



Angioplastie Carotidienne ACTUALITES

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BIARRITZ, APPAC, Juin 201

Conflit d'intérêts

- Le seul : j'appartiens à un service qui pratique l'angioplastie carotidienne depuis février 1995

Quelques Rappels Utiles

- Lésions carotidiennes représentent entre 15 et 20 % des causes d' accident vasculaire cérébral
- La détection des lésions carotides est devenu facile grâce aux progrès de l'échographie- Doppler
- Les sténoses carotides sont découvertes fortuitement (asymptomatiques) ou après un accident ischémique transitoire ou AVC majeur mineur (symptomatiques) . Les expressions scanner ou I.R.M. sont toujours considérées comme asymptomatiques ?
- La première endartériectomie carotidienne date de 1953 et la première angioplastie carotidienne sans stent date de 1977 .
- L'étude NASCET date de 1991 et ACAS de 1995 .

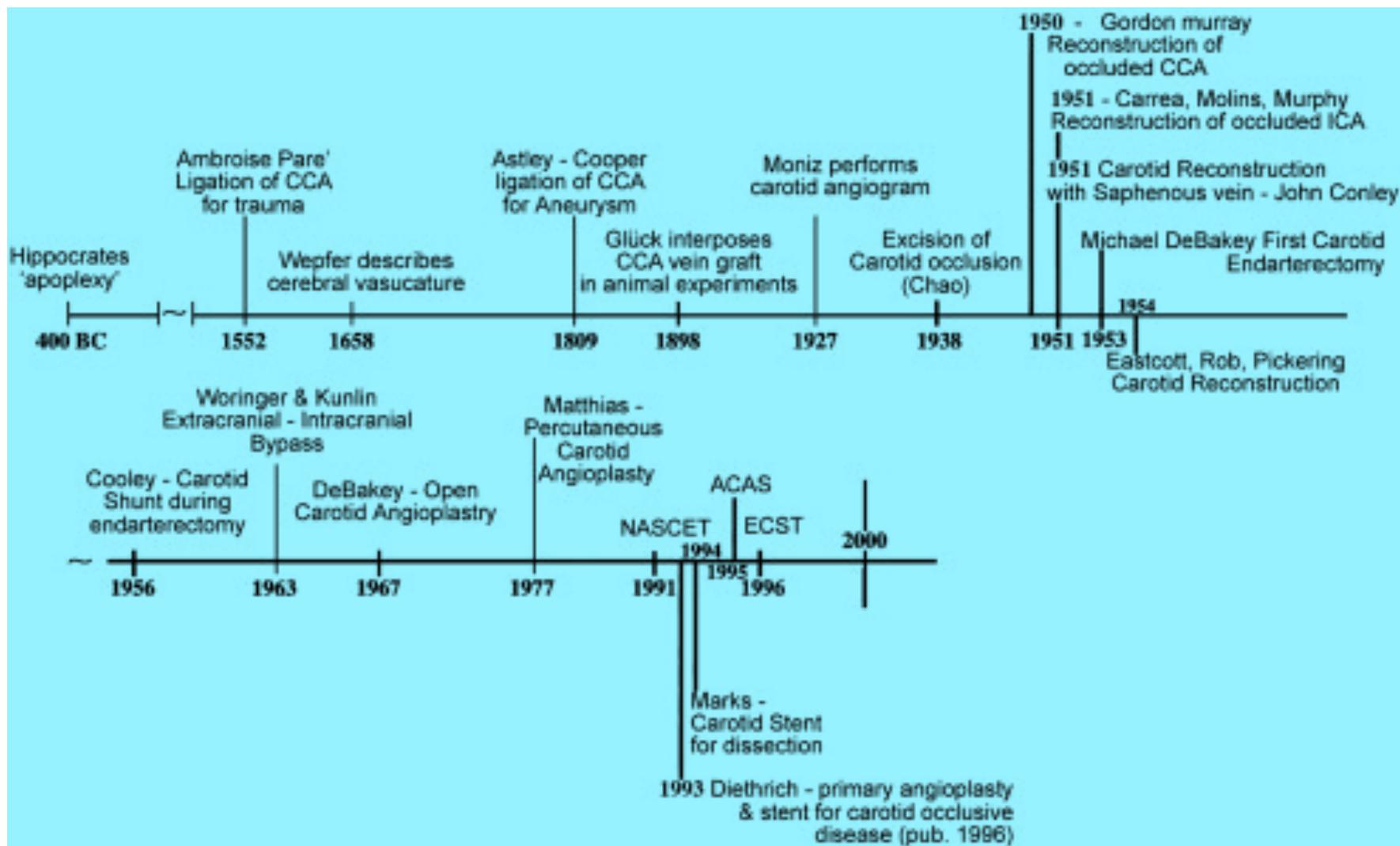


Table 1. Major events in the development of carotid surgery

F Robicsek, T.S Roush, J.W Cook, M.K Reames

From Hippocrates to Palmaz-Schatz, The History of Carotid Surgery

European Journal of Vascular and Endovascular Surgery, Volume 27, Issue 4, 2004, 389–397

Les grandes études randomisées : Chirurgie≠Traitement médical (BMT)

- Les grandes études NASCET, ESCT ... ont montré la supériorité du traitement chirurgical (endartériectomie) sur le traitement médical chez les patients symptomatiques de moins de 6 mois avec des sténoses > 50 %
- Les études ACAS et ACST ont montré la supériorité du traitement chirurgical sur le traitement médical chez les patients asymptomatiques avec des sténoses > à 75 %

Stenting versus Chirurgie

- L'apparition du stenting carotidien dans les années 90 à semé le trouble dans ce duel chirurgie v traitement médical.
- Sur quels malades (symptomatiques ou asymptomatiques), sur quelle lésion , par quelle voie(fémorale radiale), parce quelle technique ,par quel système de protection, par quel stent, par quel opérateur...
- À ce duo il faut rajouter un un troisième médecin, le neurologue qui privilégie toujours le traitement médical

PLAN

- **Quand faut-il intervenir ?**
- **Les actualités techniques du stenting carotidien**
- **Les résultats à long terme**
- **Quelques recommandations**
- **Débuter un programme d'angioplastie carotide en cardiologie**

Timing of Carotid Treatment

Summary of Evidence on Early Carotid Intervention for Recently Symptomatic Stenosis Based on Meta-Analysis of Current Risks

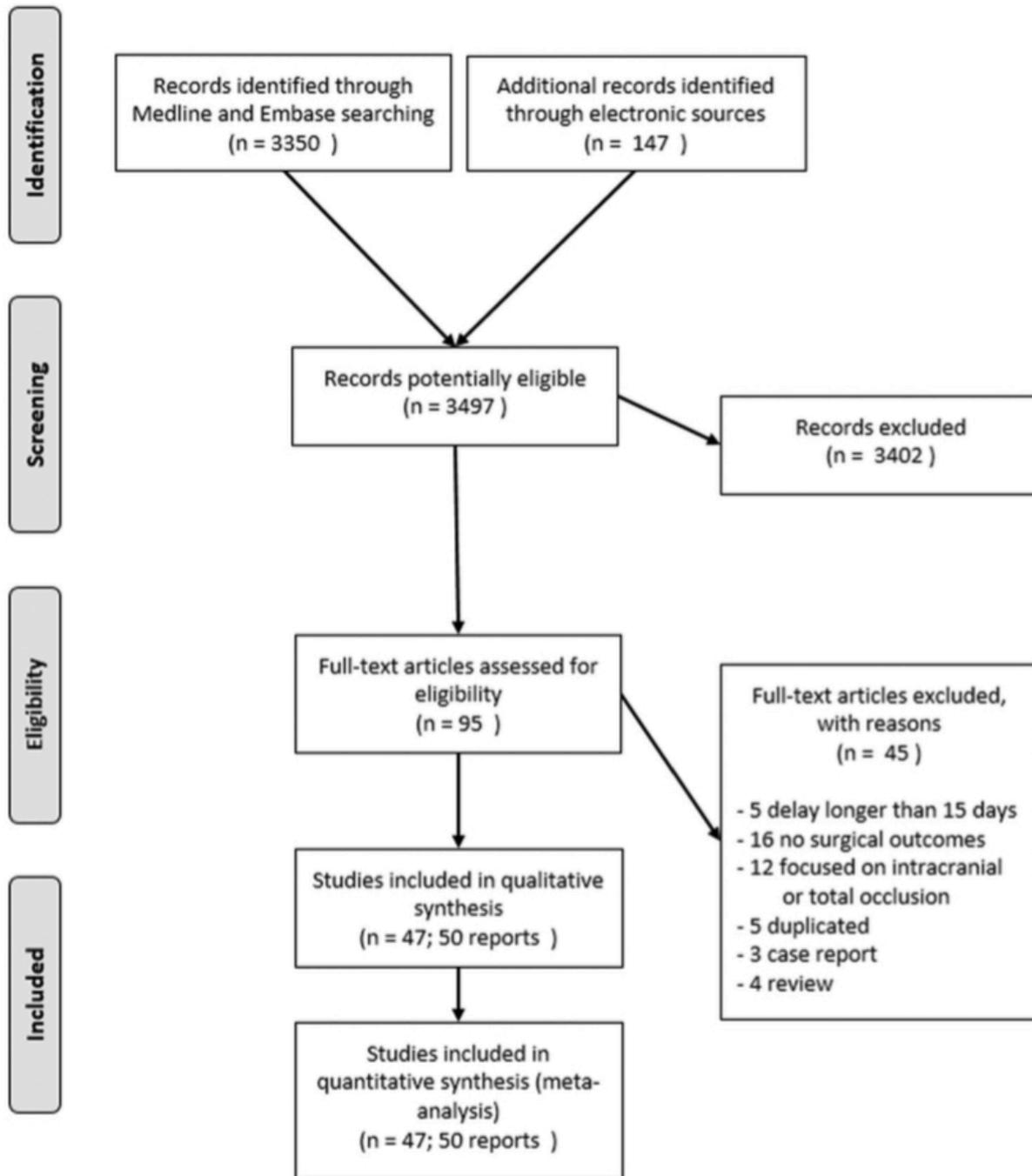
Paola De Rango, MD, PhD; Martin M. Brown, MD; Seemant Chaturvedi, MD;
Virginia J. Howard, PhD; Tudor Jovin, MD; Michael V. Mazya, MD, PhD;
Maurizio Paciaroni, MD, PhD; Alessandra Manzone, MS; Luca Farchioni, MD;
Valeria Caso, MD, PhD

Stroke 2015; 46: 3423-36



From I van Herzele

Flow Diagram



Multidisciplinary

47 studies

- 35 on CEA
- 7 on CAS
- 5 on CAS + CEA

Reported on CEA/
 CAS within
 15d from
 neurological event

	Periop Stroke % Proportion (95% CI)
<i>CEA - TIA subgroup</i>	
0-15 days	1.64 (0.72-2.94)
0-7 days	1.51 (0.47-3.10)
0-48 hours	2.74 (0.45-6.87)
<i>CEA - Stroke subgroup</i>	
0-15 days	4.99 (3.55-6.61)
0-7 days	5.31 (2.74-8.67)
0-48 hours	7.95 (4.58-12.15)
<i>CAS – TIA subgroup</i>	
0-15 days	2.07 (0.17-6.02)
0-7 days	1.93 (0.11-5.91)
0-48 hours	2.07 (0.17-6.02)
<i>CAS – Stroke subgroup</i>	
0-15 days	7.96 (2.31-16.58)
0-7 days	7.94 (1.26-19.61)
0-48 hours	7.94 (1.26-19.61)

***Pooled Periprocedural
Stroke Risk***

< 15 days
CEA 3.4%
CAS 4.8%

<7 days
CEA 3.3%
CAS 4.8%

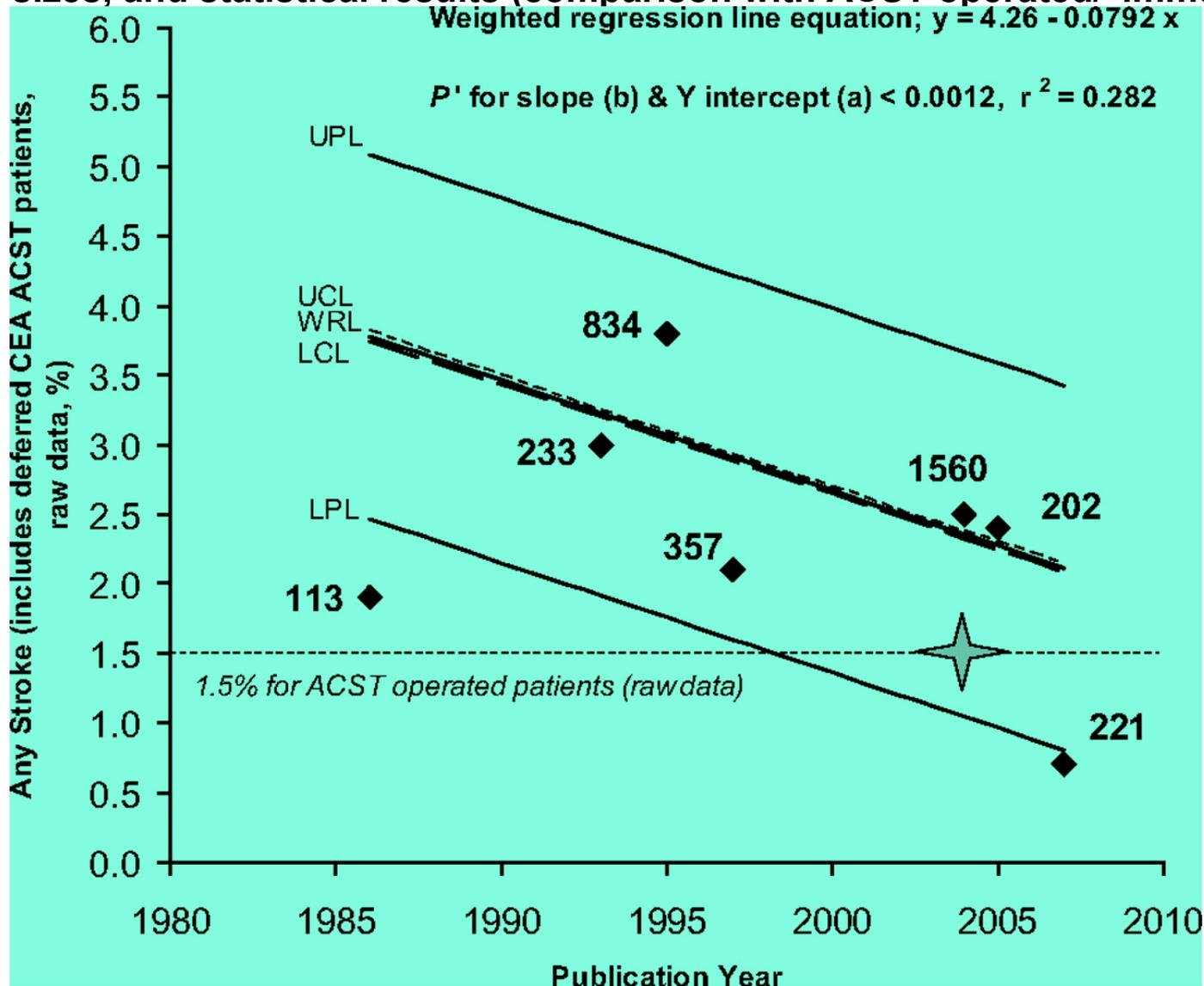
<48 hours
CEA 5.3%
TIA 2.7%, Stroke 8%

CAS 2.1%
TIA 2.1%, Stroke 7.9%

Quelques recommandations

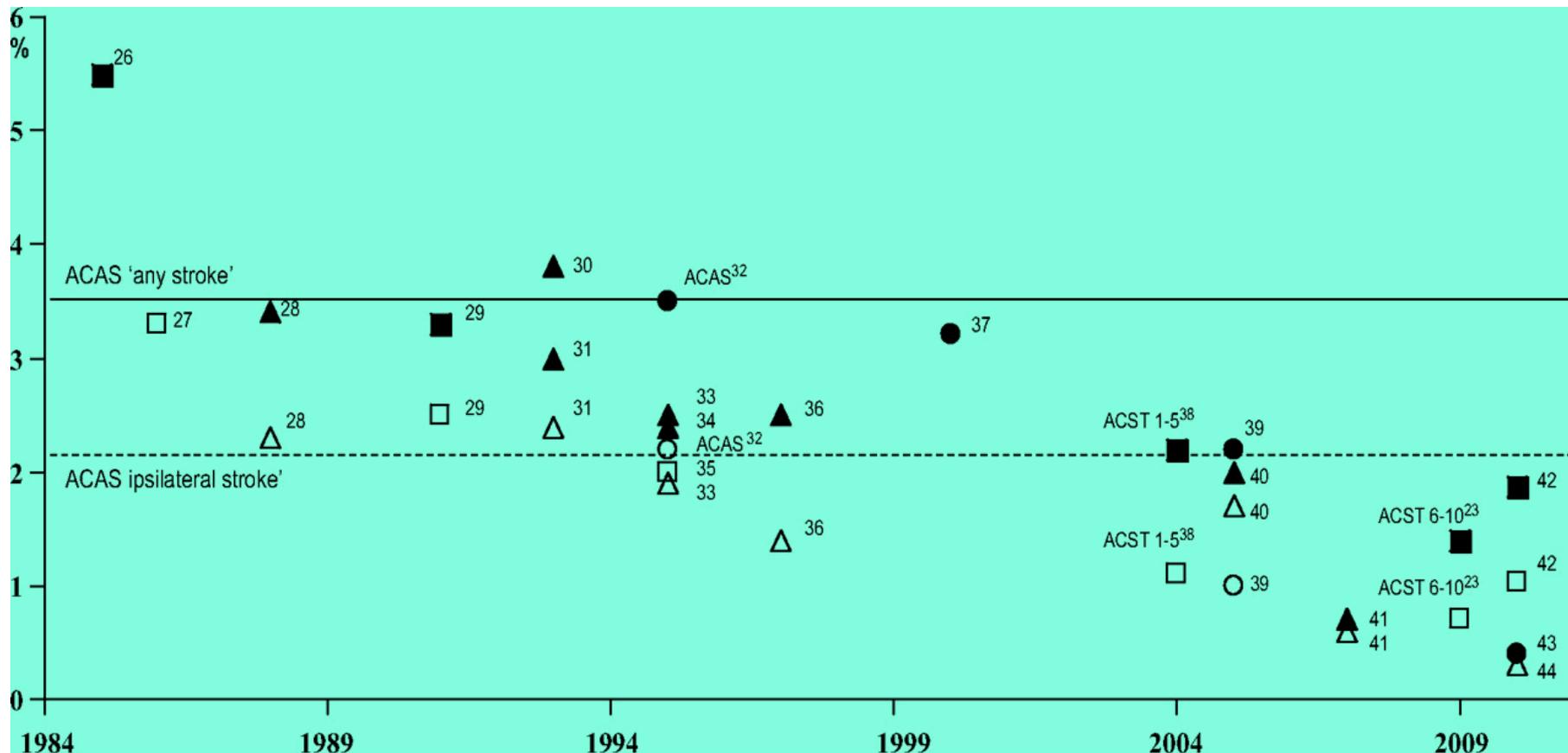
- Les patients avec AIT peuvent être opérés à tout moment et si possible avant deux semaines après l'incident initial. Ils doivent être impérativement mis sous traitement médical intensif.
- Les patients avec AVC mineur sont à risque pour l'angioplastie et la chirurgie. Ils doivent être opérés entre sept jours et 14 jours
- Les patients avec AVC majeur sont des candidats au traitement médical.
- Les patients asymptomatiques ????

