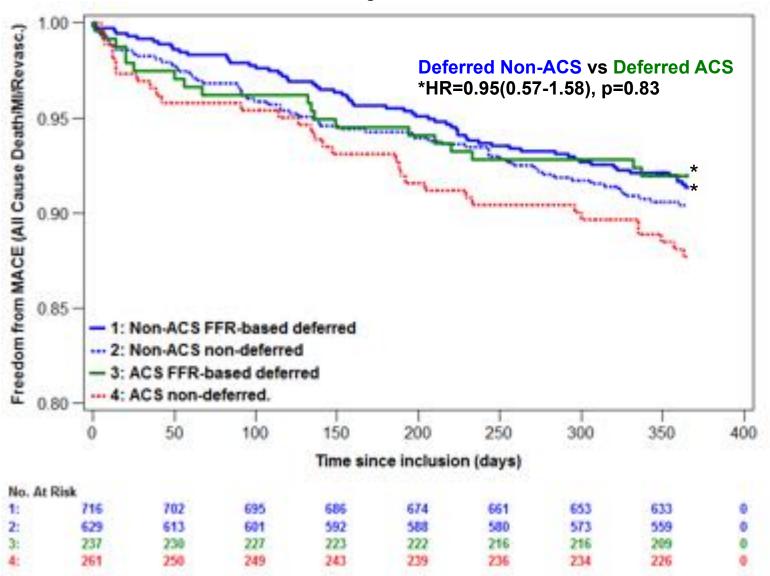


#### Safety of FFR-based reclassification in ACS

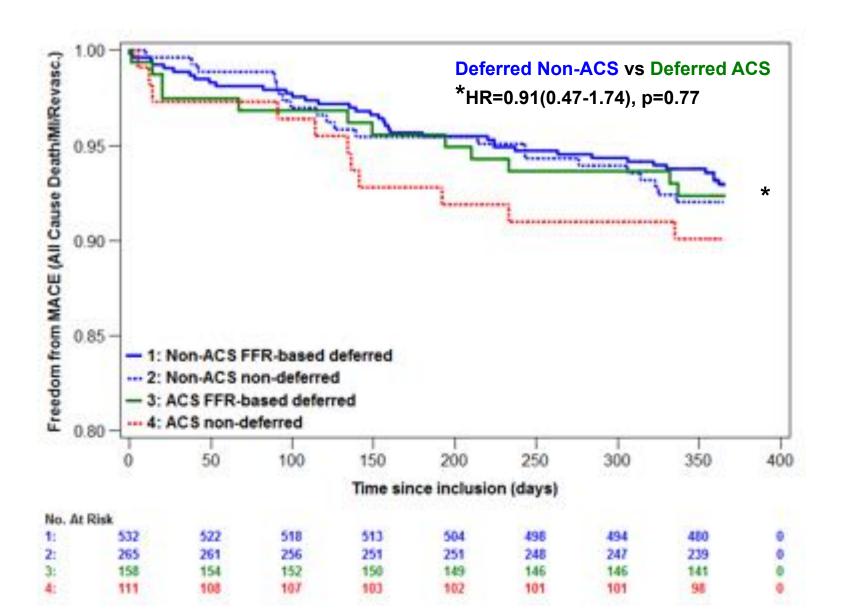




#### Safety of FFR deferral in ACS

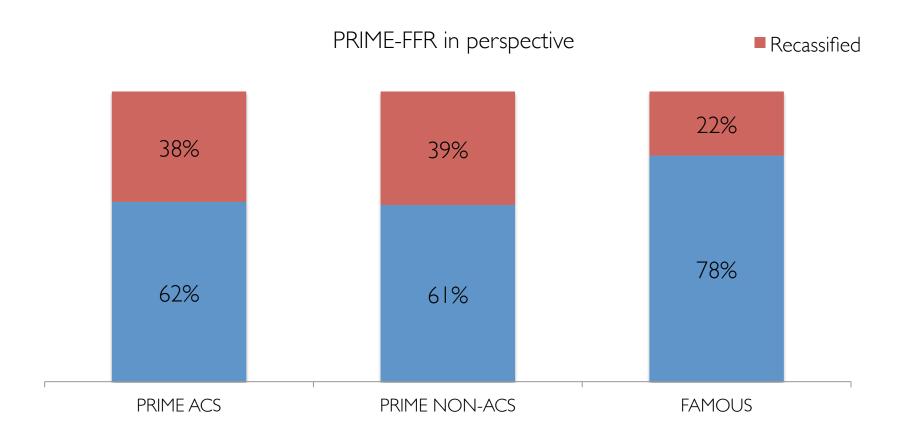


# Safety of FFR-deferral in ACS investigated at culprit lesion (single vessel CAD)





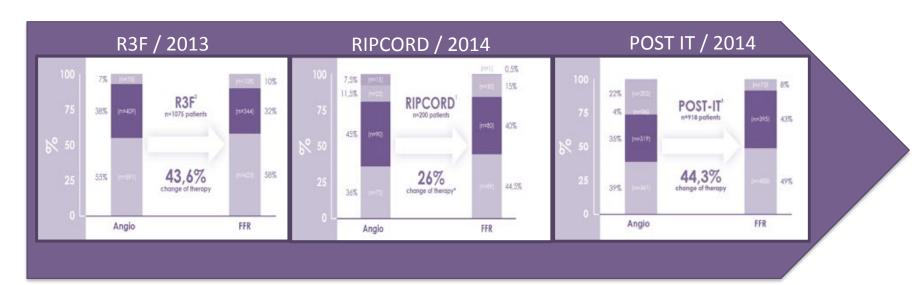
#### Conclusions





## Background

- Results from national studies have shown that FFR evaluation during diagnostic angiography impacts the coronary revascularization strategy on a range of 26 to 44% of patients.
- There is limited data on utilization of coronary physiology and reclassification in Multi-Vessel Disease (MVD) population



Van Belle E, et. al. Outcome impact of coronary revascularization strategy reclassification with FFR at time of diagnostic angiography: insights from a large French multicenter FFR registry. Circulation. Published online 19 Nov 2013

Curzen N, et al RIPCORD: Does Routine Pressure Wire Assessment Influence Management Strategy at Coronary Angiography for Diagnosis of Chest Pain? Circ Cardiovasc Interv. 2014;7:248-255. Baptista SB, et al. POST.IT: Presented at late breaking trial at PCR 2014

Market Model data on file at Volcano Corporation.





## Objectives

As systematic FFR multi-vessel assessment is time consuming and therefore rarely performed in routine practice, the iFR® index may help to simplify the physiology assessment of MVD patient population.

