

# **PESTO**

## **Morphological Parameters Explaining Stent Thrombosis assessed by OCT**

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Conflits d'intérêts :

- Consultant : Saint-Jude Medical, Terumo, Abbott

# PEST



**ACS with ST+ coronarography in acute phase (<12h) due to stent thrombosis**

(all types of stents, acute;subacute;late and very late)



**Optimal thrombectomie**

(mechanical and/or médics : thrombo-aspiration, anti GpIIb-IIIa...)



**TIMI 3 flow obtained**

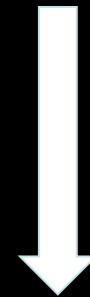
**Consent patient**

**OCT faisable**

**If NO at 1 of 3 items :  
No enrollment OCT, registry**



**YES**



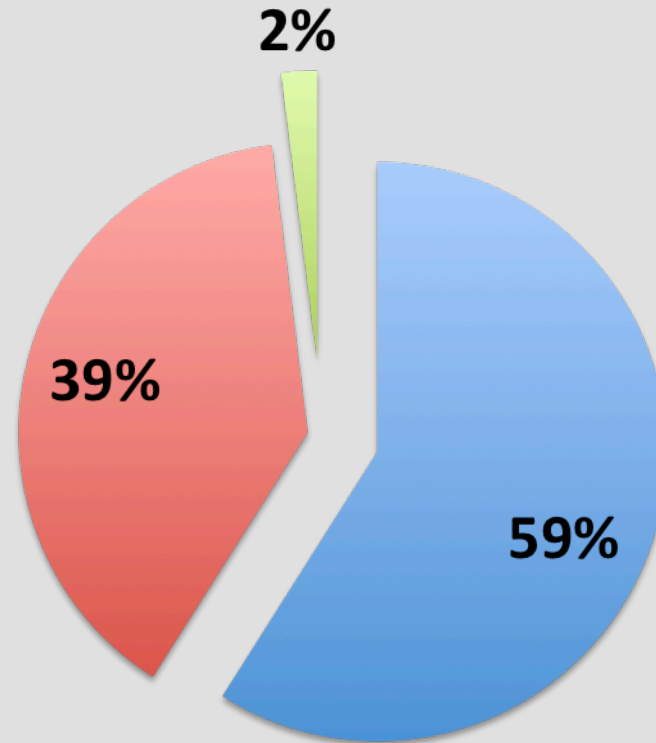
**Note diagnose hypothesis and management before OCT  
Immediate OCT or defered (MIMI, D1-D30) decided by the operator  
Treatment guided by OCT**

# Caractéristiques patients

- **N=120** sur 134 patients ont été inclus dans l'analyse finale (3 patients (2.4%) ont été exclus pour qualité d'imagerie non appropriée)

Age (yrs)	61.6 ± 1.1
Male gender (%)	89
<b>Previous ACS (%)</b>	<b>68</b>
Active smoking (%)	35
Dyslipidemia (%)	86
Hypertension (%)	56
Diabetes (%)	28
Recent (<15 d) modification of antiplatelet therapy (%)	22
Presentation mode:	
STEMI (%)	82
NSTEMI (%)	17
Unstable Angina (%)	1