Figure 2. Any-territory stroke rates of hospital-based asymptomatic patients undergoing medical intervention alone^{2,10,11,78,80,81} and 1560 “deferred CEA” ACST patients¹² by publication year with sample sizes, and statistical results (comparison with ACST operated/“immediate CEA”



Anne L. Abbott Stroke. 2009;40:e573-e583

Average annual stroke rates in medically treated patients with asymptomatic carotid stenosis. ■ indicates any stroke 70% to 99% stenosis; •, any stroke 60% to 99% stenosis; ▲, any stroke 50% to 99% stenosis; □, ipsilateral stroke 70% to 99% stenosis; ○, ipsilateral stroke 60% to 99% stenosis; △, ipsilateral stroke 50% to 99% stenosis.



A. Ross Naylor Stroke. 2011;42:2080-2085



Les patients asymptomatiques

- Les patients avec une sténose de moins de 75 % ne sont pas des candidats au traitement radical .
- Au-delà d'une certaine sévérité de sténose, et malgré le traitement médical intensif, le risque d'accident vasculaire cérébral homolatéral reste élevé.
- Ces risques sont mesurés en fonction de différents paramètres :
 - Caractère irrégulier ou ulcéré de la lésion
 - Présence d'accident ischémique silencieux à l'I.R.M. au scanner
 - Évolutivité de la lésion sur des échographies successives
 - Bilatéralité des lésions
 - Chirurgie majeure envisagée

The natural history of asymptomatic severe carotid artery stenosis

Medically managed patients with Asymptomatic carotid severe stenosis develop ipsilateral neurological symptoms early, especially in patients with very severe stenosis.

Medical therapy with aspirin and statins failed to control asymptomatic patients thus validating the role of CEA in these patients as promulgated in multiple current treatment guidelines.

Conrad MF and all 1.

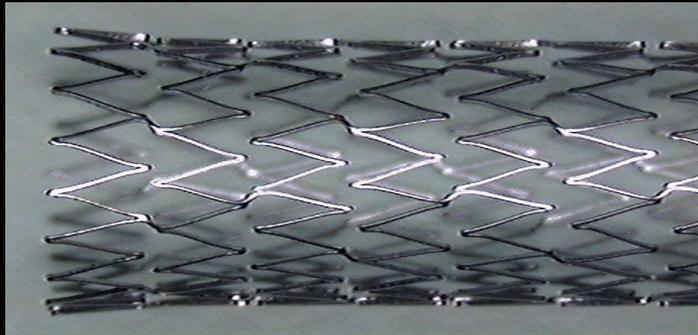
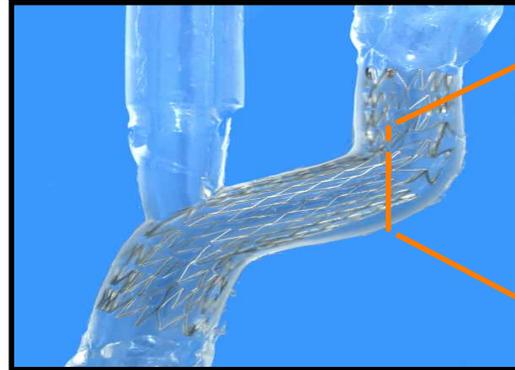
J Vasc Surg. 2014 Nov;60(5):1218-25

Carotid stents

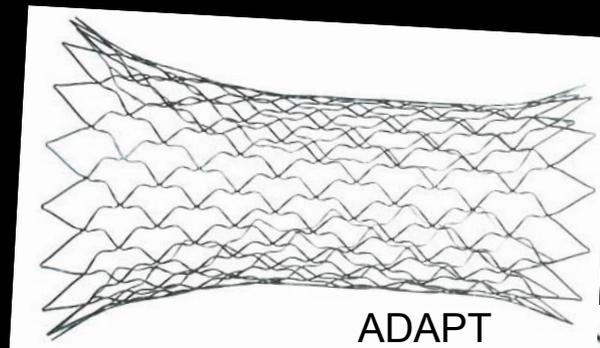
Straight



Tapered



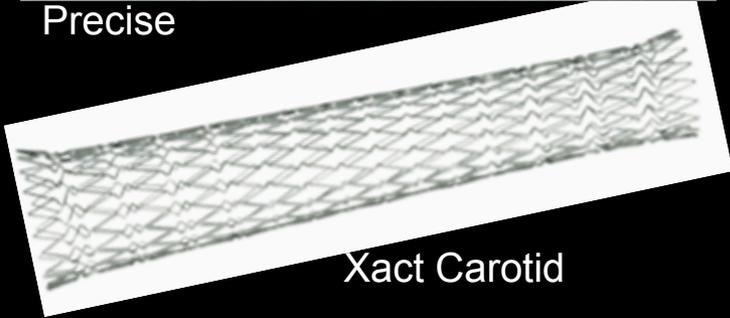
Precise



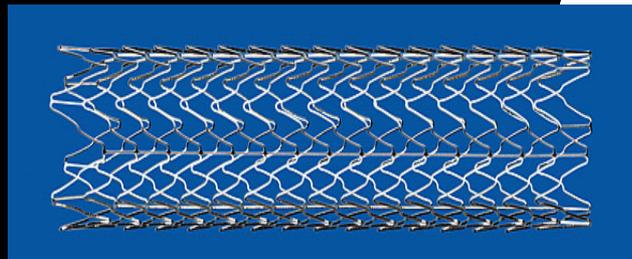
ADAPT



Exp



Xact Carotid



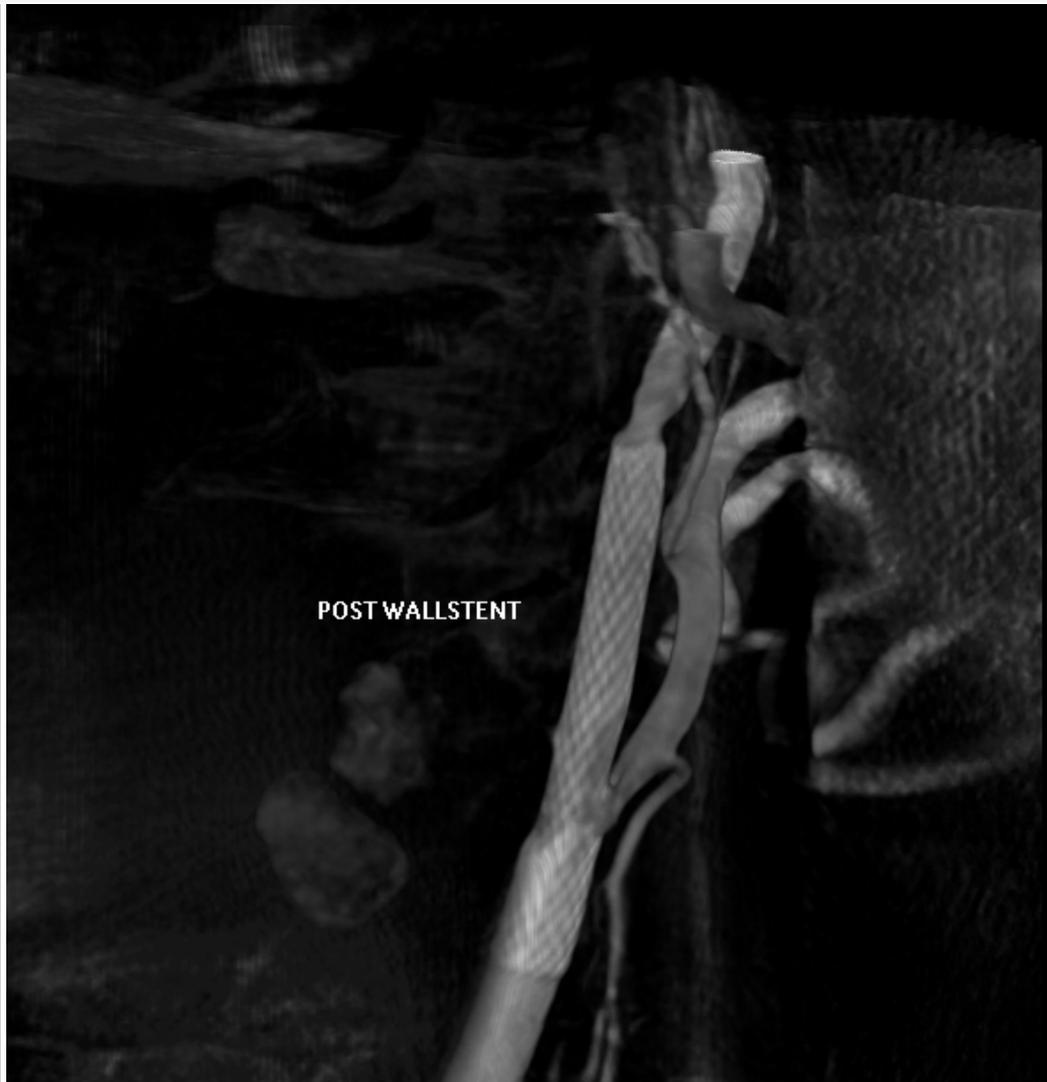
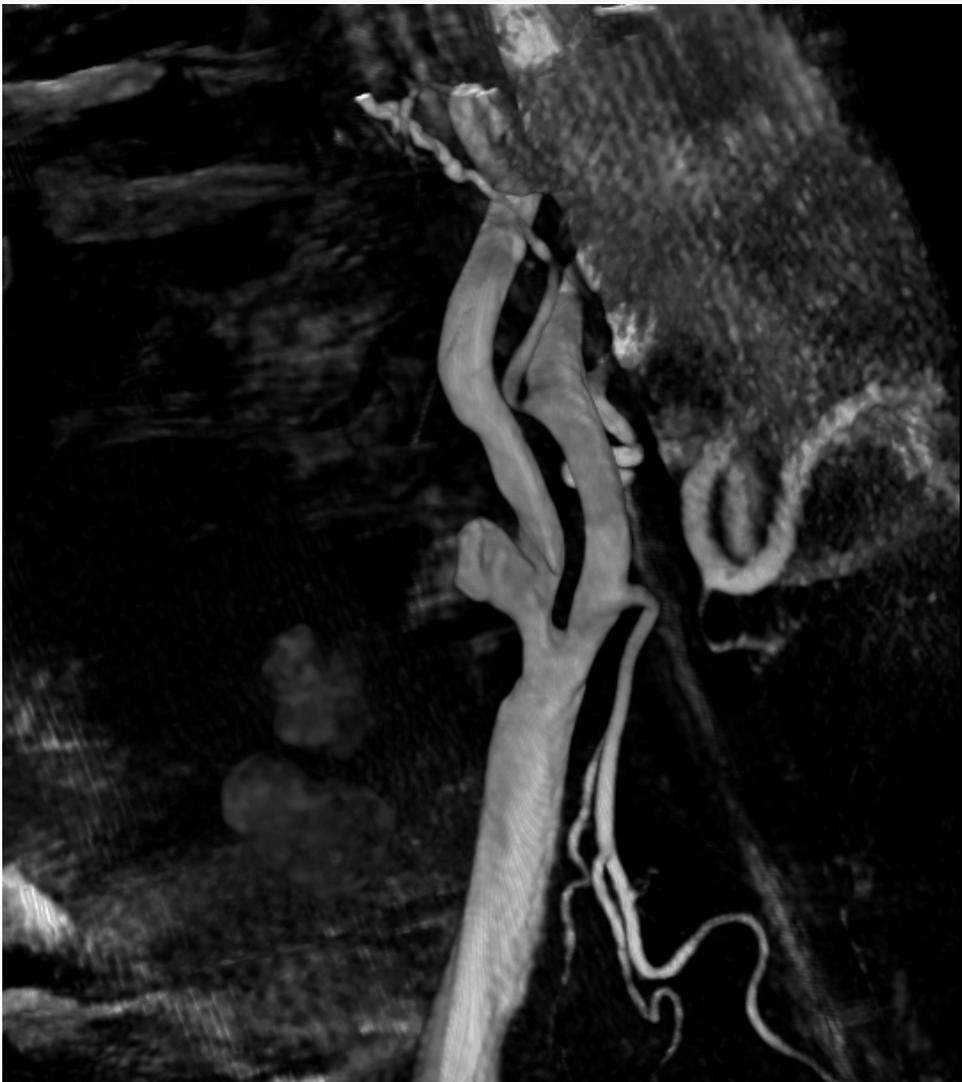
ProtégéRX



Carotid Wallstent

Les Stents Carotides

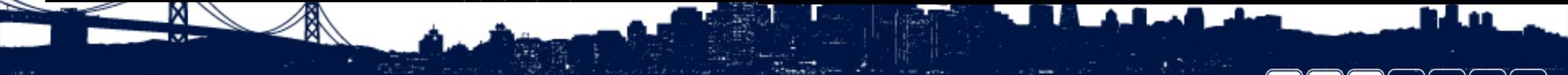
Cellules fermées	Cellules ouvertes	Hybride
<ul style="list-style-type: none"> • Xact Carotid Stent System (Abbott Vascular) • Carotid Wallstent Endoprothesis (BSC) • Adapt Stent (BSC) • Roadsaver (Terumo) • CGuard (Minguard) • Scaffold (WL Gore) 	<ul style="list-style-type: none"> • RX Acculink Carotid Stent System (Abbott Vascular) • Precise stent system (Cordis) • Protégé RX Carotid Stent System (Covidien) • Zilver 518 Vascular Self-Expanding Stent (Cook Medical) • Vivexx Carotid Stent (Bard Peripheral Vascular, Inc.) 	<ul style="list-style-type: none"> • Cristallo Ideale Carotid Self-Expanding Stent Syetm (Medtronic Inc.) • Sinus-Carotid-RX & Sinus-Carotid-Conical-RX (OptiMed Medizinische Instrumente GmbH)