#### The DEFINE REAL objectives are:

- To assess prospectively the impact of physiology on revascularization strategy of MVD patients compared to diagnostic angiogram only.
- To analyze how FFR and iFR® are used in routine practice during physiology evaluation of MVD patients.





## Methodology

Patient with Lesion DS% >40 in 2 or 3 different major vessels Patient Eligible should be for Physiology Evaluation



<u>Initial</u> Treatment Strategy based on <u>Angiography (and clinical information)</u>

→ CAB or OMT

Final treatment strategy based on Physiology

→ CABG, PCI or OMT



Change of Treatment Strategy based on the Difference between Initial and Final Treatment:

- → At Vessel level
- → At Patient level

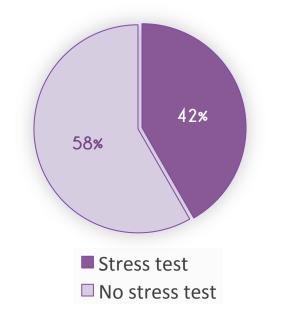




## **Patient Demographics**

Patient Demographics	n = 484
Gender (male)	80%
Age (mean)	66.7 yr
Previous MI	36%
ACS	17.8%
Diabetes	26.7%
Normal LVEF	62.8.%
Non-invasive stress test	26.7%

#### **Stress Test in Stable Patients**





#### **Baseline Characteristics**

Patients popula
-----------------

Patient with LM involved

Vessels diseased

Average per patient

Vessels assessed by physiology

Average per patient

484

9.1%

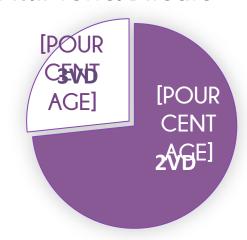
1107

2.29

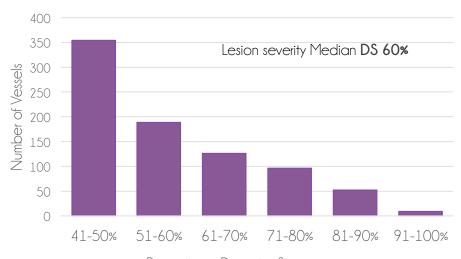
830 (75%)