# Type de stents

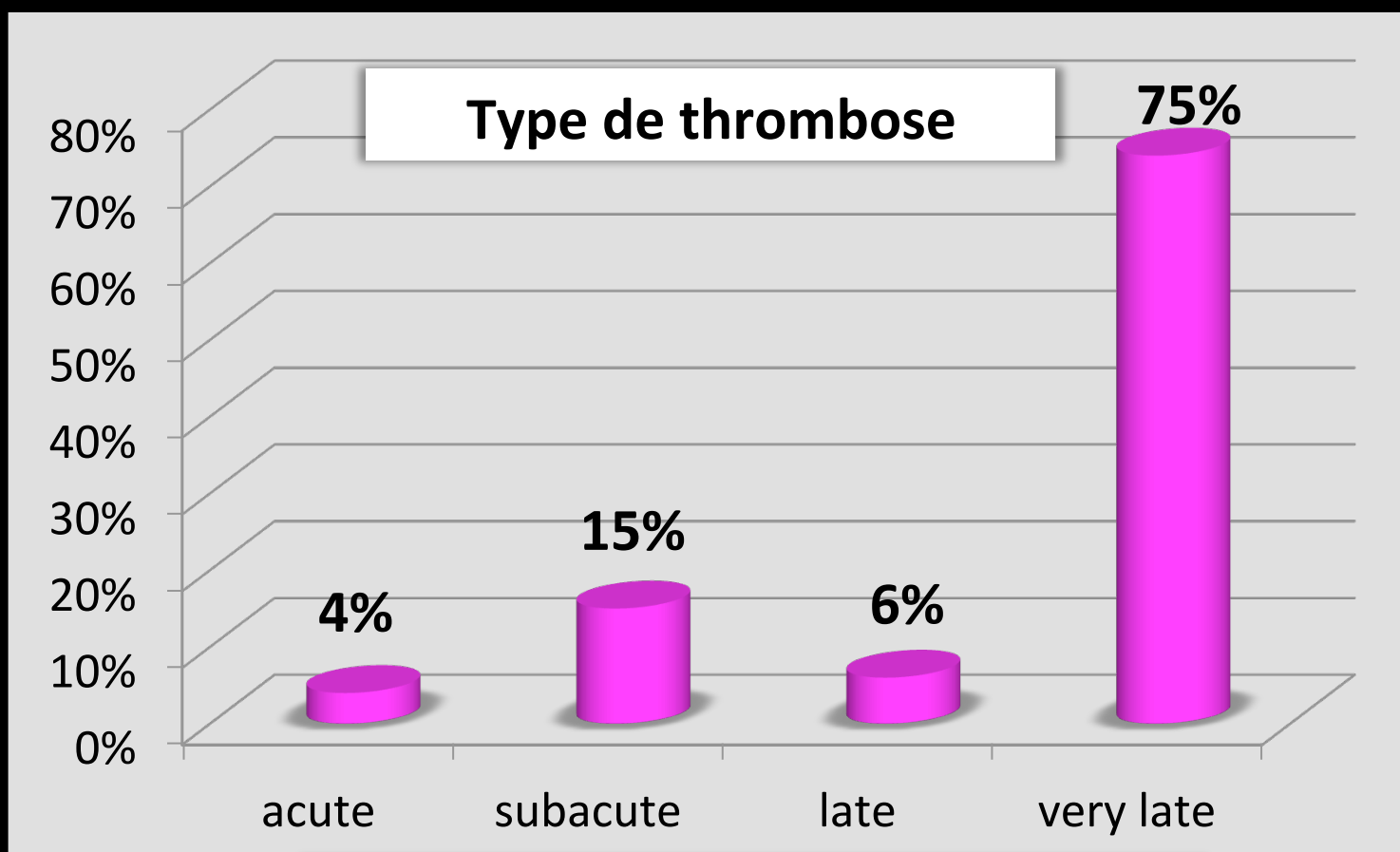


■ Stents actifs

■ Stents nus

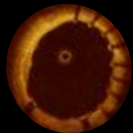
■ Bioresorbable Vascular Scaffold

## Analyse de 120 patients



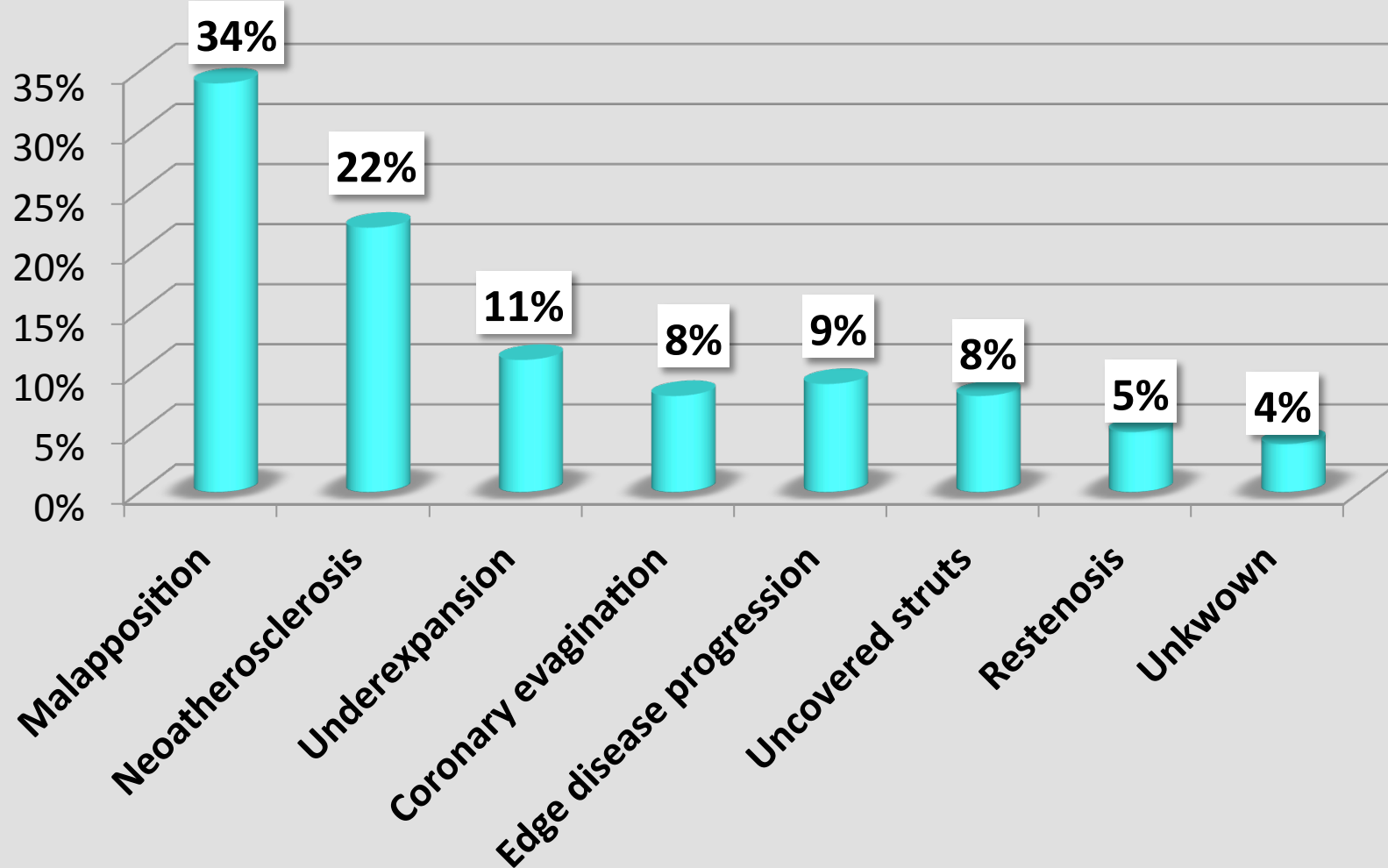
Délai Médian 4.3 ans

# PEST



**Anomalies morphologiques**  
Anomalie morphologique retrouvée dans  
97% cas

## Resultats : analyse OCT de 120 patients



# Mécanismes de thrombose de stent en fonction du délai

	Global (n=120)	Acute+ Subacute ST (n=23)	Late+ Very Late ST (n=97)	p
Malapposition (%)	34.2	47.8	30.9	0.12
Ruptured Neoatherosclerosis (%)	22.5	<b>0</b>	<b>27.8</b>	<b>0.004</b>
Underexpansion (%)	10.8	26.1	7.2	0.02
Coronary Evagination (%)	8.3	0	10,3	0.11
Edge related disease progression (%)	9	4.3	8.2	0.45
Isolated uncovered struts (%)	8.3	0	10.3	0.11
Neointimal hyperplasia (%)	5	0	5.2	0.34
Edge dissection (%)	1	4.3	0	0.19
No cause identified (%)	4	<b>13</b>	<b>1</b>	<b>0.02</b>



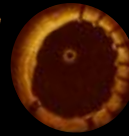
# Mécanisme de thrombose en fonction du type de stent

	BMS (n=47)	DES (n=71)	p
Acute + Subacute ST (%)	19.1	18.3	0.91
Late + Very Late ST (%)	80.9	81.7	0.91
Index PCI to ST delay (y)	6.5±0.9	3.1±0.4	<0.001
Malapposition (%)	31.9	35.2	0.71
Ruptured Neoatherosclerosis (%)	36.2	14.1	0.005
Underexpansion (%)	6.4	12.7	0.22
Coronary Evagination (%)	2.1	12.7	0.04
Edge related disease progression (%)	12.8	4.2	0.09
Isolated uncovered struts (%)	4.3	11.3	0.16
Neointimal hyperplasia (%)	4.3	4.2	1.0
Edge dissection (%)	0	1.4	0.61
No cause identified (%)	0	5.6	0.13