Immediate disappearance of the niche



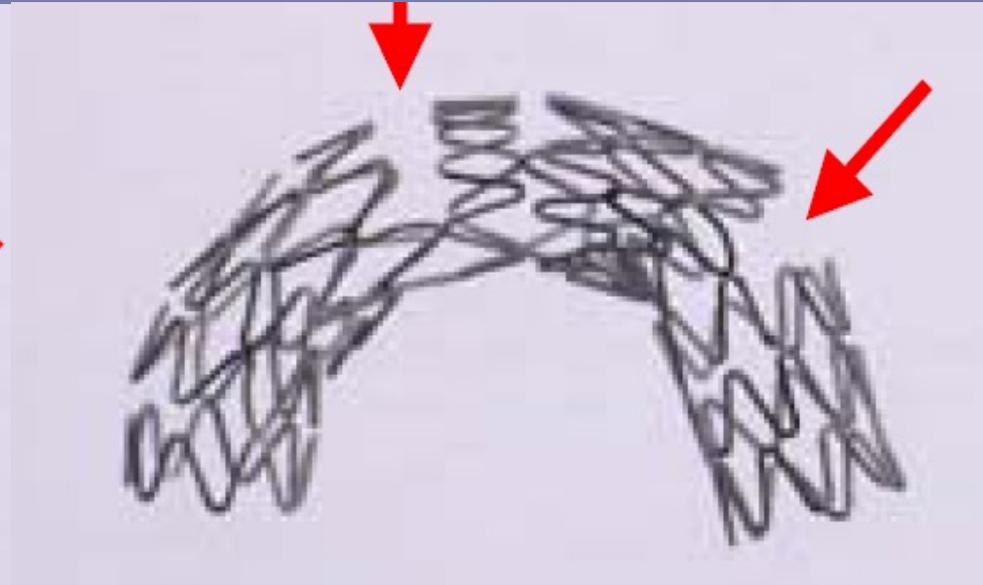
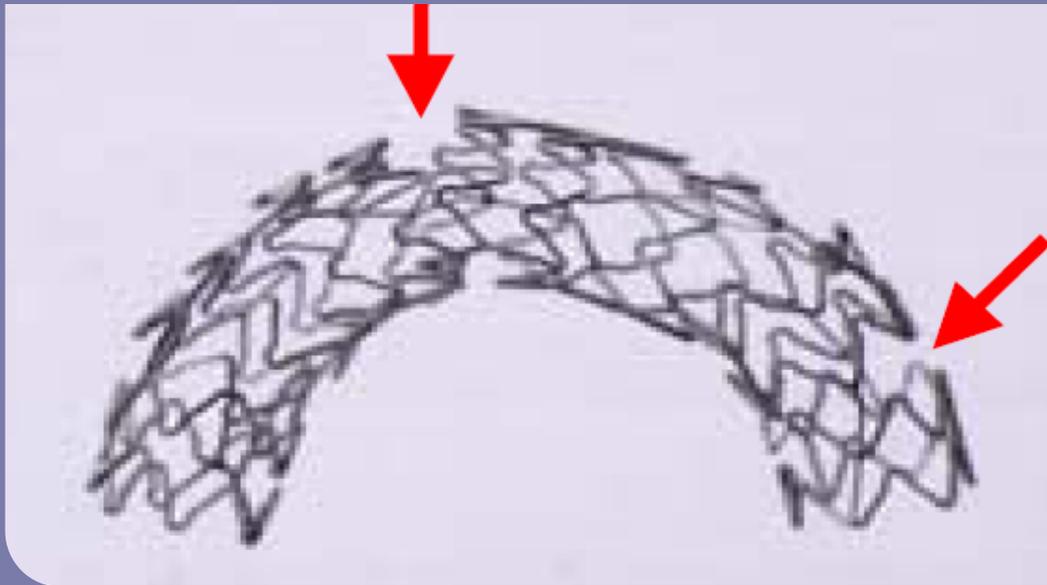
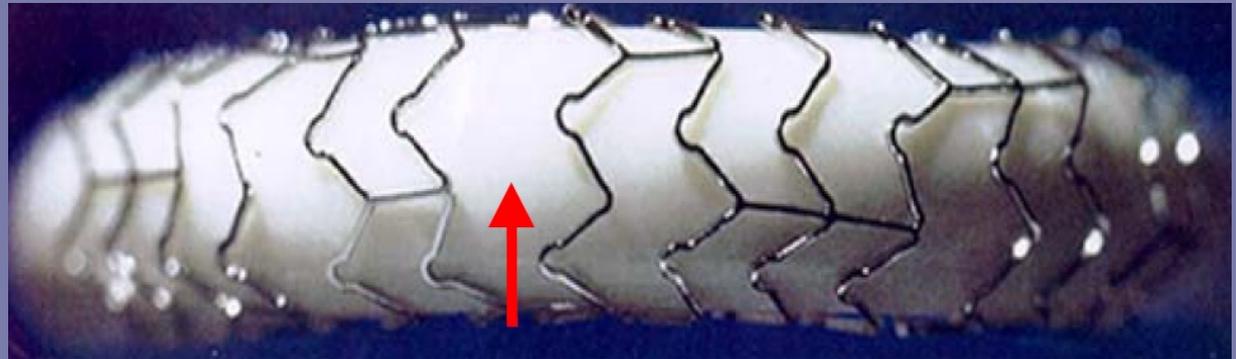
Open cells protruding in the the ulcerated niche



“Stent design”: why closed cell?

- Open cell designs in tortuous curvature

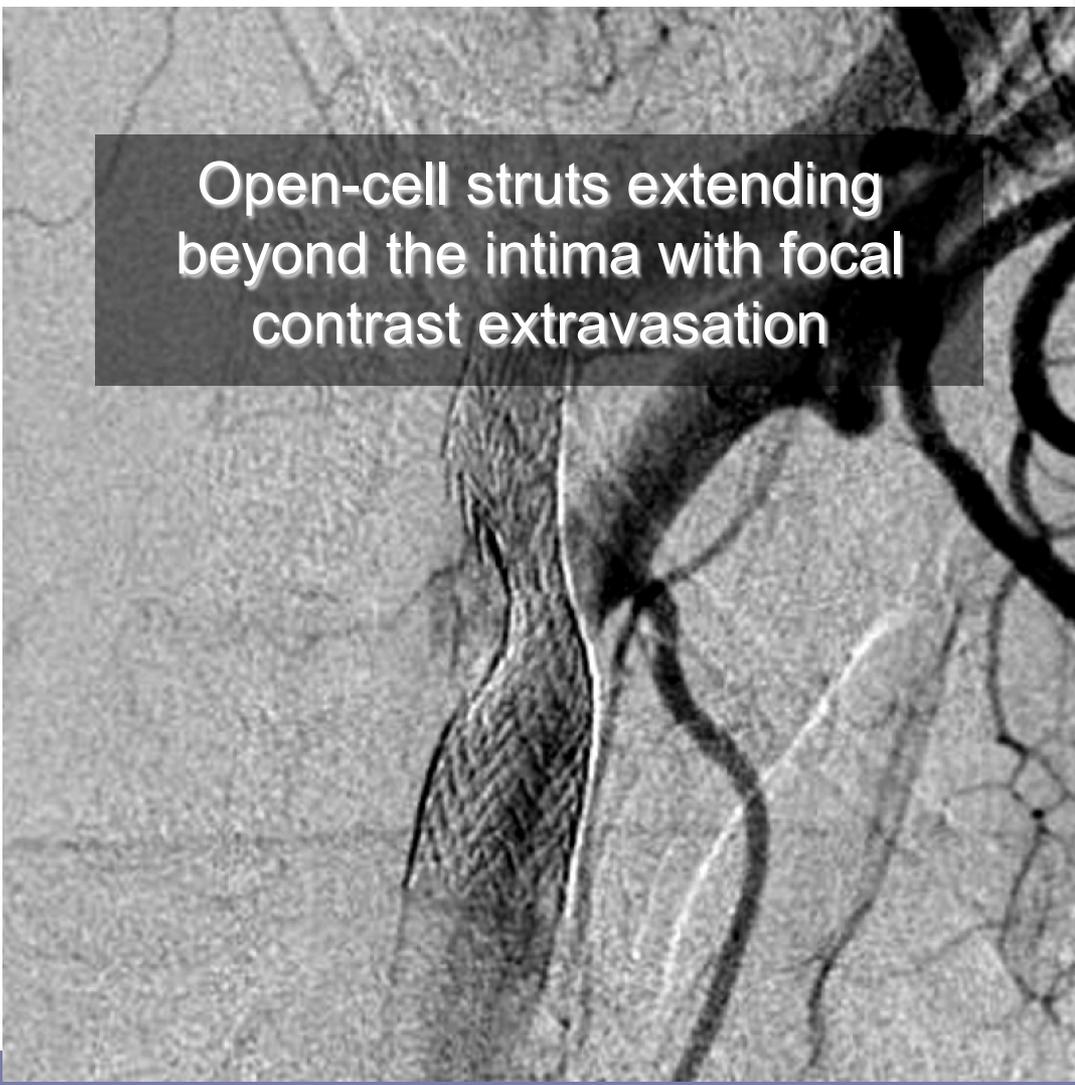
PROLAPSE



“Stent design”: why closed cell?



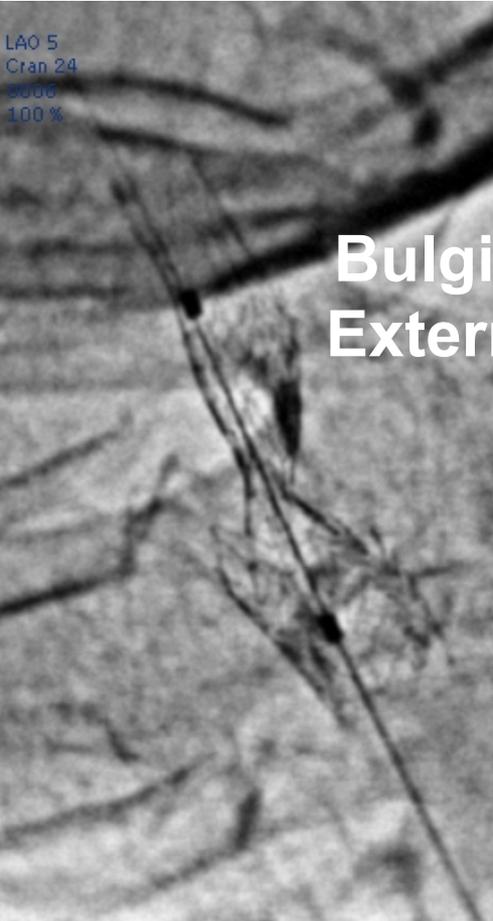
FISH SCALING
at the concave surface
of the stent



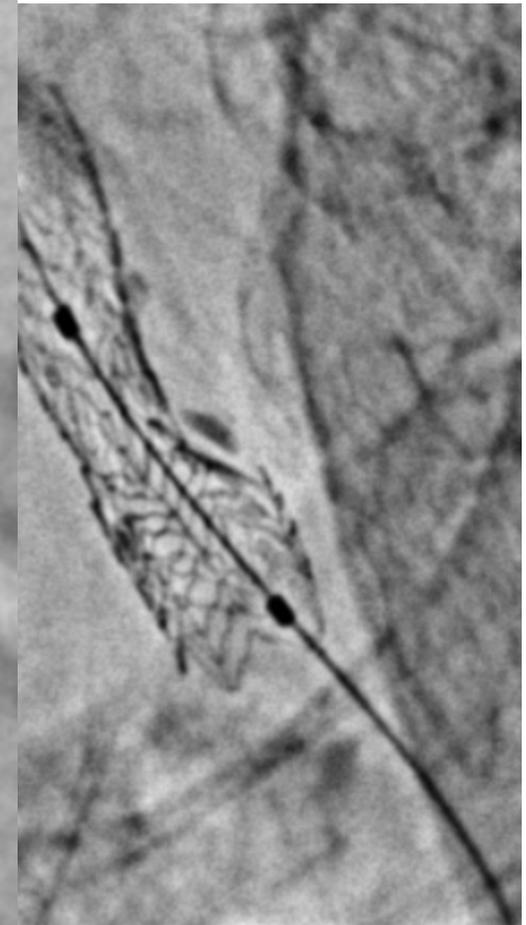
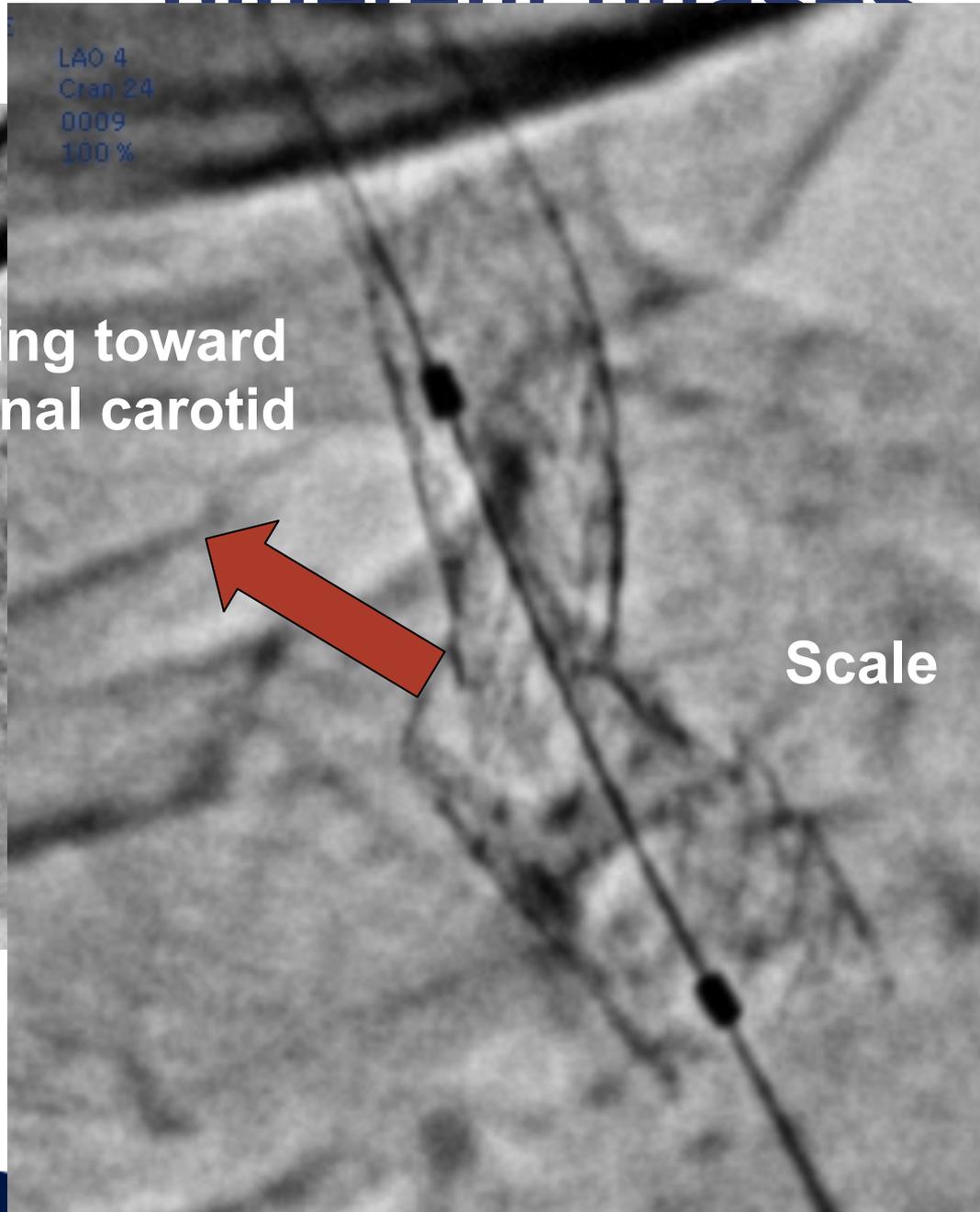
Open-cell struts extending
beyond the intima with focal
contrast extravasation



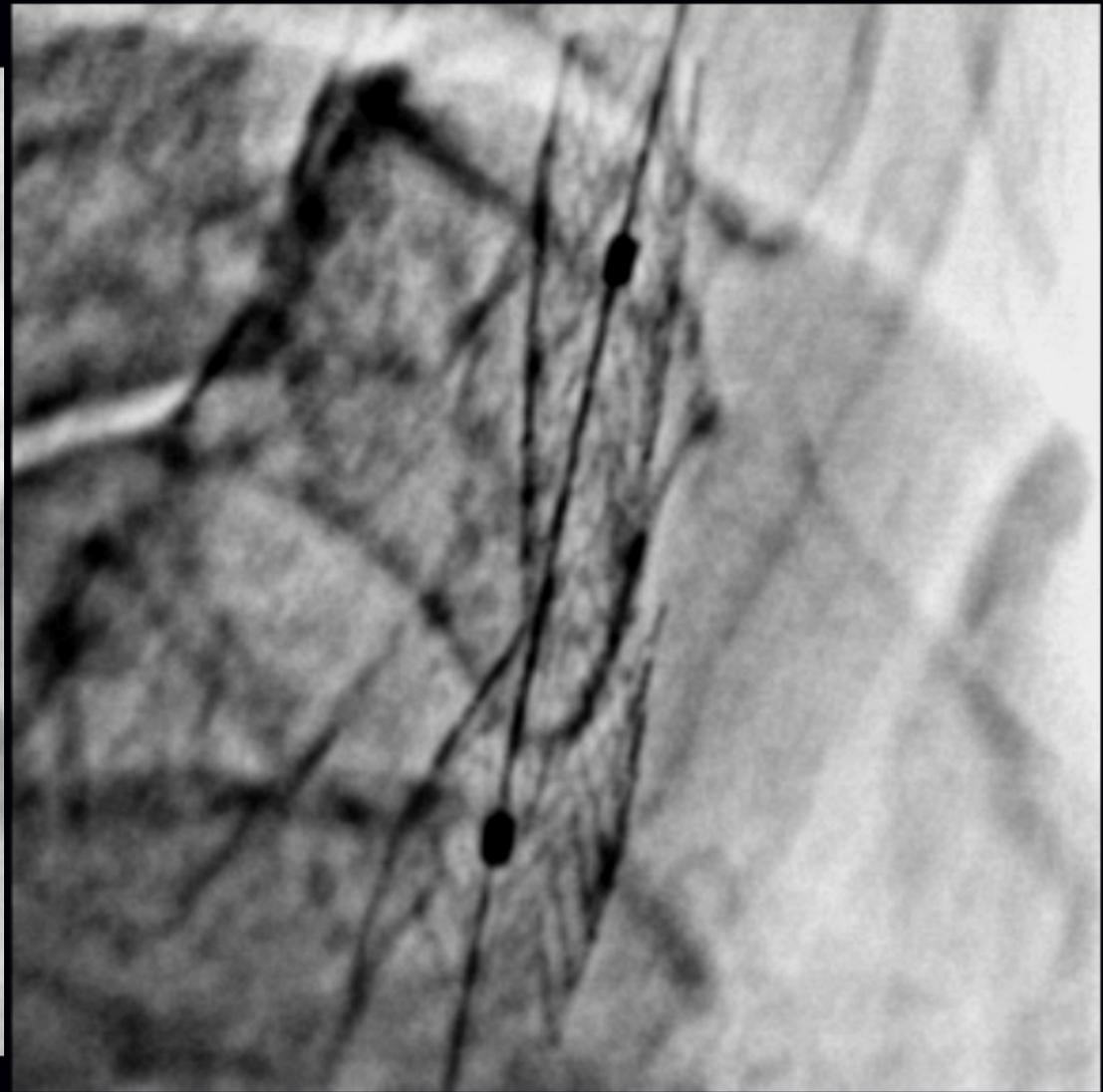
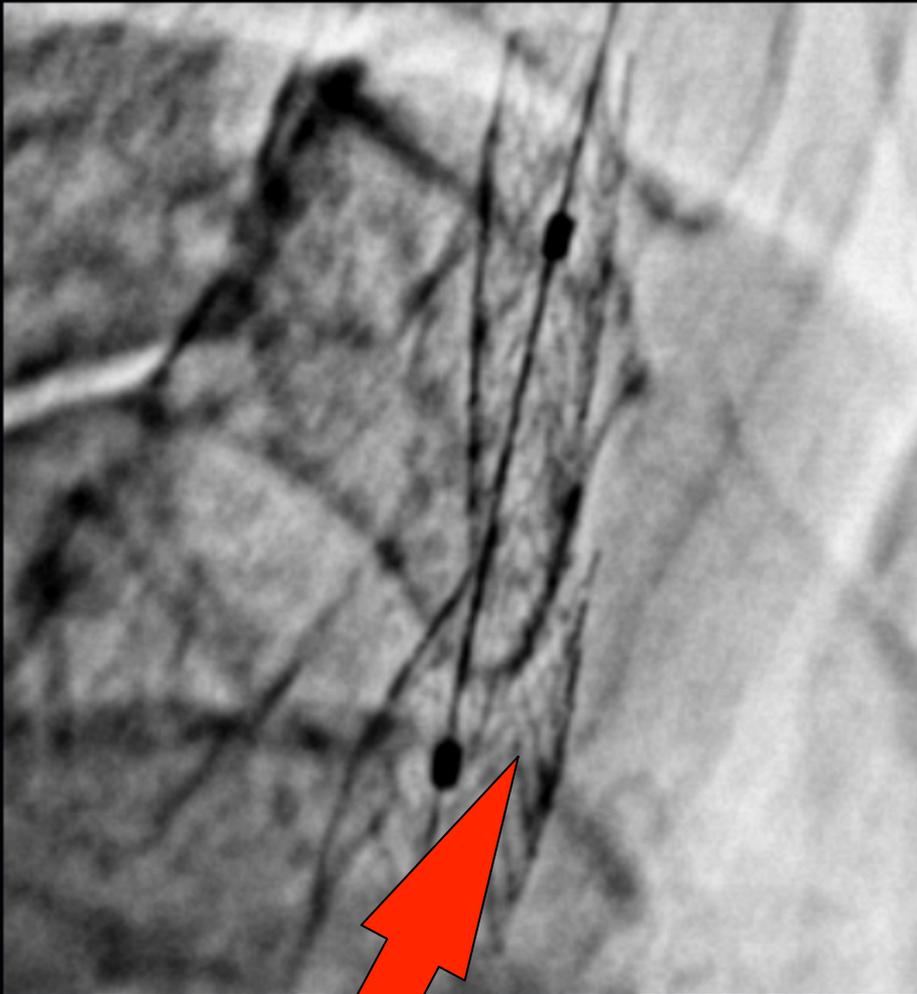
Stentboost of an open cell stent at different phases