1.71

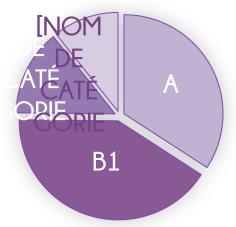
#### Multi-Vessel Disease



#### % Diameter Stenosis Distribution

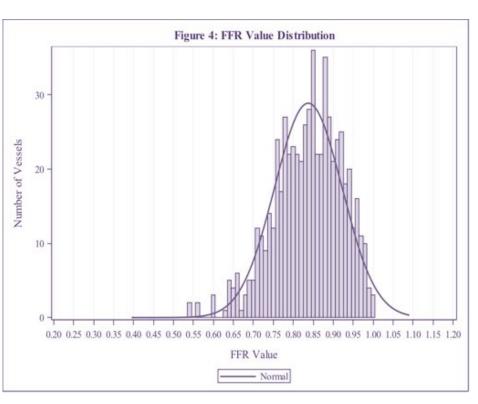


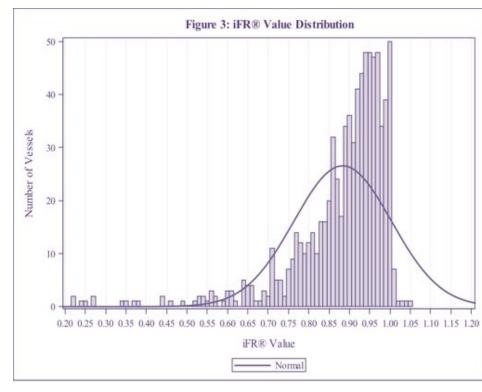
Lesion type





## Results of FFR/iFR®



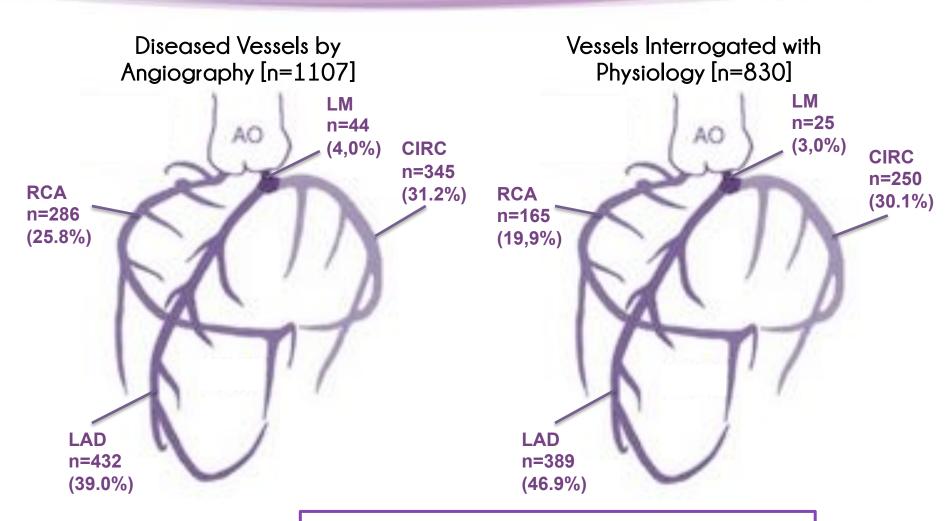


Median FFR Value: 0,85 n = 608 Median iFR® Value: 0.92n = 793





#### **Baseline Characteristics**

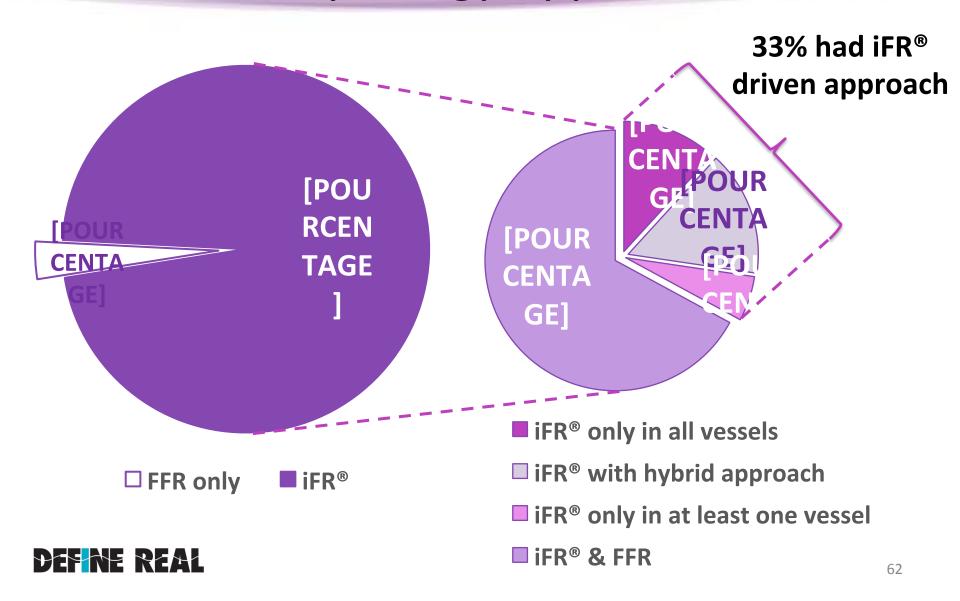