# Mécanisme de thrombose en fonction du type de stent

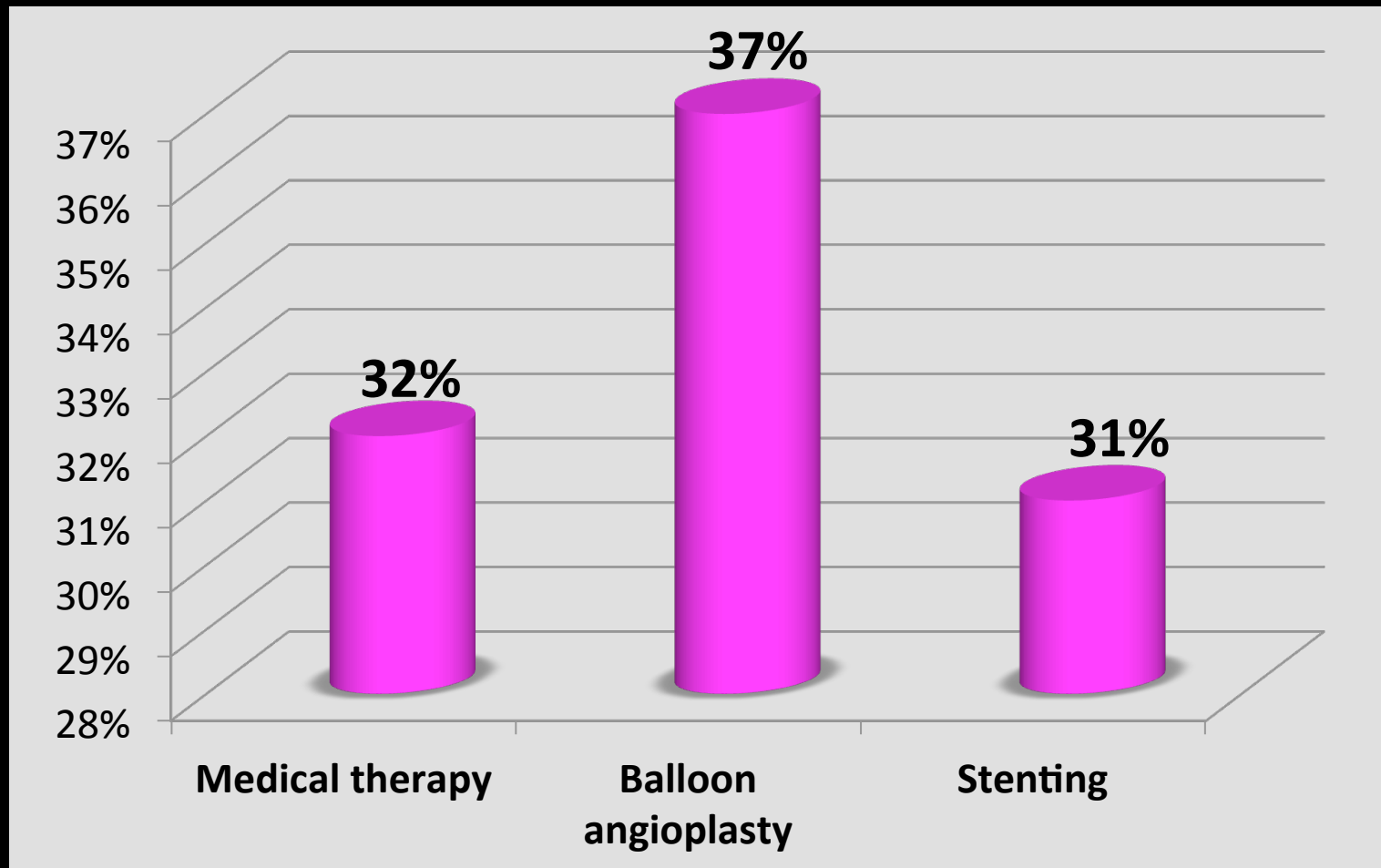
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# PEST