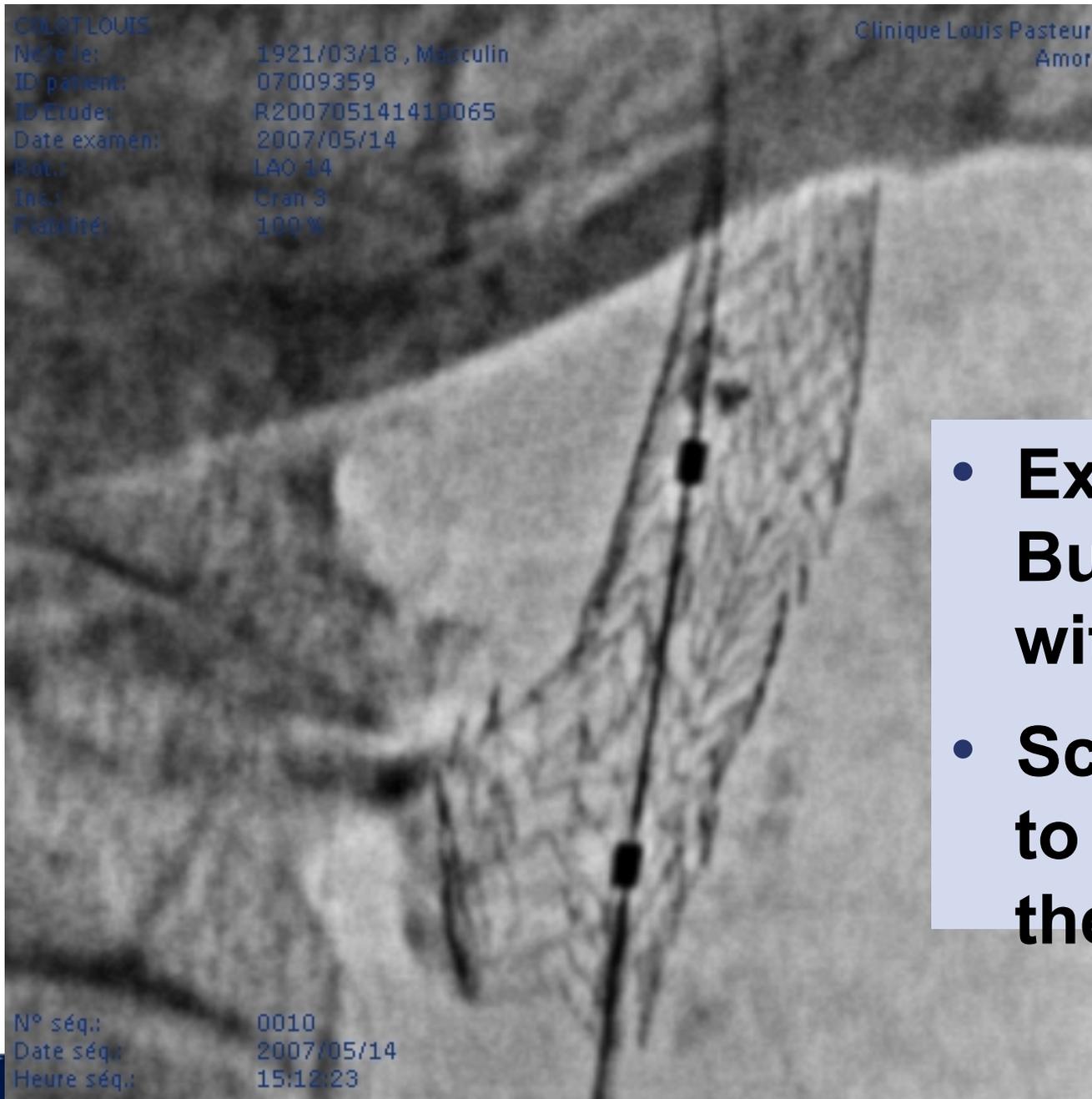
Bulging toward
External carotid



Chimney !



The open cell stent signature

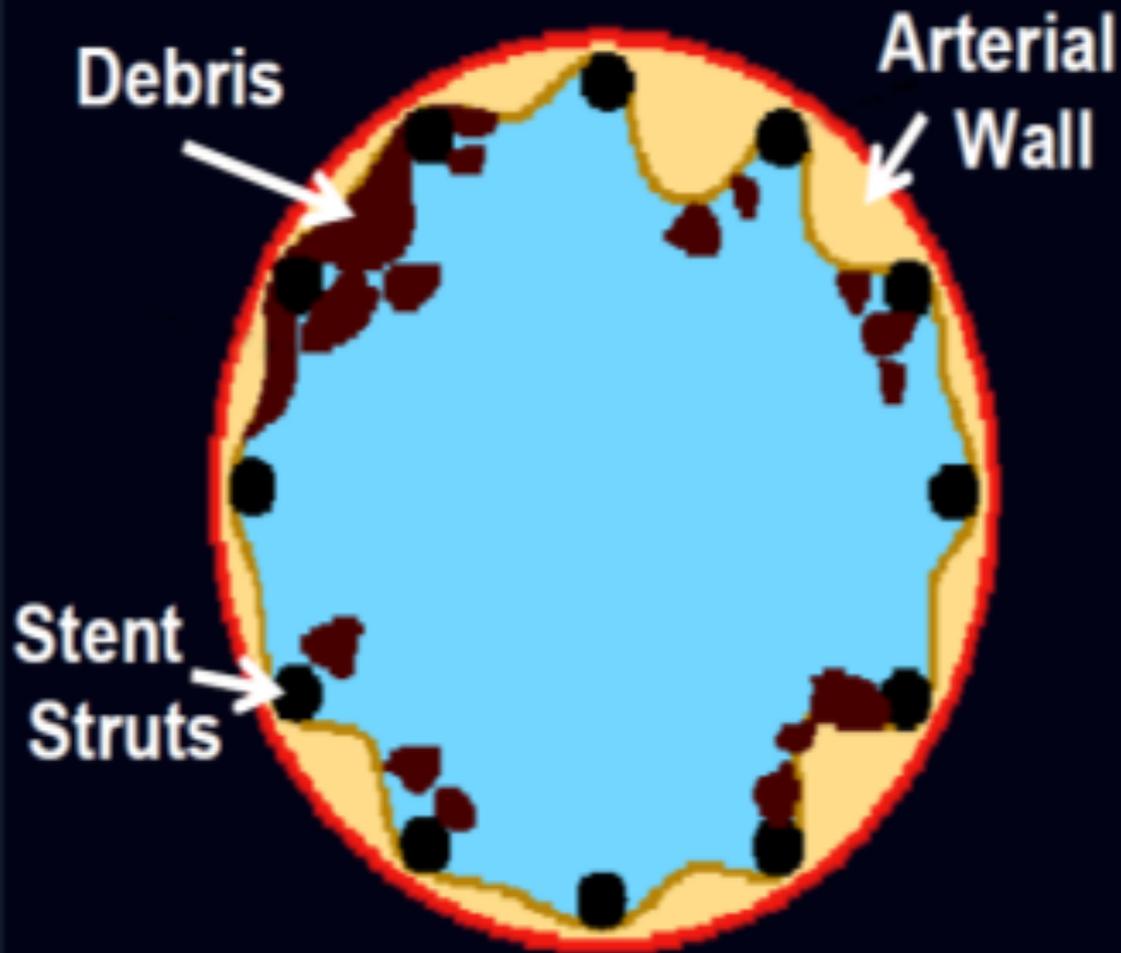


- **External Carotid Bulging with or without teeth**
- **Scale protruding to the lumen or the wall**

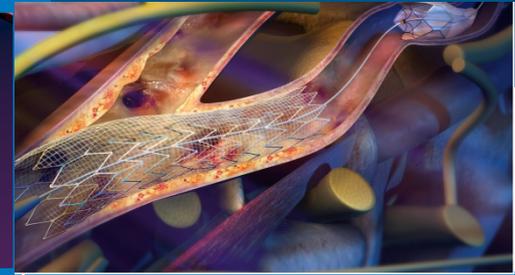
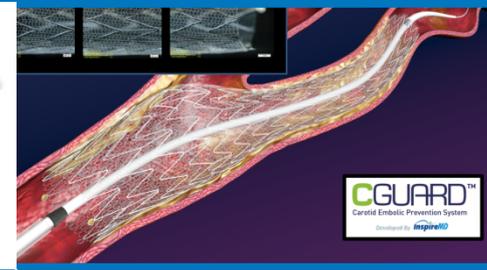
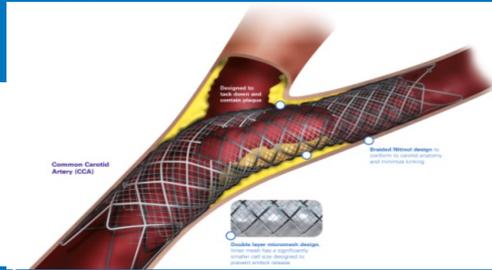


Causes of Late Embolization

Plaque protrusion may lead to late events.



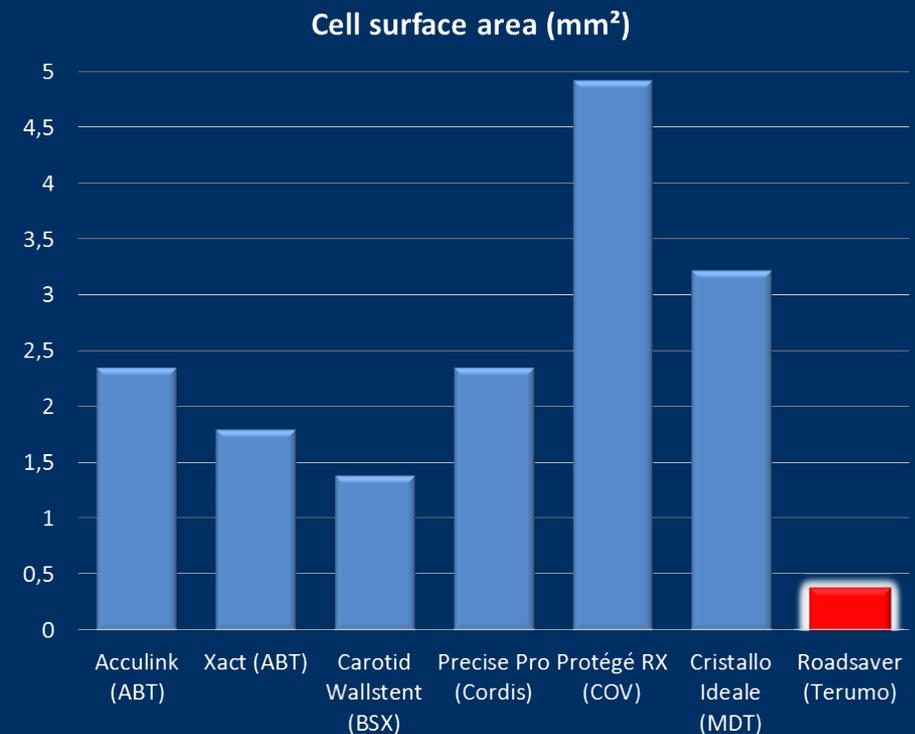
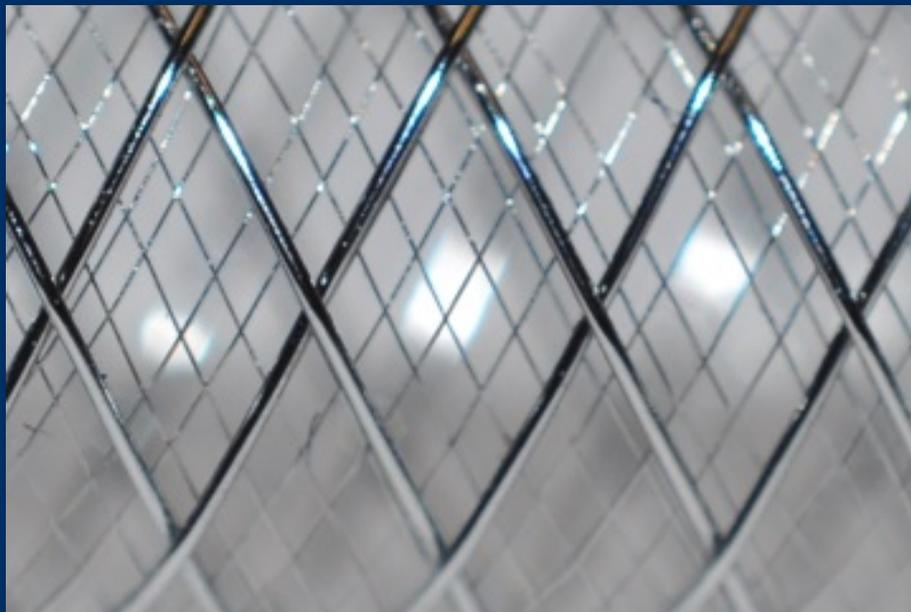
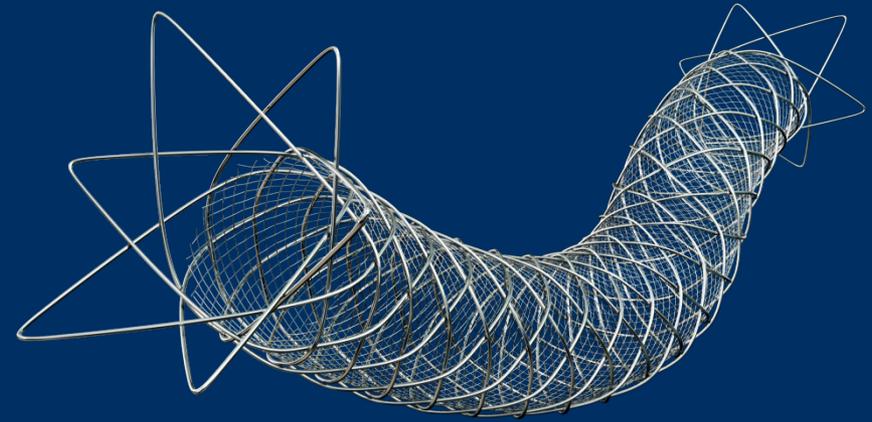
Tentative Summary of the main characteristics of the 3 Micromesh Stents



	Roadsaver	CGuard™	Gore Carotid
Company	Microvention / Terumo	Inspire MD	WL Gore
Material (Stent/ Micromesh)	Nitinol / Nitinol	Nitinol/ PET	Nitinol/ PTFE/ CBAS Coating
Size of delivery	5F	6F	6F
Size of Pores μ	375-500	150-180	500
Flared tips	yes	no	no
Retrievable/ Repositionable	yes	no	no
Accuracy	++	+++	++
Conformability	+++	++	++
Crossability	+++	+	++
ECA preservation	yes	?	??
EPD compatibility	All	All	All