In this MVD population, 75% of diseased vessels were interrogated by Physiology



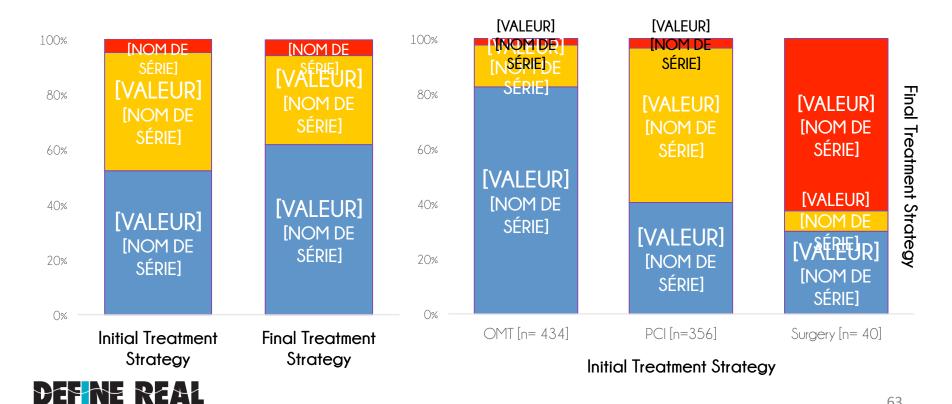
#### Physiology Approaches





## Changes of Treatment Strategy

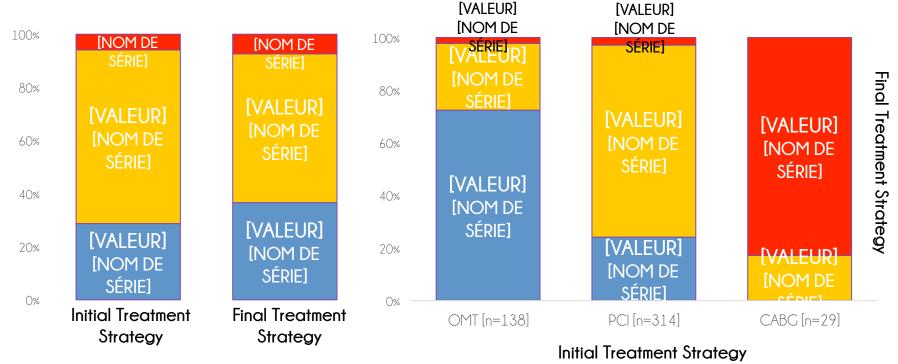
At Vessel Level, treatment decision was changed after physiology assessment for 30.0% of Vessels





## Changes of Treatment Strategy

At Patient Level (Macro Strategy), treatment decision changed after physiology assessment for 27% of Patients