## Décision thérapeutique

Analyse 120 patients

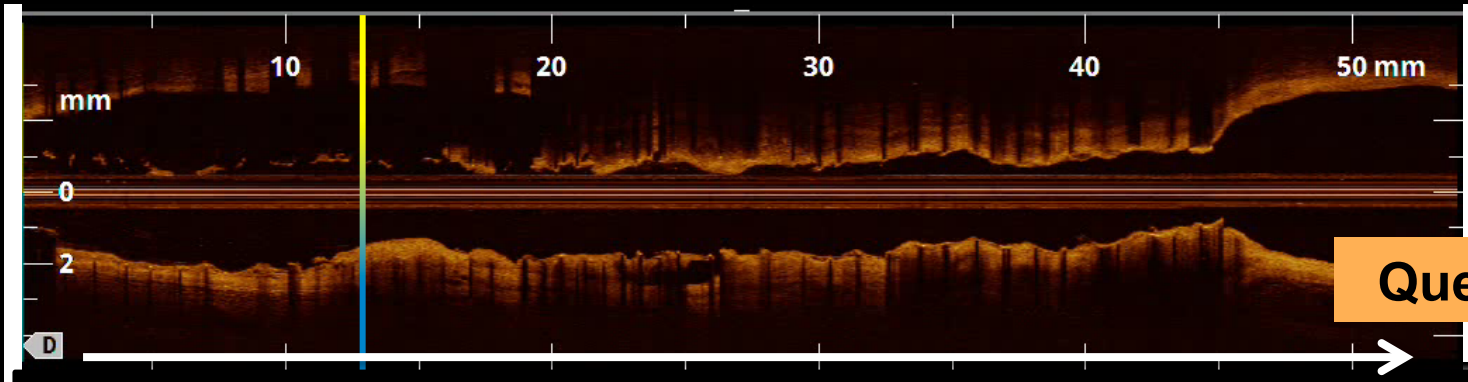




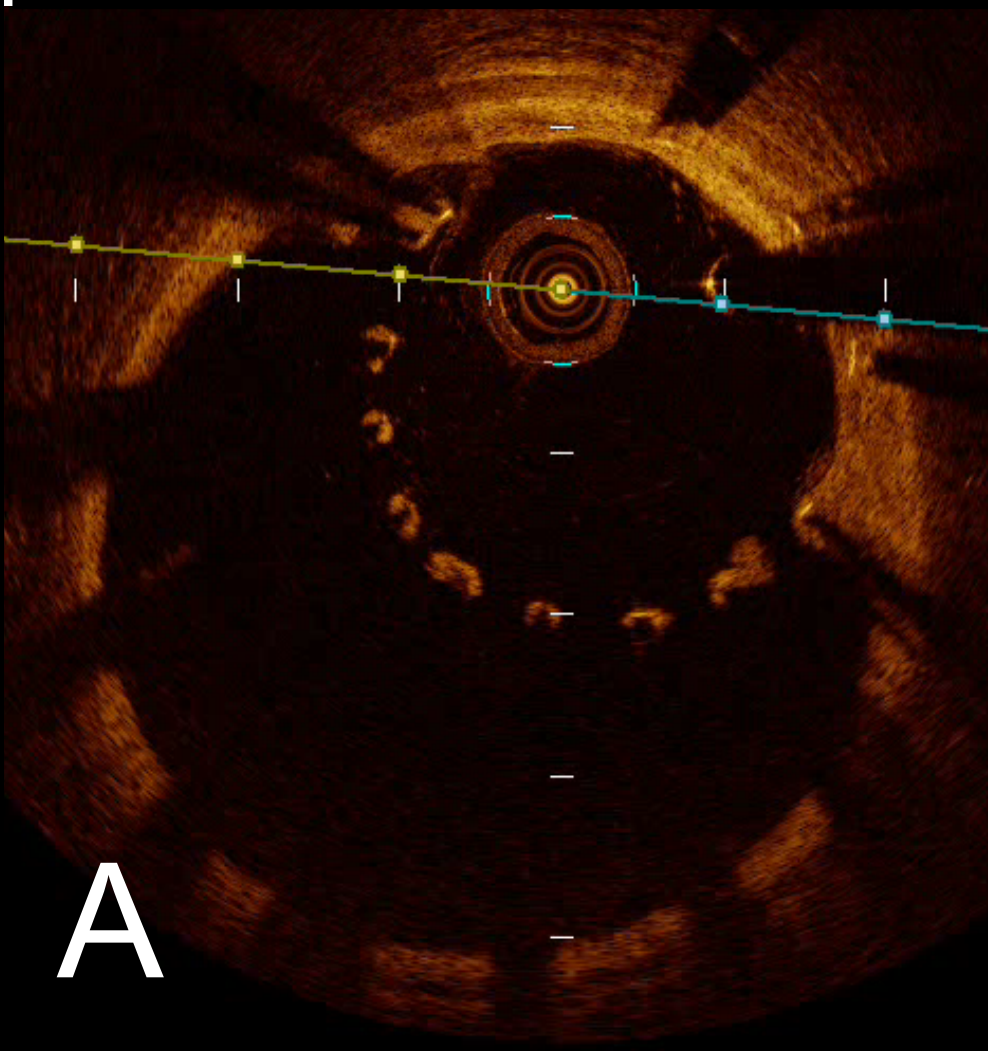
## Analyse 120 patients

Cause	Coronarography
Undetermined	42 %
Probable	36 %
Certain	12 %

**L'OCT influence la prise en charge dans 55% des cas**



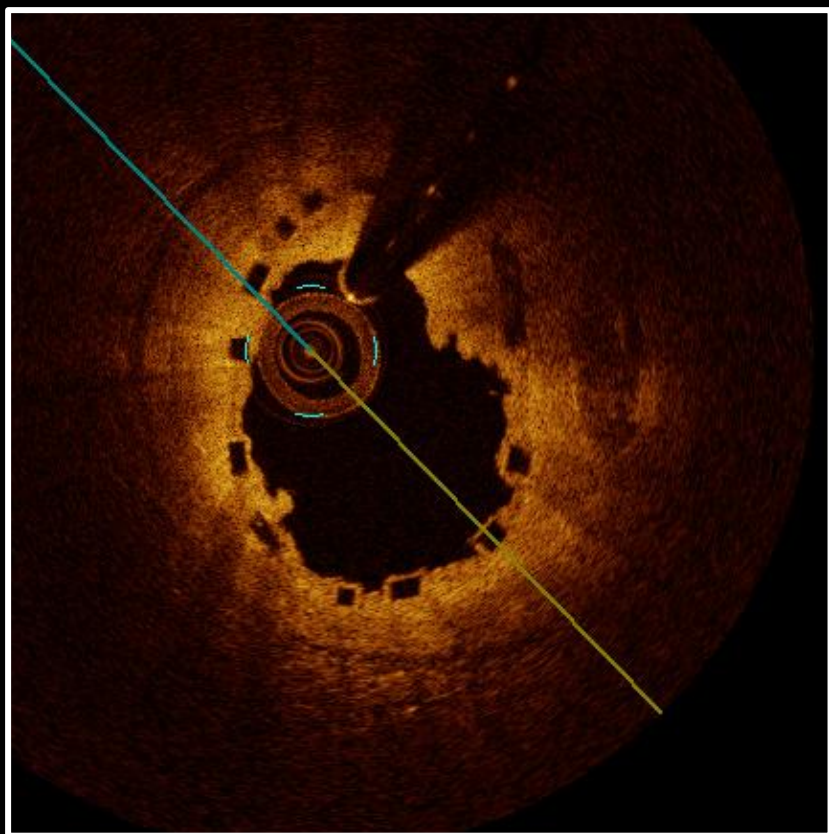
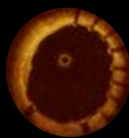
Quelques exemples