Roadsaver – dual layer micromesh Carotid stent

- Braided Nitinol carotid stent with a built-in Nitinol micromesh for sustained embolic protection



**Are we able to provide
delayed embolic protection
without loosing
the long term benefit of Carotid
Nitinol Stent ?**

First clinical cases
33 Patients with high risk carotid
artery lesions treated
with Roadsaver dual layer stent

Midterm results

Single center experience

Clinique Louis Pasteur Essey Les Nancy France

First clinical cases
33 Patients with high risk carotid
artery lesions treated
with Roadsaver dual layer stent

Midterm results

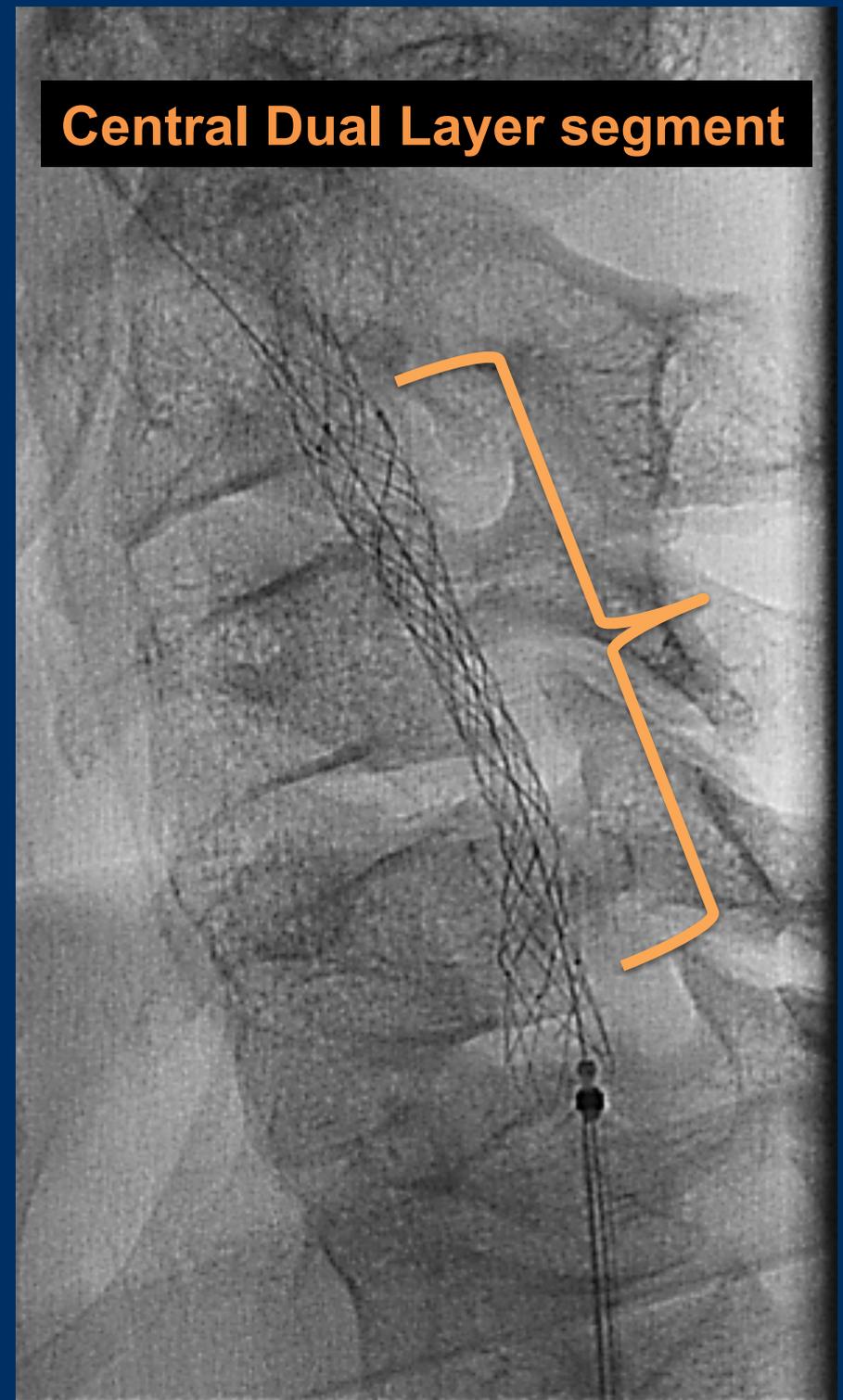
Single center experience

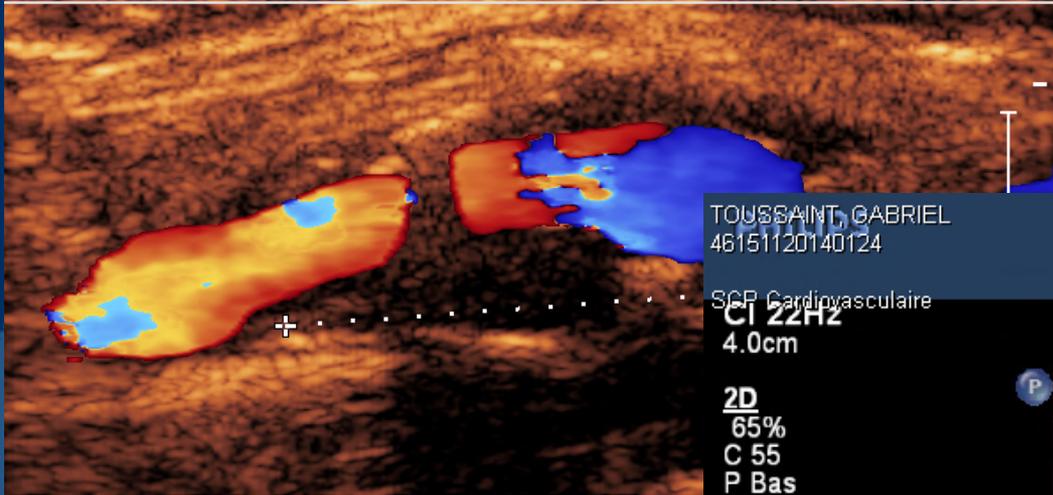
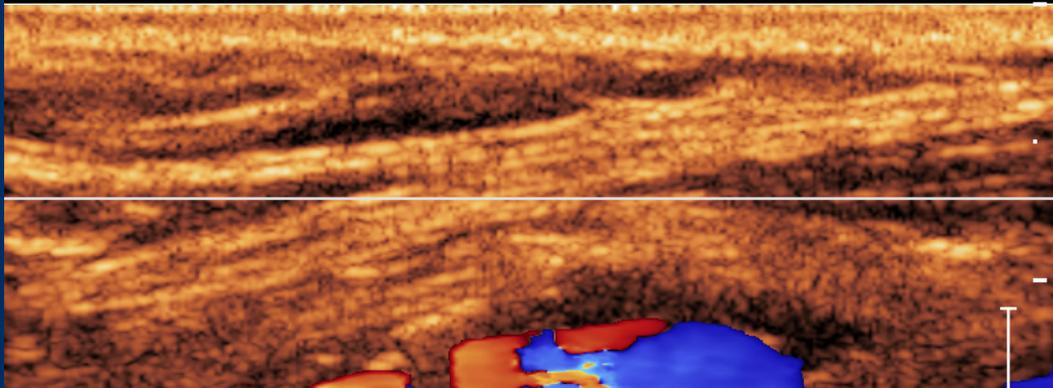
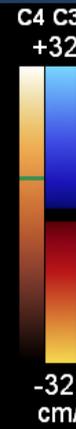
Clinique Louis Pasteur Essey Les Nancy France

Pts)
(23 to 6 months , 16,7±6,6 months)

	Events	30 th days	6 months	1 year
Clinical	Delayed embolisation	no		
	Neurological events	no	no	No
Anatomical	External Carotid Occlusion	no	no	No
	Restenosis		no	no
Stent Geometry	Migration	no	no	no
	Compression	no	no	no
Deformation				

Long LICA Lesion





TOUSSAINT, GABRIEL
46151120140124

JPEG 2000 10:1 (lossy)96 (Dérivé)

ITm0.2 IM 1.1

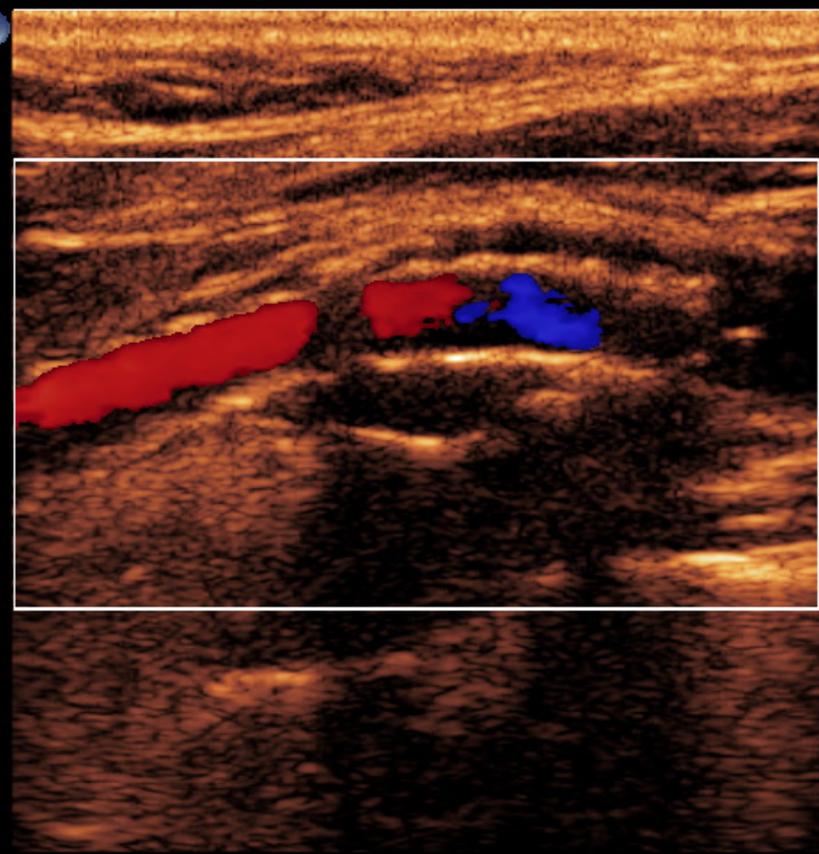
24/01/2014 11:15:48
20140124.111548

L11-3/ZC

SCP Cardiovasculaire
CI 22Hz
4.0cm

2D
65%
C 55
P Bas
Pén

Coul
71%
5.0MHz
FP Moy.
Moy

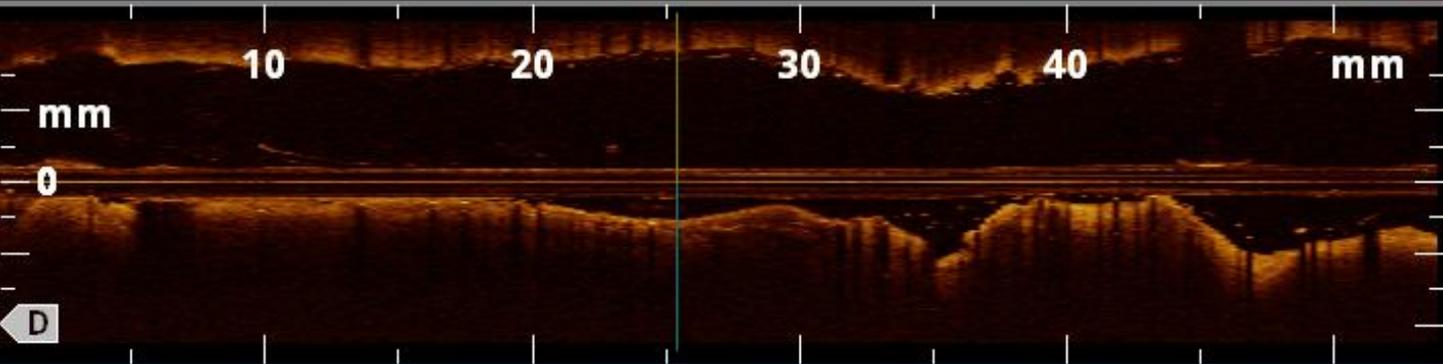
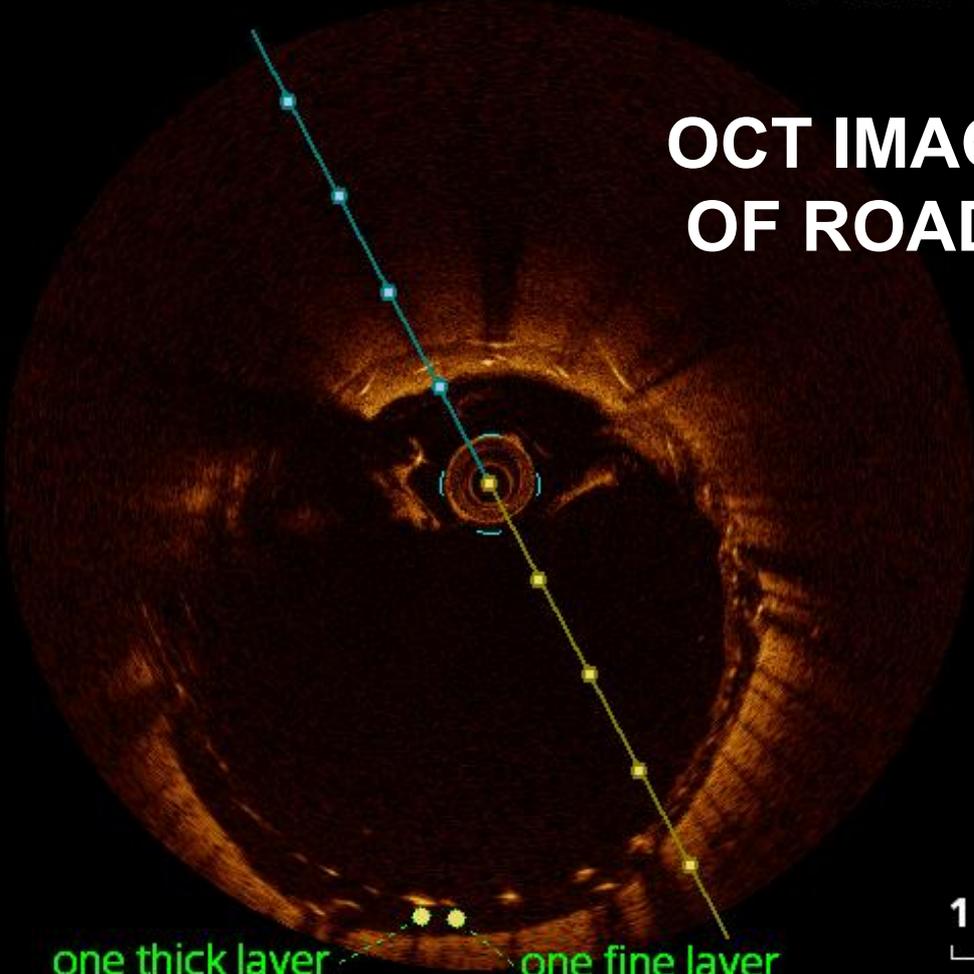