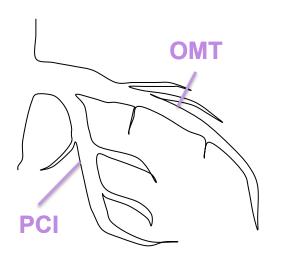


## **Changes of Treatment Strategy**

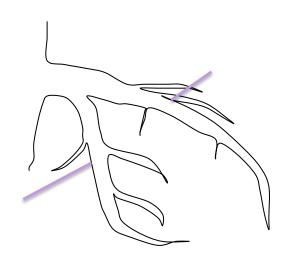
Physiology

iFR/FFR

## Initial Treatment by Angiography



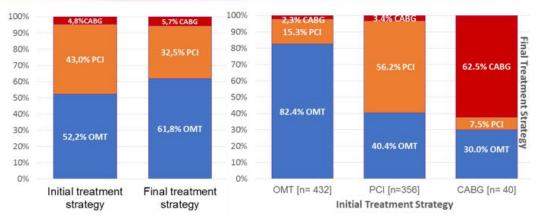
## Final Treatment by Physiology







#### Reclassification of the revascularization strategy at vessel level (n=828) is 29.6%

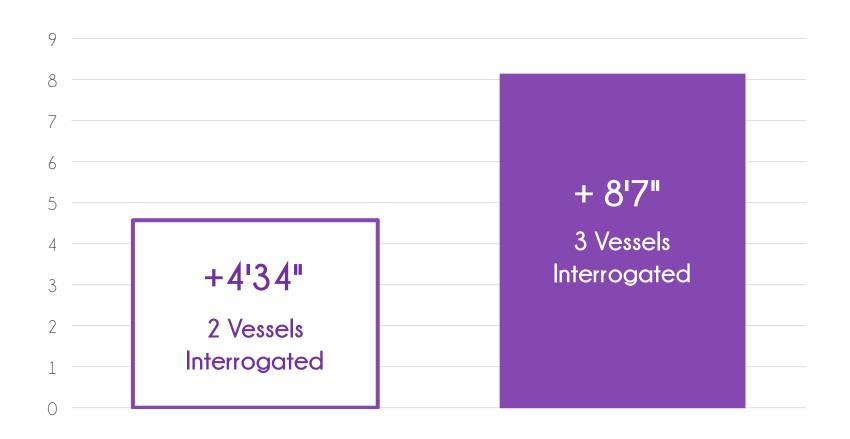


Reclassification of the revascularization strategy at patient level (n=484) is 26,9%





## Extra time for Physiology in >1 vessel



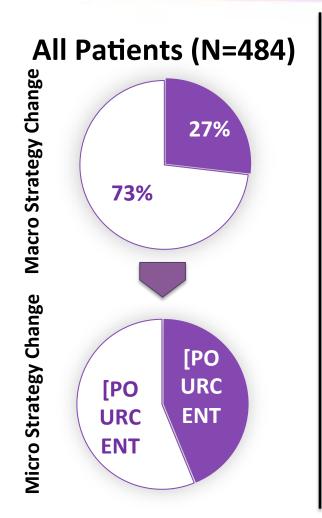


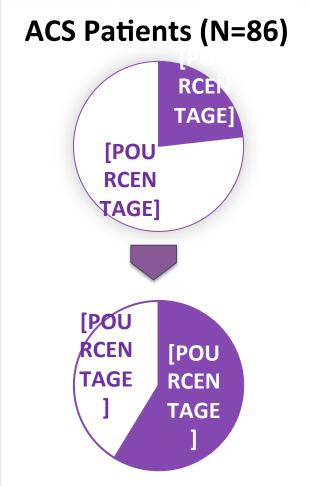




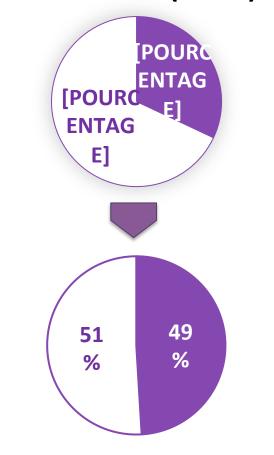


# Changes of Treatment Strategy Patient Level - Subgroup Analyses









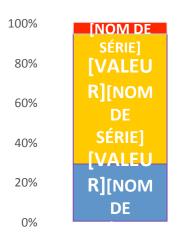




## R PCR Changes of Treatment Strategy

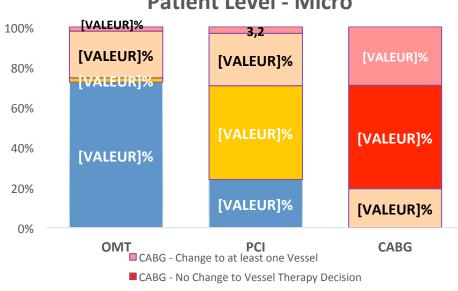
At Patient Level (Micro Strategy), treatment decision of at least one vessel changed after physiology assessment in 44% of Patients

#### **Initial Treatment Strategy**





#### **Final vs Initial Treatment Strategy** Patient Level - Micro



■ PCI - Change to at least one Vessel

OMT

PCI - No Change to Vessel Therapy Decision