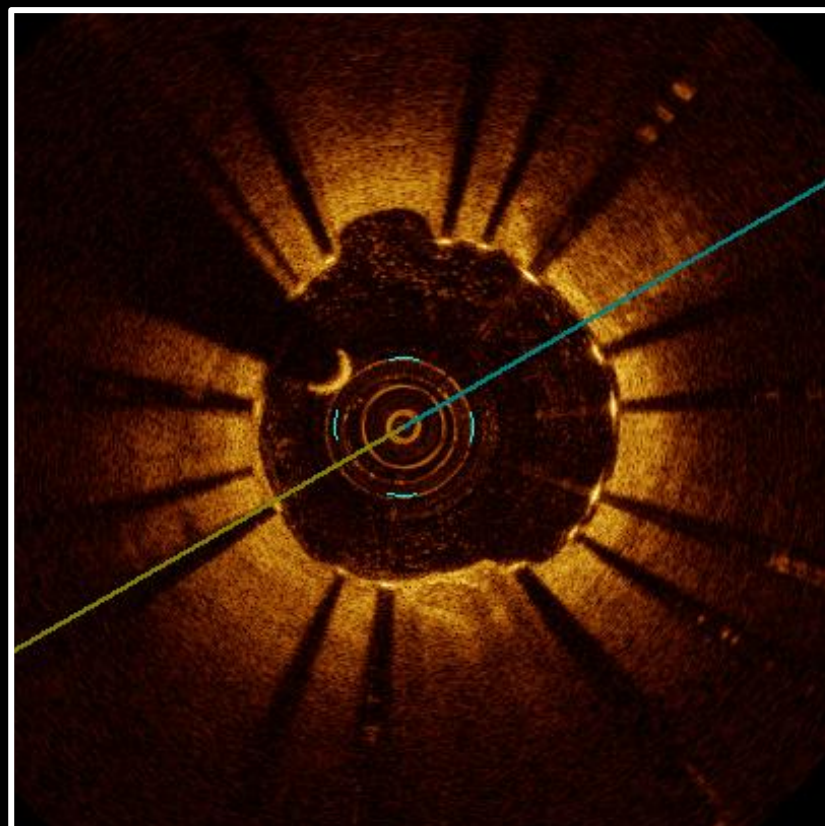
*PESTO Study*



# PEST



**BVS sous-expansion**

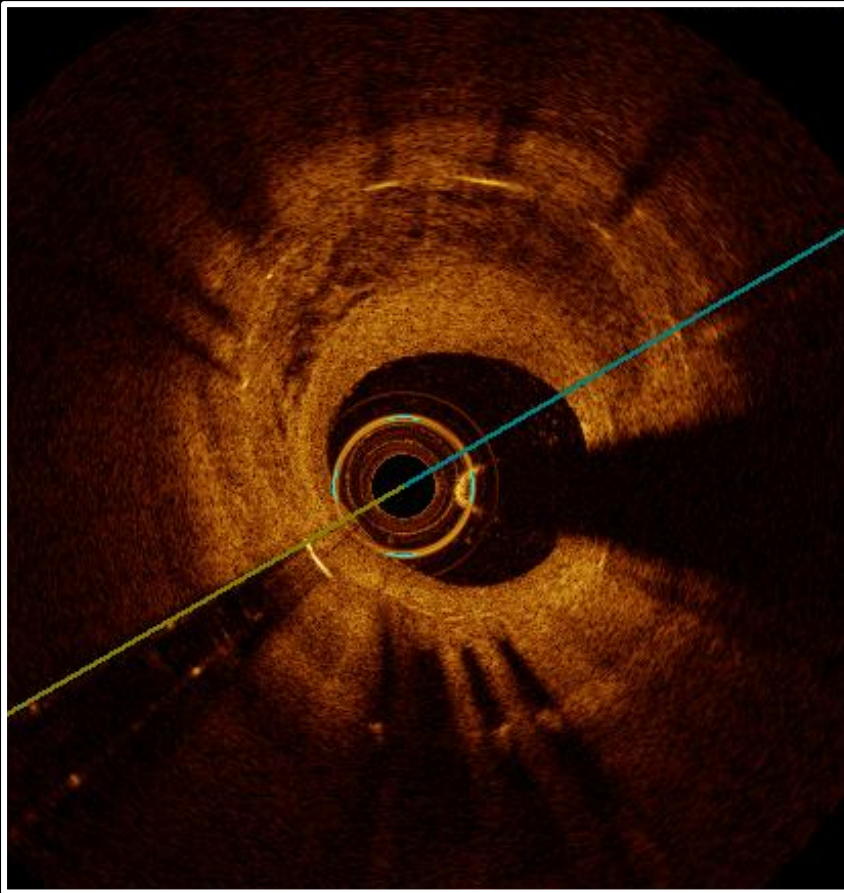
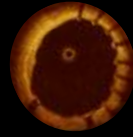