JPEG

*** bpm

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0128

OCT IMAGES OF ROADSAVER



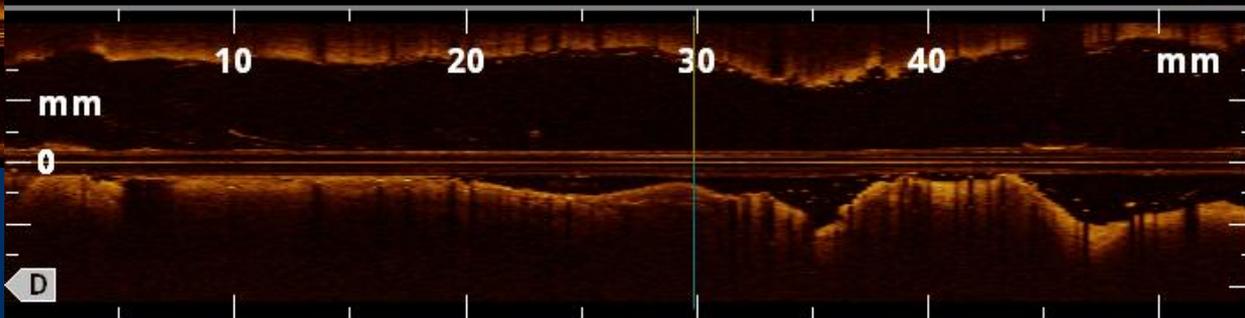
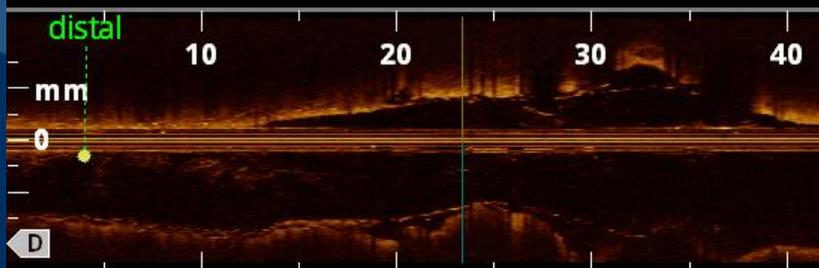
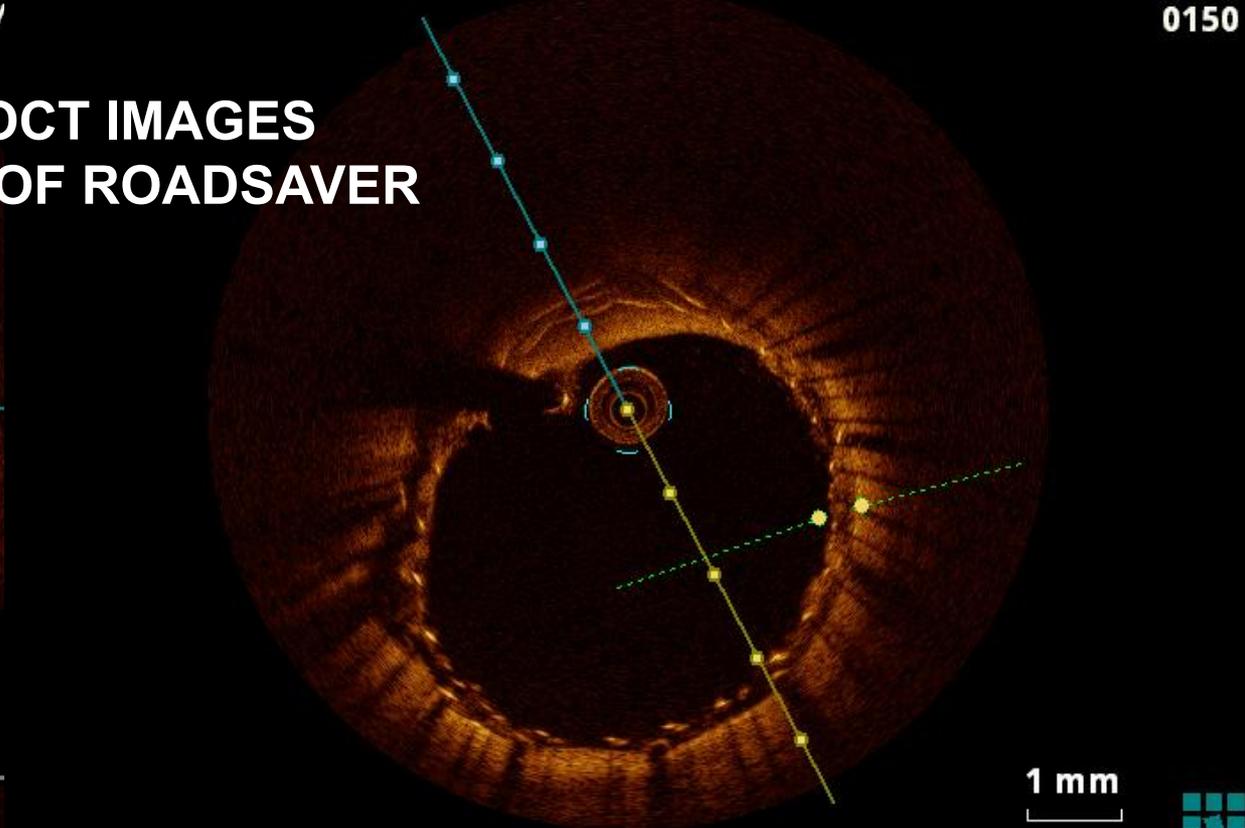
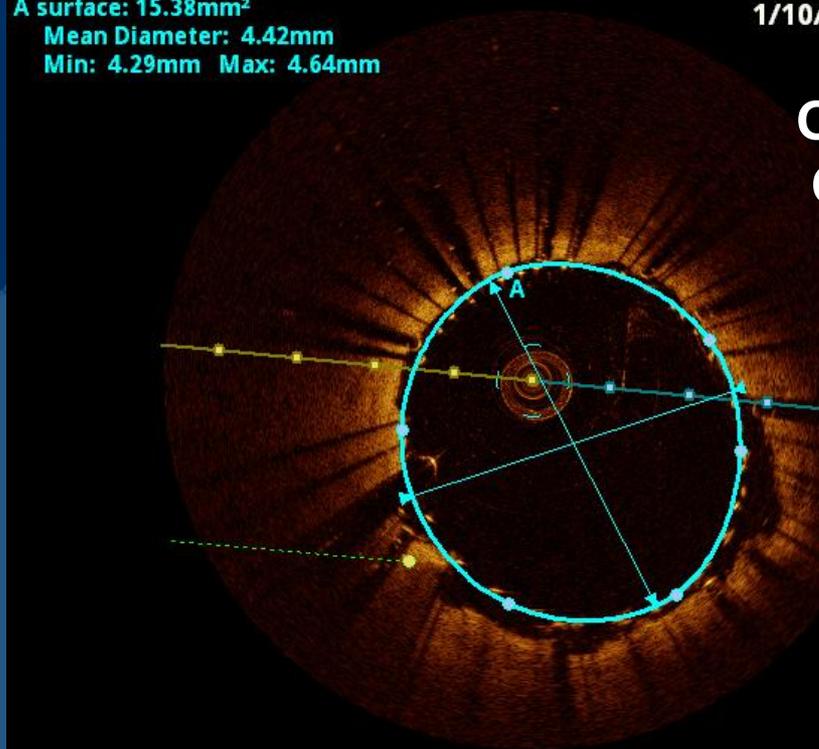
Harmonious deployment

A surface: 15.38mm²
Mean Diameter: 4.42mm
Min: 4.29mm Max: 4.64mm

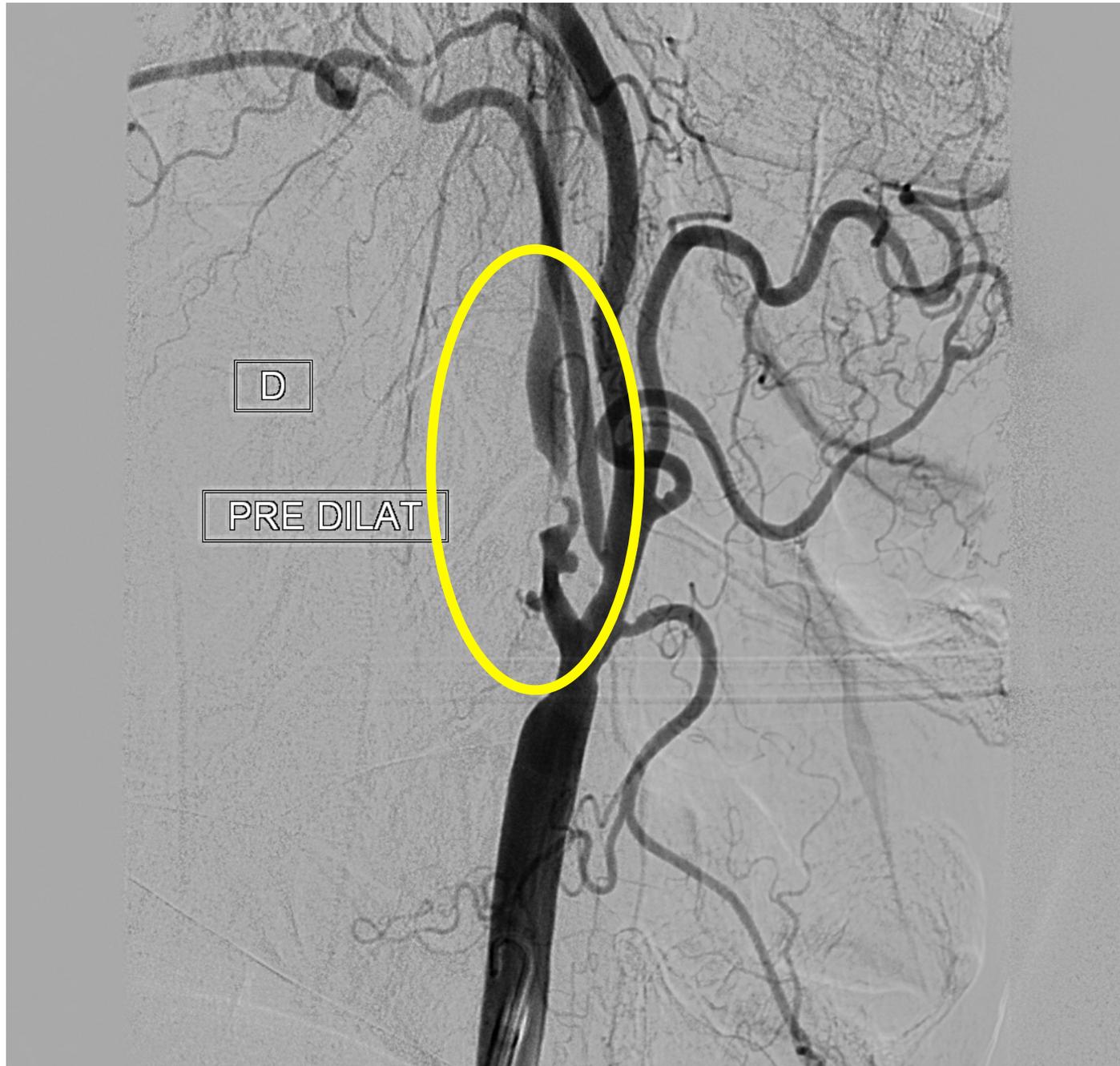
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OCT IMAGES OF ROADSaver



Severe Symptomatic RCA stenosis with **multiple ulcerations**

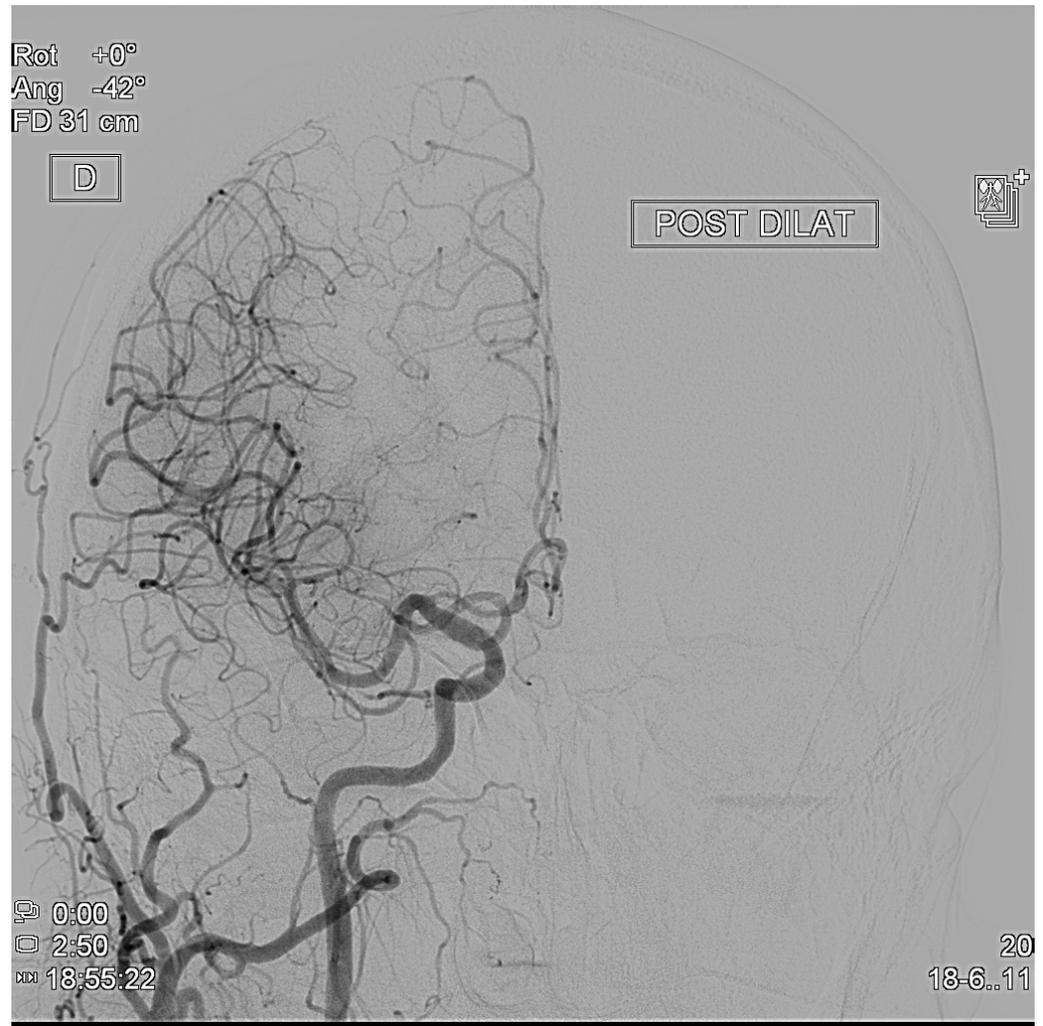


**After ROADS AVER Stent
10x30mm placed under filter
protection**



D

POST DILAT

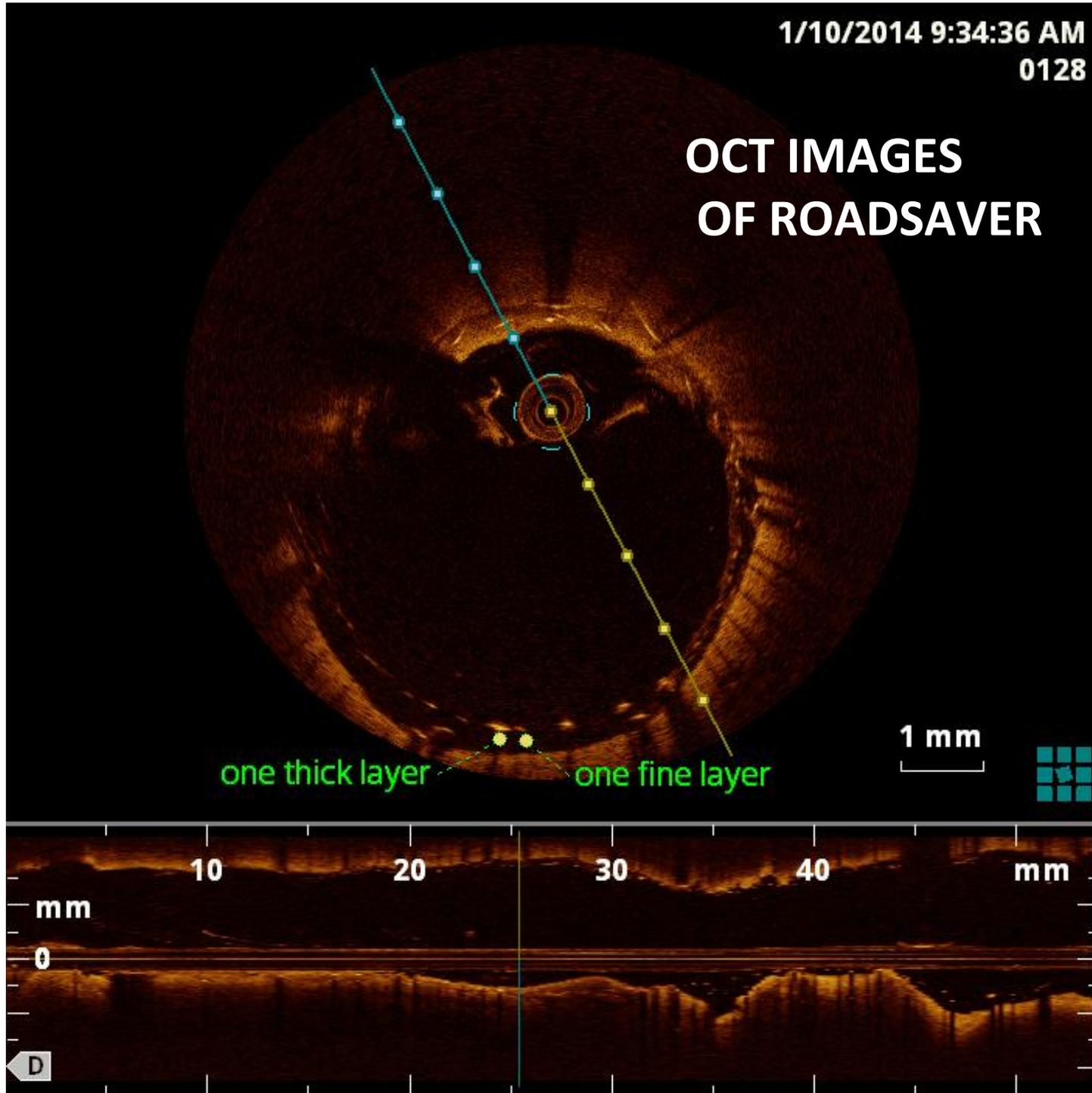




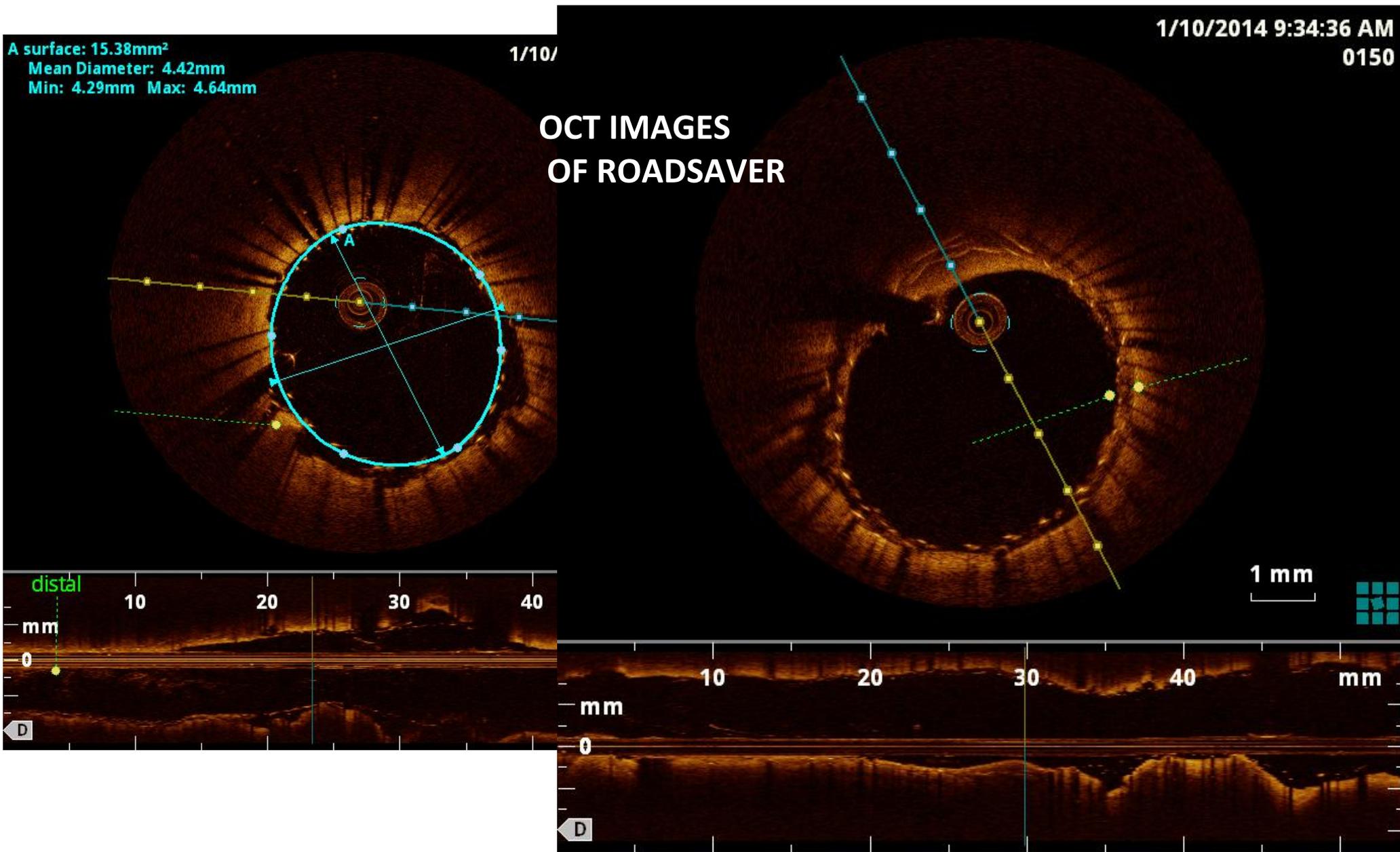
Symptomatic chronic Dissection & Ulcerated RICA Stenosis

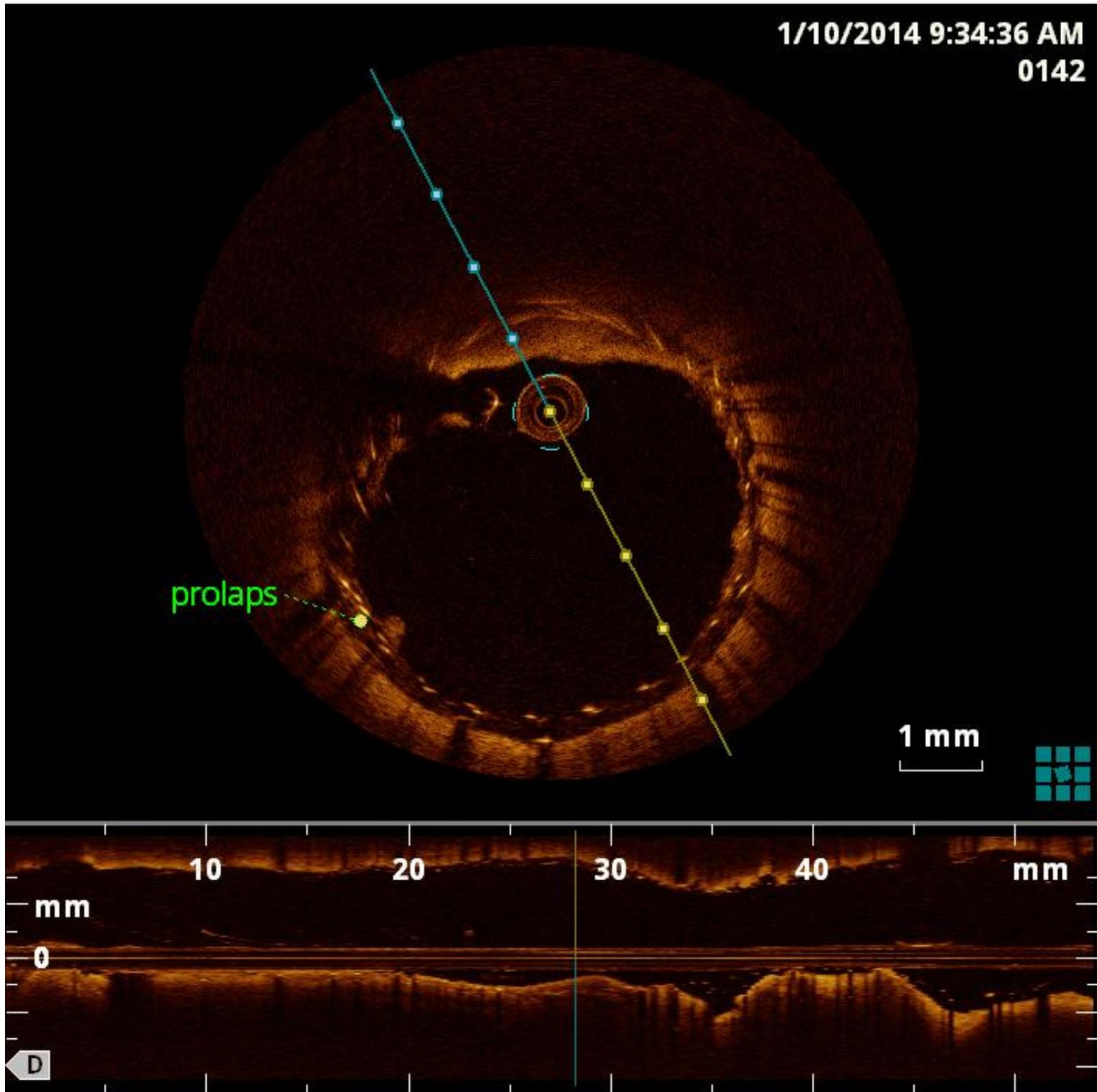
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OCT IMAGES OF ROADSAYER

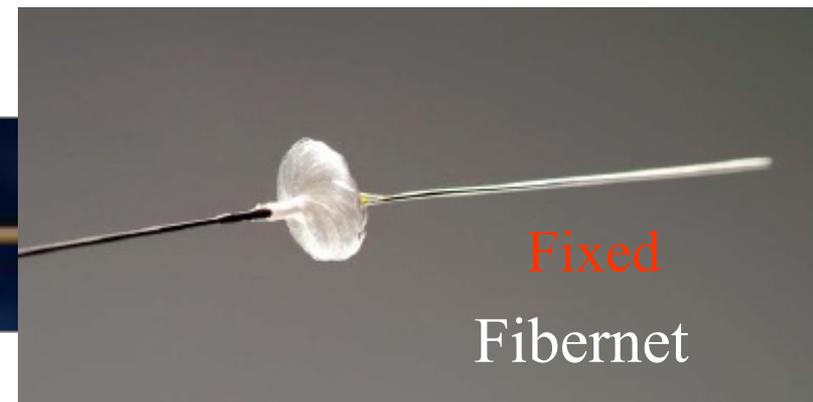
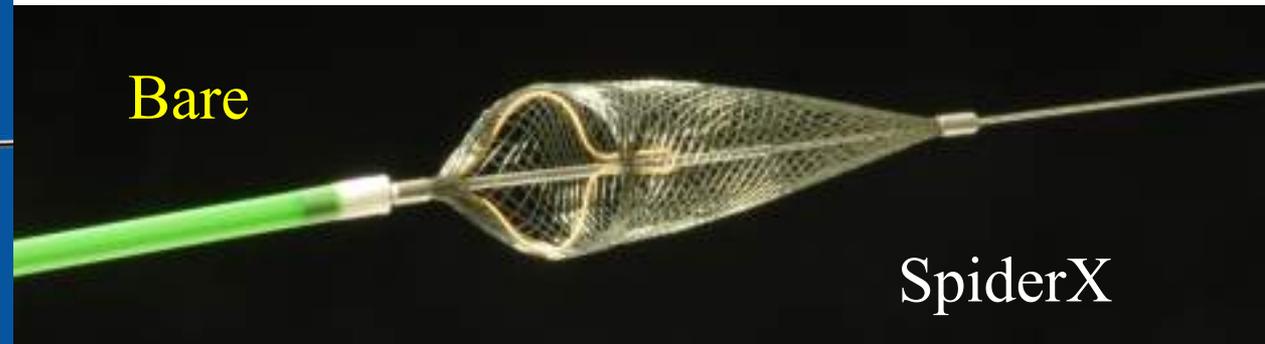
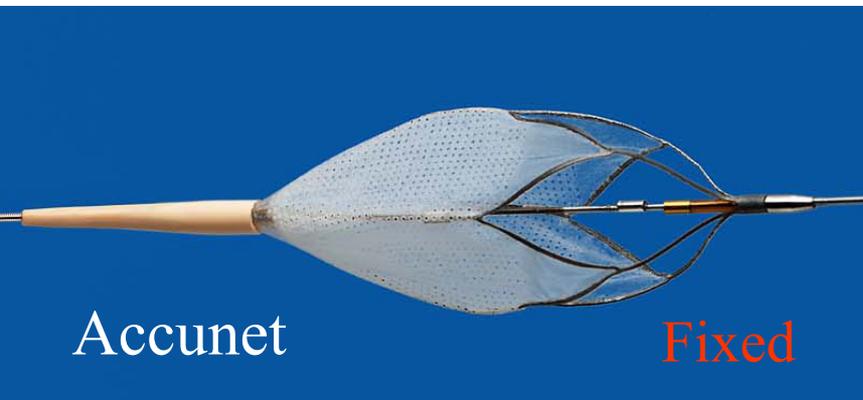


Harmonious deployment





Main filters in 2010



Les systèmes de protection

Protection cérébrale proximale avec inversion du flux cérébral	Protection cérébrale distale	
<ul style="list-style-type: none"> • Mo.Ma Ultra Proximal Cerebral Protection Device (Medtronic, Inc.) • Neuroprotecting system (WL Gore) 	Filtre solidaire du guide	Filtre indépendant du guide
	<ul style="list-style-type: none"> • FilterWire EZ Embolic Protection System (Boston Scientific Corporation) • RX Accunet filter (Abbott) • Angioguard RX Emboli Capture Guidewire System (Cordis Corporation) • FiberNet Embolic Protection System (Medtronic) 	<ul style="list-style-type: none"> • Emboshield Nav6 (Abbott Vascular) • SpiderFX Embolic Protection Device (Covidien)

MO, MA

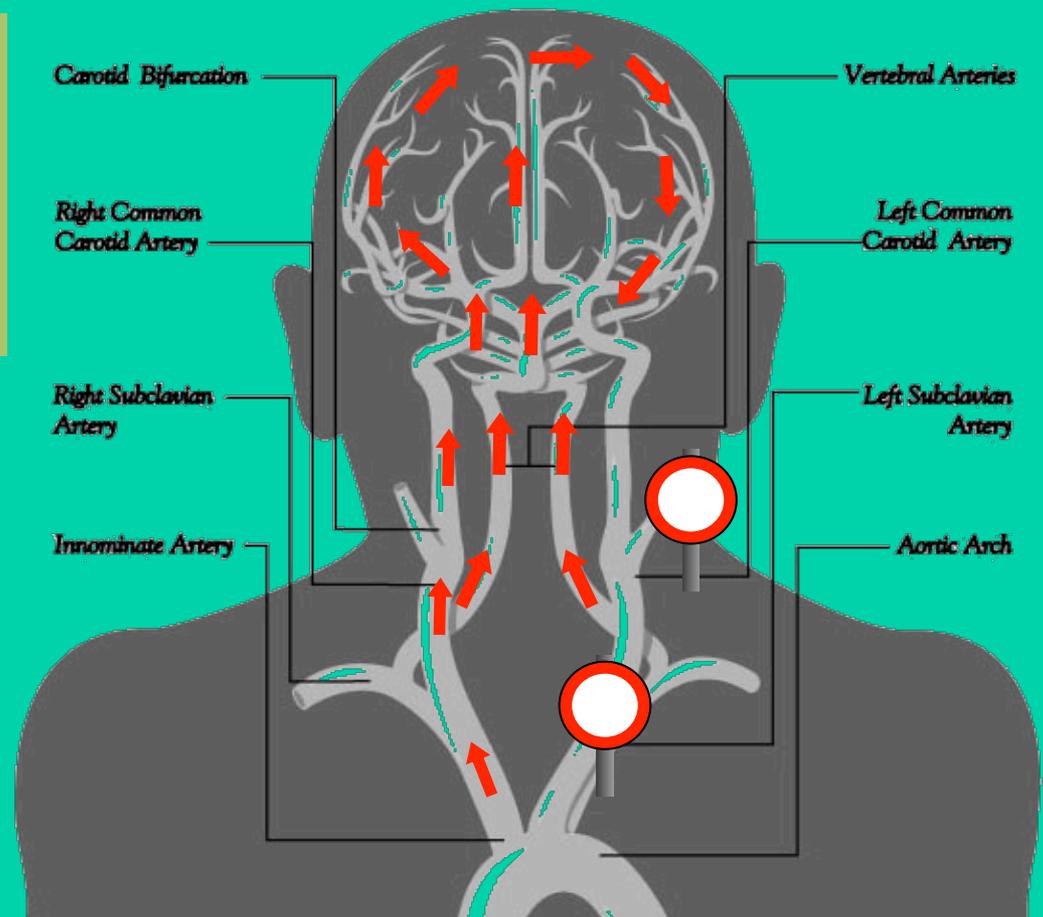
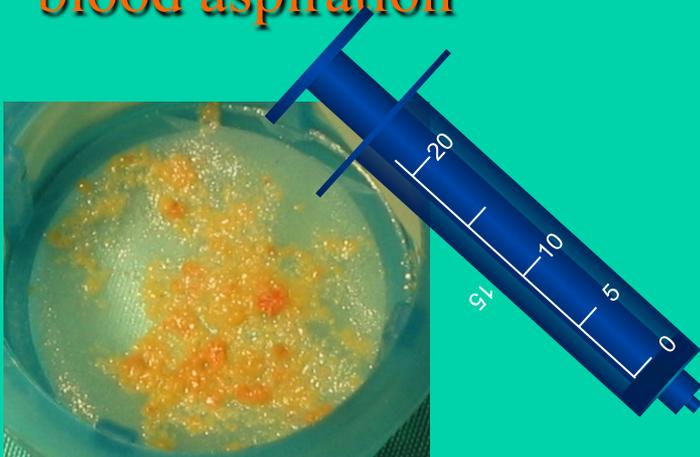
Overview

Proximal Flow Blockage Cerebral Protection Device

CCA clamping: blockage of antegrade blood flow

- ECA clamping: blockage of retrograde blood flow

- Debris removal: syringe blood aspiration



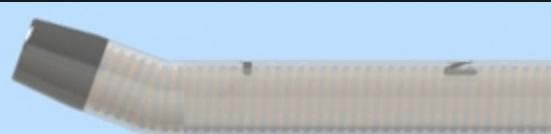
Cerebral *Protection*

Results of the ROADSTER multicenter trial of transcatheter stenting with dynamic flow reversal

Christopher J. Kwolek, MD,^a Michael R. Jaff, DO,^b J. Ignacio Leal, MD,^c L. Nelson Hopkins, MD,^d Rasesh M. Shah, MD,^e Todd M. Hanover, MD,^f Sumaira Macdonald, MD,^g and Richard P. Cambria, MD,^a
Boston, Mass; Toledo, Spain; Buffalo, NY; Norfolk, Va; Greenville, SC; and Sunnyvale, Calif