**Struts non couvertes**

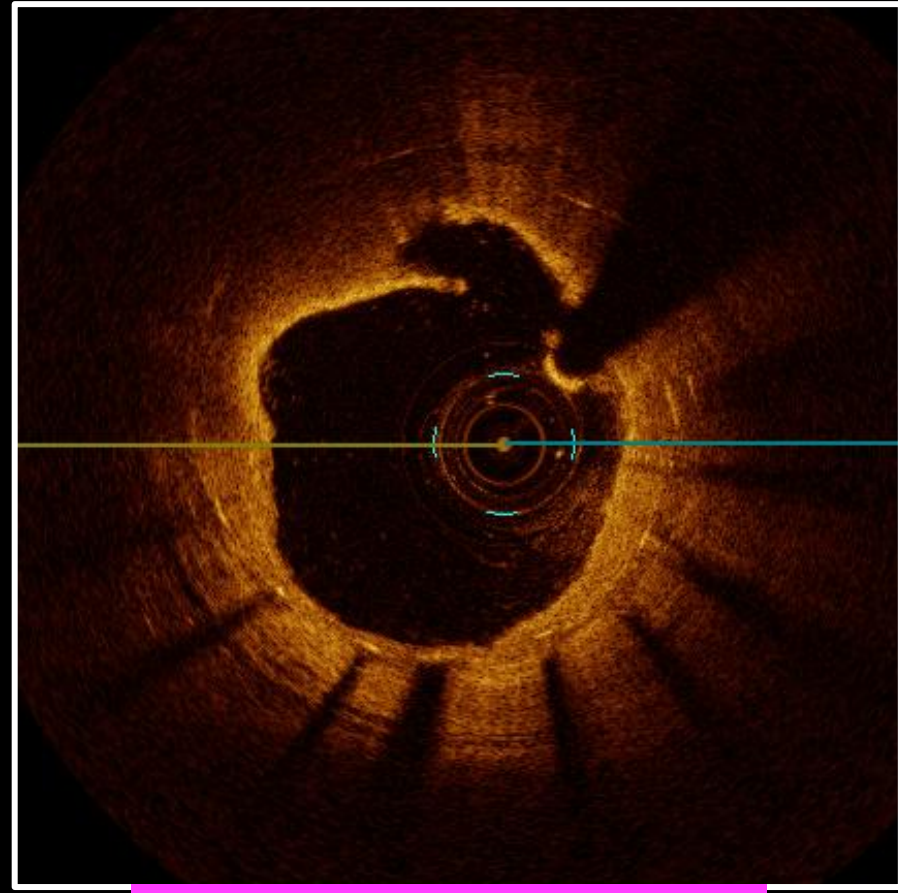




# PEST



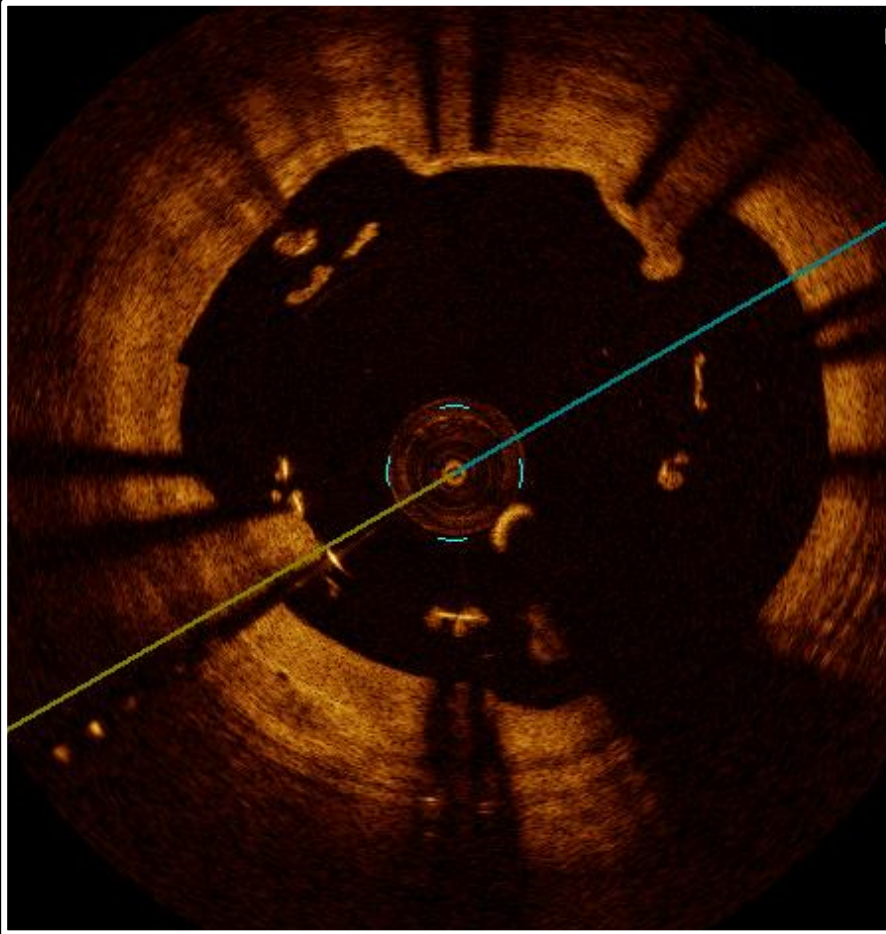
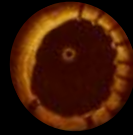
**Resténose avec néo-athérosclérose**



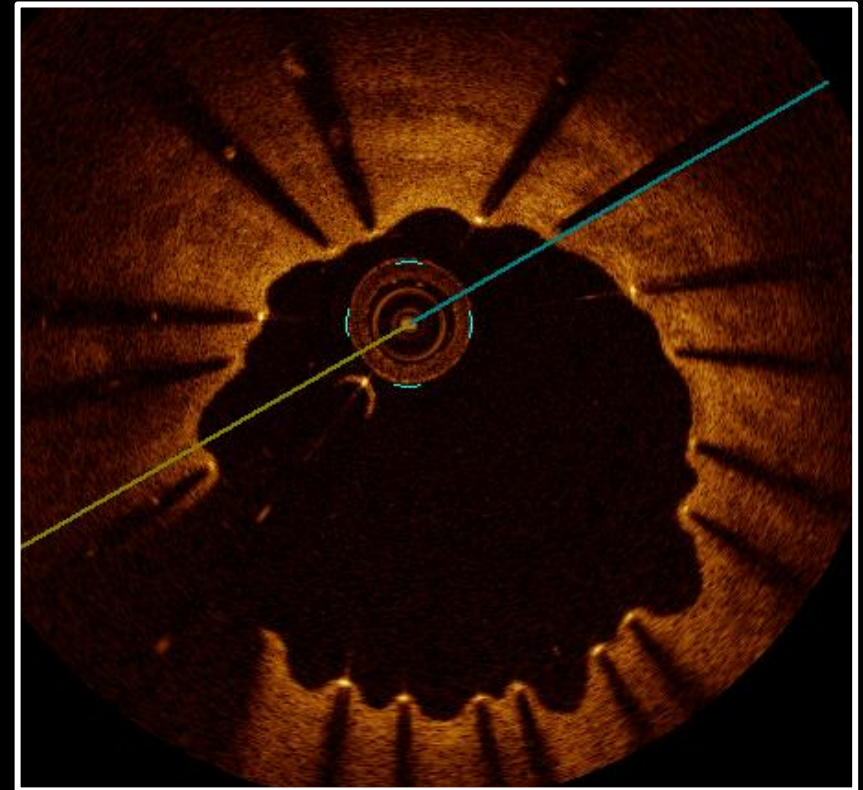
**Rupture de plaque avec neoatherosclerose**