J Vasc Surg 2015; 62: 1227-35

TCAR — Direct carotid access + Flow reversal



Uber-Flex Sheath tip
With 15° anterior bias

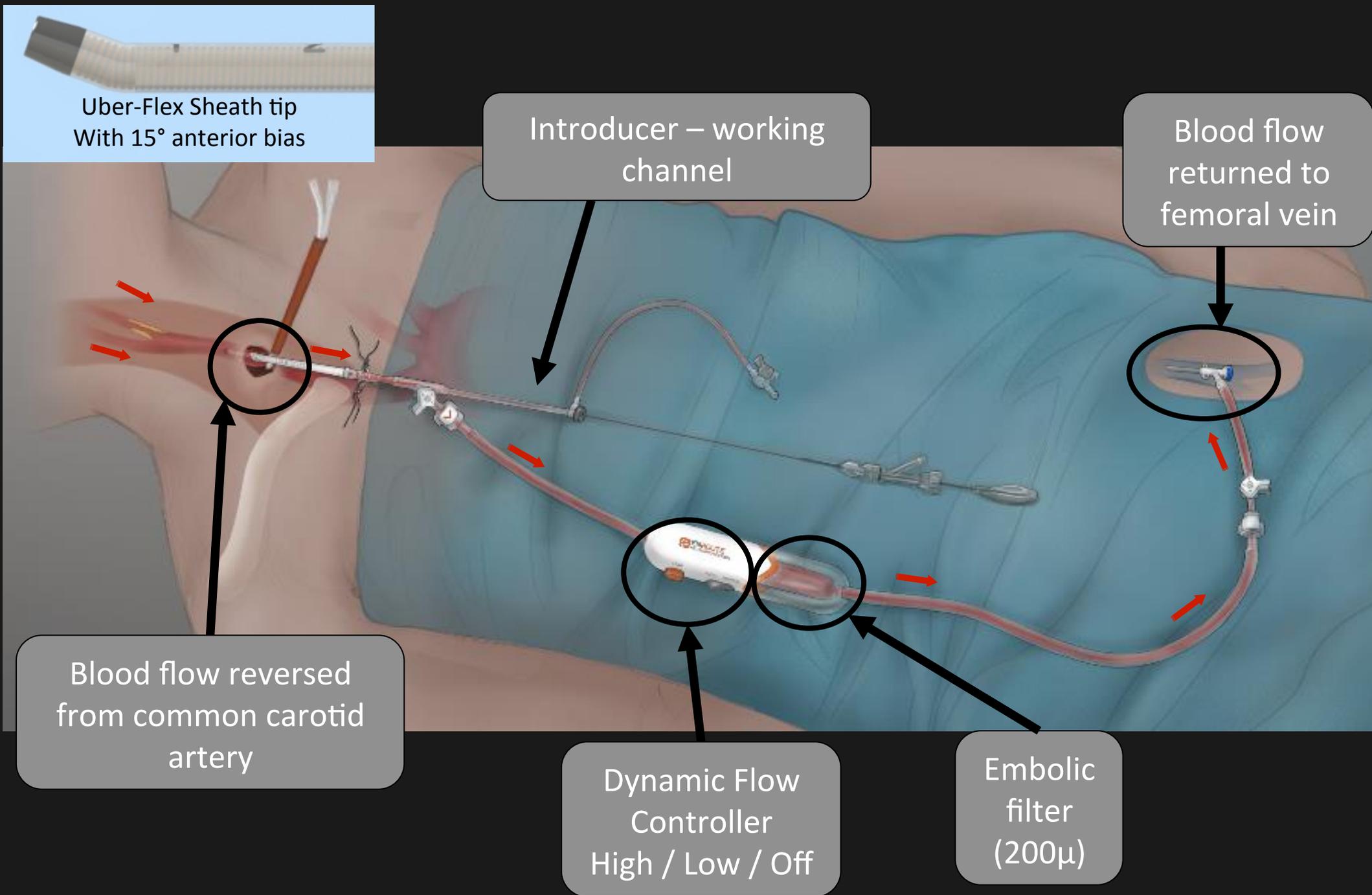
Introducer — working
channel

Blood flow
returned to
femoral vein

Blood flow reversed
from common carotid
artery

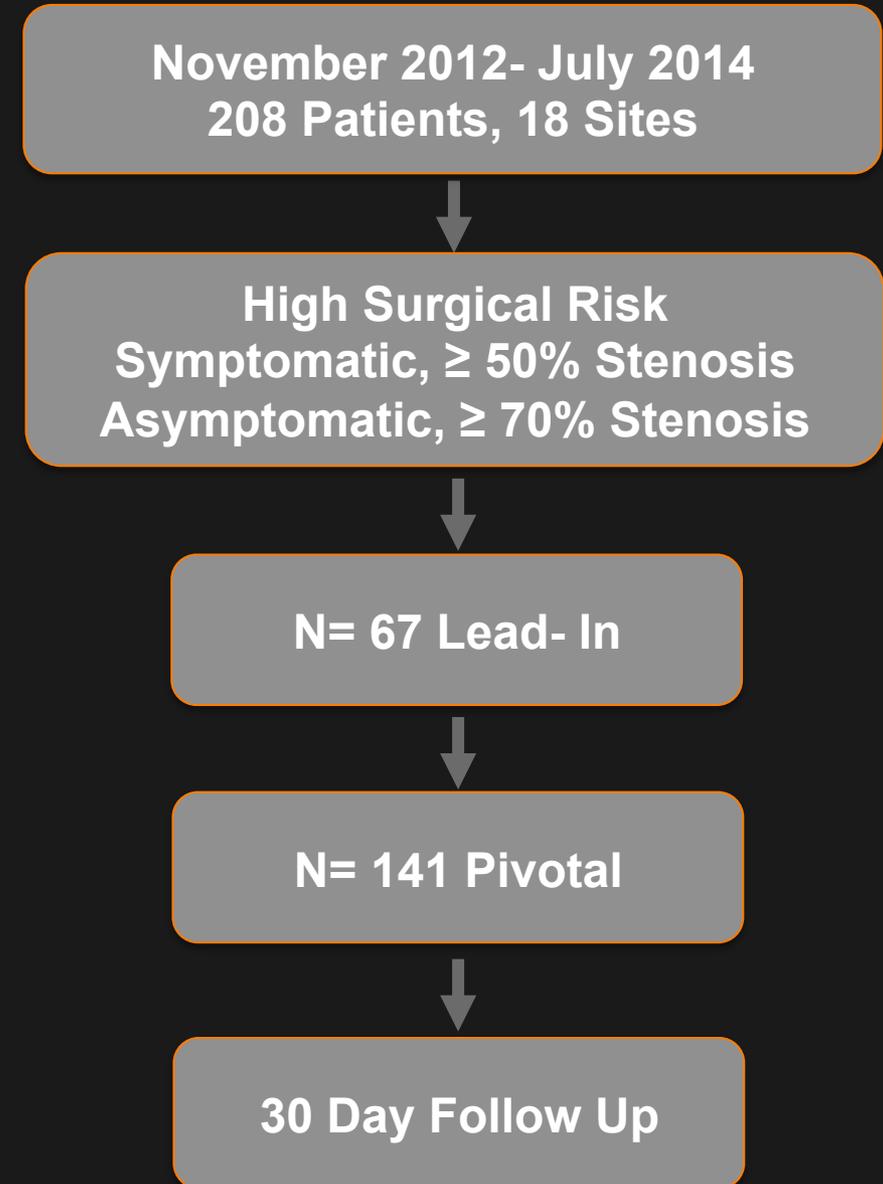
Dynamic Flow
Controller
High / Low / Off

Embolic filter
(200 μ)



ROADSTER Study

- **DESIGN:** IDE study with OPC of 11% S/D/MI
- **OBJECTIVE:** Evaluate safety and efficacy of CAS with ENROUTE Transcarotid Neuroprotection System
- **INDEPENDENT REVIEW:** CEC, DSMB, Core labs (angiography, duplex ultrasound, cardiology)
- **PRIMARY ENDPOINT**
 - Composite of S/D/MI at 30-days post-procedure
- **SECONDARY ENDPOINTS**
 - Cranial nerve injury (CNI)
 - Stroke and death (S/D)
 - Procedural and technical success



ROADSTER Study Outcomes

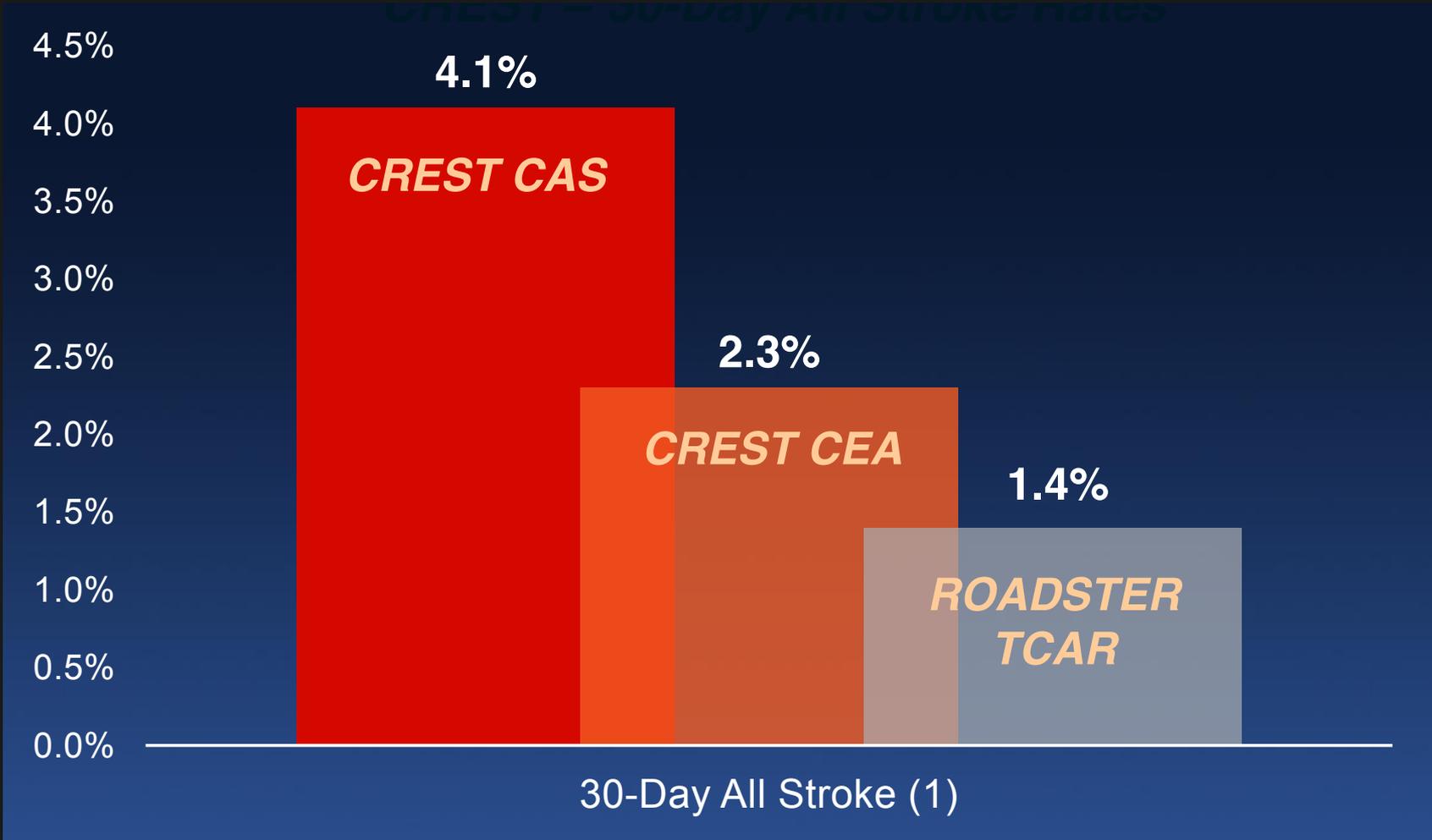
Intention to Treat & Per Protocol Groups

High Surgical Risk	Pivotal Group, ITT (N=141)		Pivotal Group, PP (N=136)	
S/D/MI*	5	3.5%	4	2.9%
Major Stroke	0	0%	0	0%
Minor Stroke	2	1.4%	1	0.7%
Death	2	1.4%	2	1.5%
MI	1	0.7%	1	0.7%
Stroke & Death	4	2.8%	3	2.2%
Cranial Nerve Injury (CNI)	1	0.7%	1	0.7%

Per protocol excludes major protocol deviations

All FDA-approved carotid stent systems were used (Acculink, Xact, Precise, Protégé, Wallstent)

CREST – 30-Day All Stroke Rates

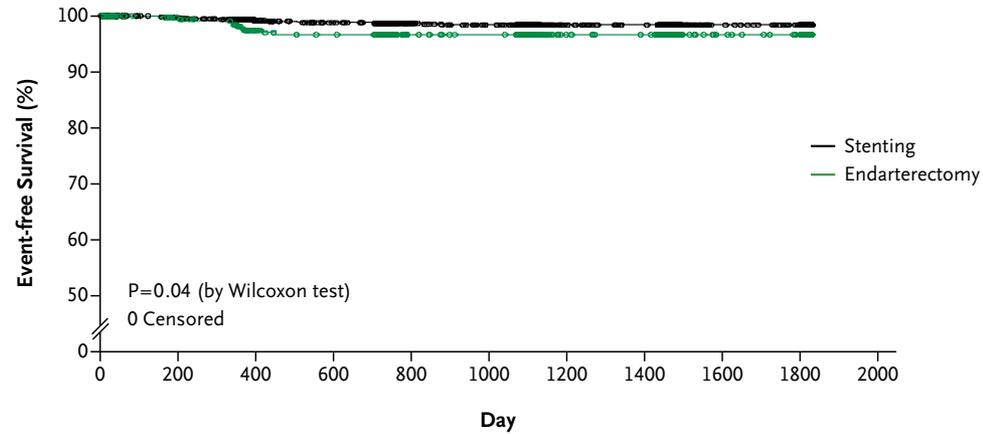


Kwolek C et al. JVS 2015; 62: 1227-35

Brott T et al. NEJM 2010; 363 (1): 11-23

Long-Term Outcomes

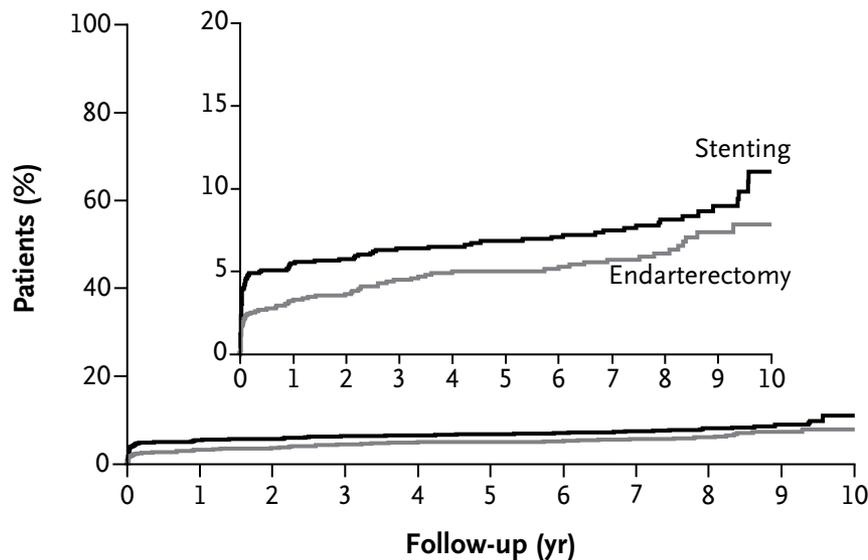
A Freedom from Clinically Driven Target-Lesion Revascularization through 5 Yr



Days	0	1-180	181-365	366-730	731-1095	1096-1460	1461-1825
Stenting (no. at risk)	1089	1082	987	886	745	555	375
Endarterectomy (no. at risk)	364	357	317	286	244	180	111

Brott T et al. NEJM 2016;
374(11): 1021-31

B Stroke or Death



No. at Risk	0	1	2	3	4	5	6	7	8	9	10
Endarterectomy	1240	1127	1056	967	848	744	703	624	442	245	67
Stenting	1262	1111	1049	979	889	777	741	679	479	265	68

Rosenfield K et al. NEJM 2016;
374(11): 1011-20

30d Major stroke or death
2.9% CAS - 1.1% CEA

Minor stroke
2.4% CAS - 1.1% CEA

MI
0.5% CAS - 0.9% CEA

Facteurs de risque du stenting carotidien

Liés au patient	Liés à la lésion	Liés à la procédure
<ul style="list-style-type: none">• Âge > 80 ans• Symptomatique• Risque hémorragique• Insuffisance rénale• Mauvaise réserve cérébrale• Arche aortique type III• Athérome aortique• Instabilité tensionnelle	<ul style="list-style-type: none">• Ulcérée• Très calcifiée• Hypo échogène• Image intra-luminale• Englobant la carotide externe• Tortuosité artérielle proximale ou distale	<ul style="list-style-type: none">• Inexpérience des opérateurs• Absence de protection cérébrale• Absence de stent carotide adapté• Délai entre l'évènement et l'angioplastie• « Open cell » vs « closed cell » stent• Intolérance au traitement anti-agrégant

Facteurs de risque de la chirurgie carotide

Liés au patient	Liés à la lésion	Liés à la procédure
<ul style="list-style-type: none">• Âge > 79 ans• Angor instable• Infarctus de moins de 6 mois• Pontage aorto-coronaire• Insuffisance cardiaque• Insuffisance respiratoire• Diabète ou HTA mal contrôlés• Artérite	<ul style="list-style-type: none">• Resténose post-chirurgie• Sténose post radiothérapie• Sténose en tandem• Sténose ostiale carotide commune• Sténose haut-située > C2• Lésion intracrânienne associée• Occlusion carotide controlatérale	<ul style="list-style-type: none">• Cou hostile• Trachéotomie• Paralyse des nerfs crâniens• Paralyse laryngée• Immobilité cervicale• Activité insuffisante du centre et/ou chirurgiens

Nature de la lésion	Angioplastie	Chirurgie
Courte	équivalence	
Longue	+++	+
Ulcérée	++	+++
Hypo échogène	++	+++
Calcification excentrée	++	+++
Calcification concentrique	0	+++
Bifurcation CE indemne	équivalence	
Bifurcation CE sténosée	+	+++
Lésions en tandem	+++	+
Lésions bilatérales	+++	+
Sténose haut située	+++	+
De novo	++	+++
Resténose	+++	+
Post-Rx	+++	-

Selection and access management for CAS

Common FEMORAL

POSSIBLE

IMPOSSIBLE

RADIAL APPROACH

SILK ROAD APPROACH

La voie radiale et la route de la soie (Silk Road) sont des opportunités pour les cardiologues afin de développer une activité d'angioplastie carotidienne en collaboration avec les chirurgiens vasculaires.

Les nouveaux stents à micro mailles sont un réel progrès dans le traitement des lésions carotidiennes complexes. Leur prise en charge en France n'est pas assurée.

CONCLUSIONS



**GUESS
WHO'S
BACK?**



CARDIOLOGIST CONVENTION



"Our next speaker will be speaking on other matters of the heart."

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