# PEST



**Malapposition**

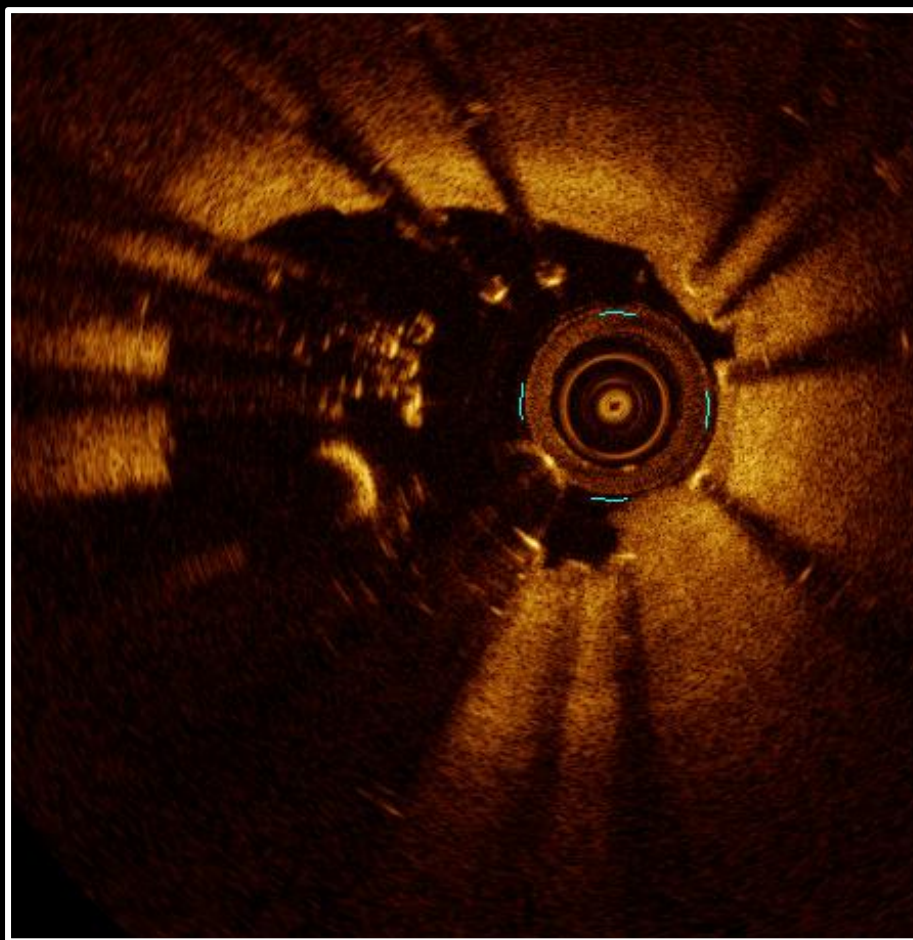
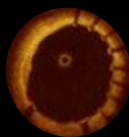


**Mailles non couvertes  
et évagination**

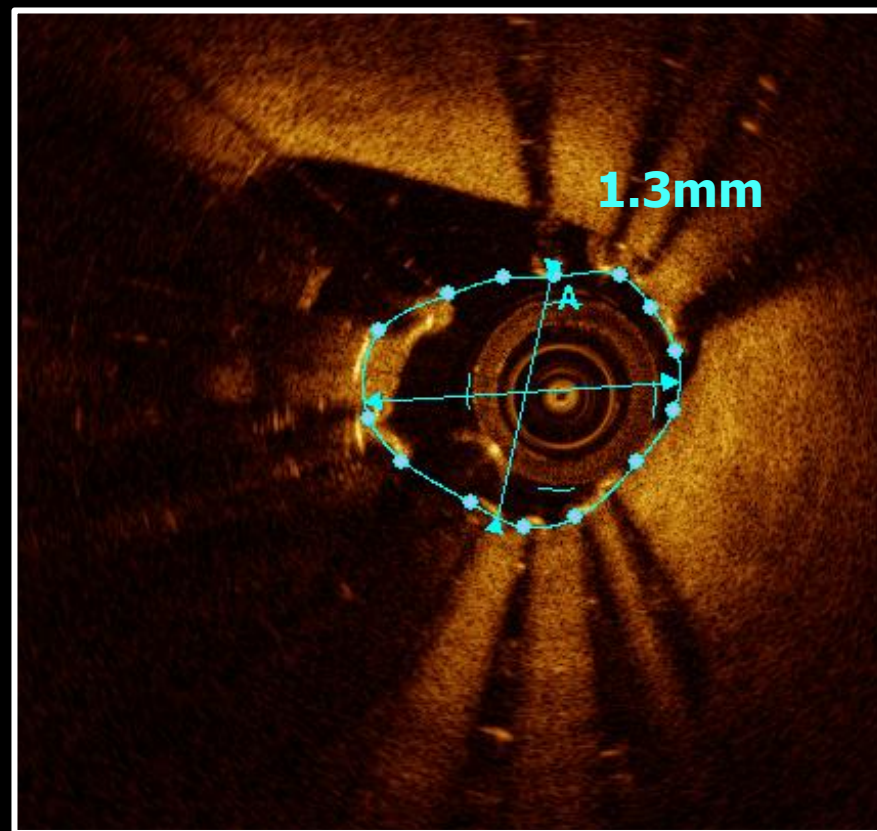




# PEST



DES sous-expansion



1.3mm

# Conclusion

## Limites de PESTO

**Pas de données sur la résistance à l'anti-agrégation plaquettaire**

**Tous les patients présentant une thrombose de stent n'ont pas été inclus dans l'étude durant la période (délais tardifs, pas de rétablissement flux TIMI 3..)**

**Limites de l'OCT : lésions distales, lésions non franchies**

# Conclusion

## La thrombose de stent

**L'angiographie ne semble pas suffisante dans la majorité des cas**

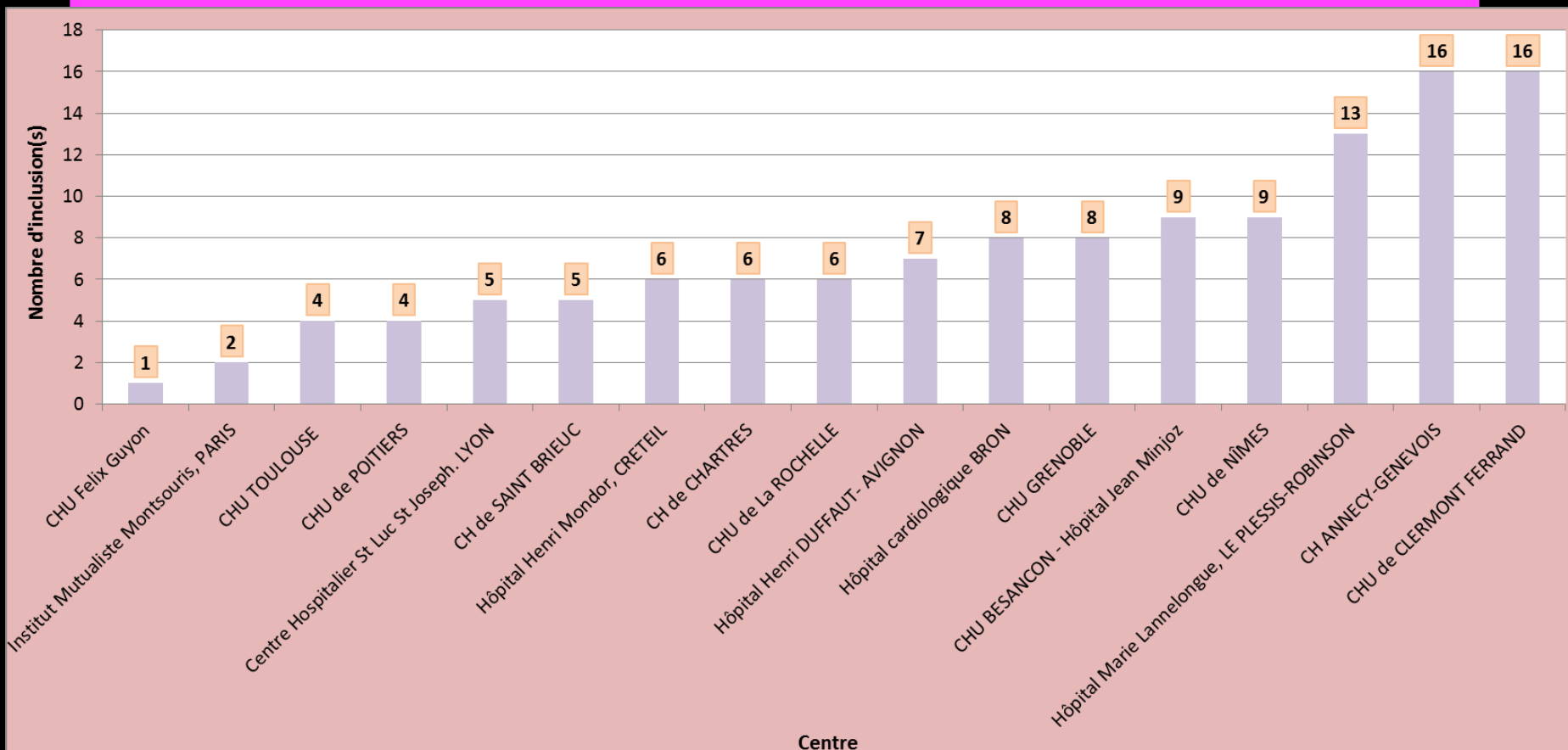
**Les mécanismes de thrombose de stent sont multifactoriels mais**

- L'OCT aide au diagnostic et à la prise en charge**
- La malapposition est la 1<sup>ère</sup> anomalie morphologique dans PESTO**
- Avec l'aide de l'OCT un traitement médical est choisi dans 1 cas/3 dans PESTO**



134 patients inclus

Merci aux centres





# Merci



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# STENT THROMBOSIS AND OCT

## OCT Analysis in Patients With Very Late Stent Thrombosis

**33 very late stent thrombosis**

**- 27 DES and 6 BMS**

**- 61 months after implantation for DES – 109 for BMS**

**OCT in acute phase– No thrombo-aspiration**

**First OCT system with proximal occlusion**

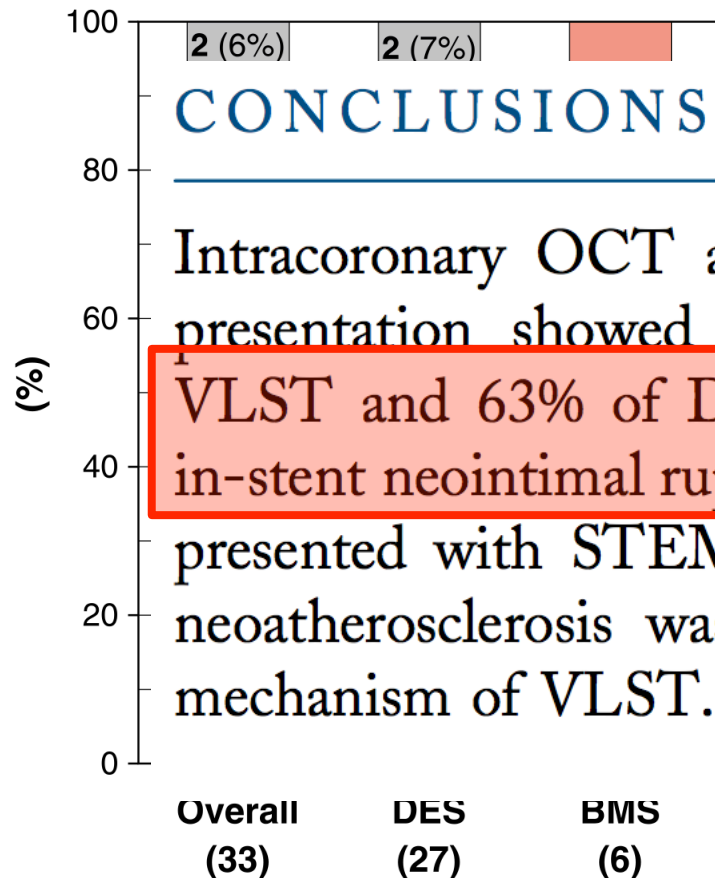
	<b>DES</b>	<b>BMS</b>	
Proportion of frames with at least 1			
Uncovered strut, %	12.9 ± 15.5	0.5 ± 1.3	0.072
Malapposed strut, %	7.8 ± 11.1	0.0 ± 0.0	0.050
Proportion of lesions with at least 1			
Frame with uncovered strut	15 (56)	1 (17)	0.085
Frame with malapposed strut	14 (52)	0 (0)	0.020





# STENT THROMBOSIS AND OCT

## OCT Analysis in Patients With Very Late Stent Thrombosis



### CONCLUSIONS

Intracoronary OCT at the time of acute clinical presentation showed that all BMS lesions with VLST and 63% of DES lesions with VLST had in-stent neointimal rupture; and two-thirds of them presented with STEMI, suggesting that advanced neoatherosclerosis was a common and aggressive mechanism of VLST.

al rupture

1 BMS