

# Quelle bithérapie?

Quel contexte?

BMS ou DES?

Quel DES?

Quel patient?

...

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CH Haguenau*

# Conflit d'intérêt

- Aucun

# ACS



EUROPEAN  
SOCIETY OF  
CARDIOLOGY®

DAPT with aspirin and an oral ADP receptor antagonist must be continued for up to 12 months in patients with a STEMI, with a strict minimum of:

for up to 12 months

- 1 month for patients receiving BMS
- 6 months for patients receiving DES

		I	C
		I	C
		IIb	B



American  
Heart  
Association.  
*Learn and Live*

## Maintenance doses and duration of therapy

*DES placed:* Continue therapy for 1 y

- Clopidogrel: 75 mg daily
- Prasugrel: 10 mg daily
- Ticagrelor: 90 mg twice a day\*

I	B
I	B
I	B

*BMS† placed:* Continue therapy for 1 y

- Clopidogrel: 75 mg daily
- Prasugrel: 10 mg daily
- Ticagrelor: 90 mg twice a day\*

I	B
I	B
I	B

*DES placed:*

- Clopidogrel, prasugrel, or ticagrelor\* continued beyond 1 y
- Patients with STEMI with prior stroke or TIA: prasugrel

IIb	C
III: Harm	B



# SCAD

DAPT is indicated after BMS for at least 1 month.

I A

DAPT is indicated for 6 to 12 months after 2nd generation DES.

I B

DAPT may be used for more than 1 year in patients at high ischaemic risk (e.g. stent thrombosis, recurrent ACS on DAPT, post MI/diffuse CAD) and low bleeding risk.

IIb B

DAPT for 1 to 3 months may be used after DES implantation in patients at high bleeding risk or with undeferrable surgery or concomitant anticoagulant treatment.

IIb C



In patients receiving DES for a non-ACS indication, clopidogrel 75 mg/d should be given for at least 12 mo if patients are not at high risk of bleeding.

I B

In patients receiving BMS for a non-ACS indication, clopidogrel should be given for a minimum of 1 mo and ideally up to 12 mo (unless the patient is at increased risk of bleeding; then it should be given for a minimum of 2 wk).

I B

Continuation of clopidogrel, prasugrel, or ticagrelor beyond 12 mo may be considered in patients undergoing placement of DES.

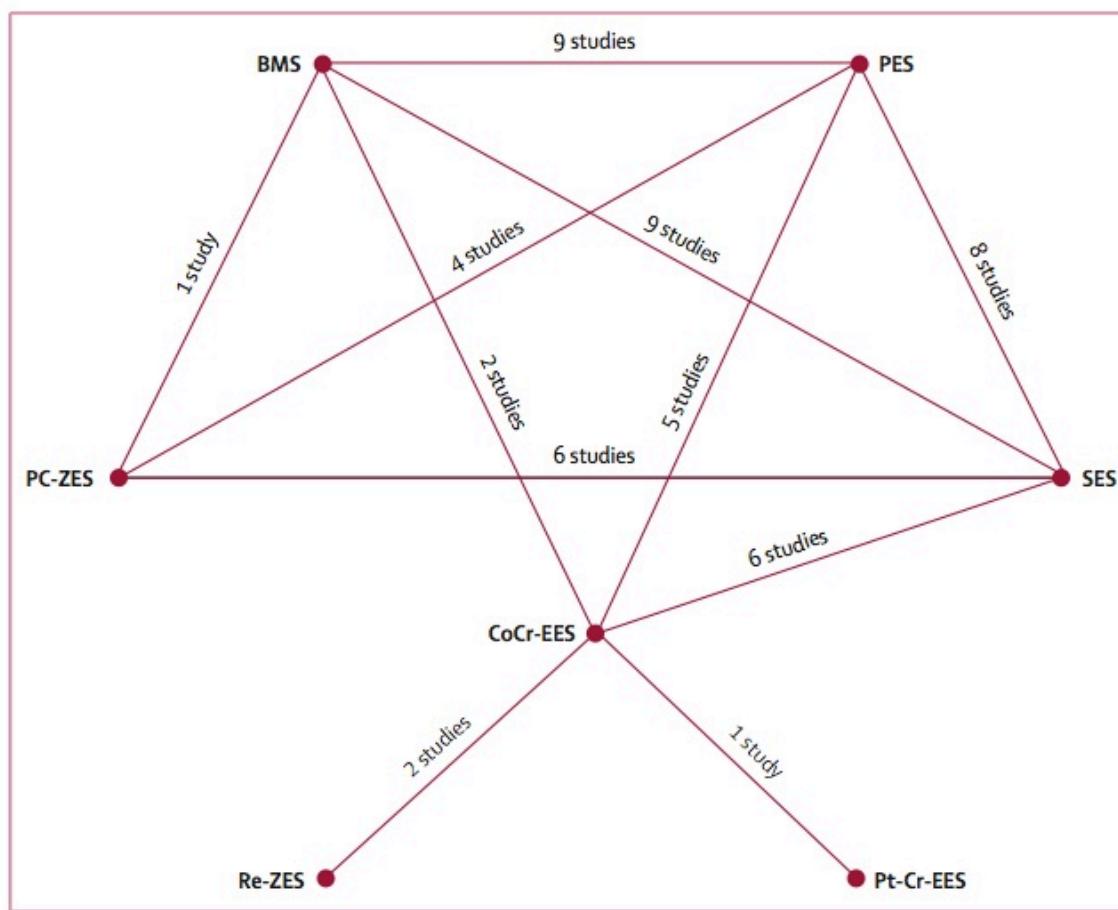
IIb C

## Cypher



# Stent thrombosis with drug-eluting and bare-metal stents: evidence from a comprehensive network meta-analysis

Tullio Palmerini, Giuseppe Biondi-Zoccai, Diego Della Riva, Christoph Stettler, Diego Sangiorgi, Fabrizio D'Ascenzo, Takeshi Kimura, Carlo Briguori, Manel Sabatè, Hyo-Soo Kim, Antoinette De Waha, Elvin Kedhi, Pieter C Smits, Christoph Kaiser, Gennaro Sardella, Antonino Marullo, Ajay J Kirtane, Martin B Leon, Gregg W Stone



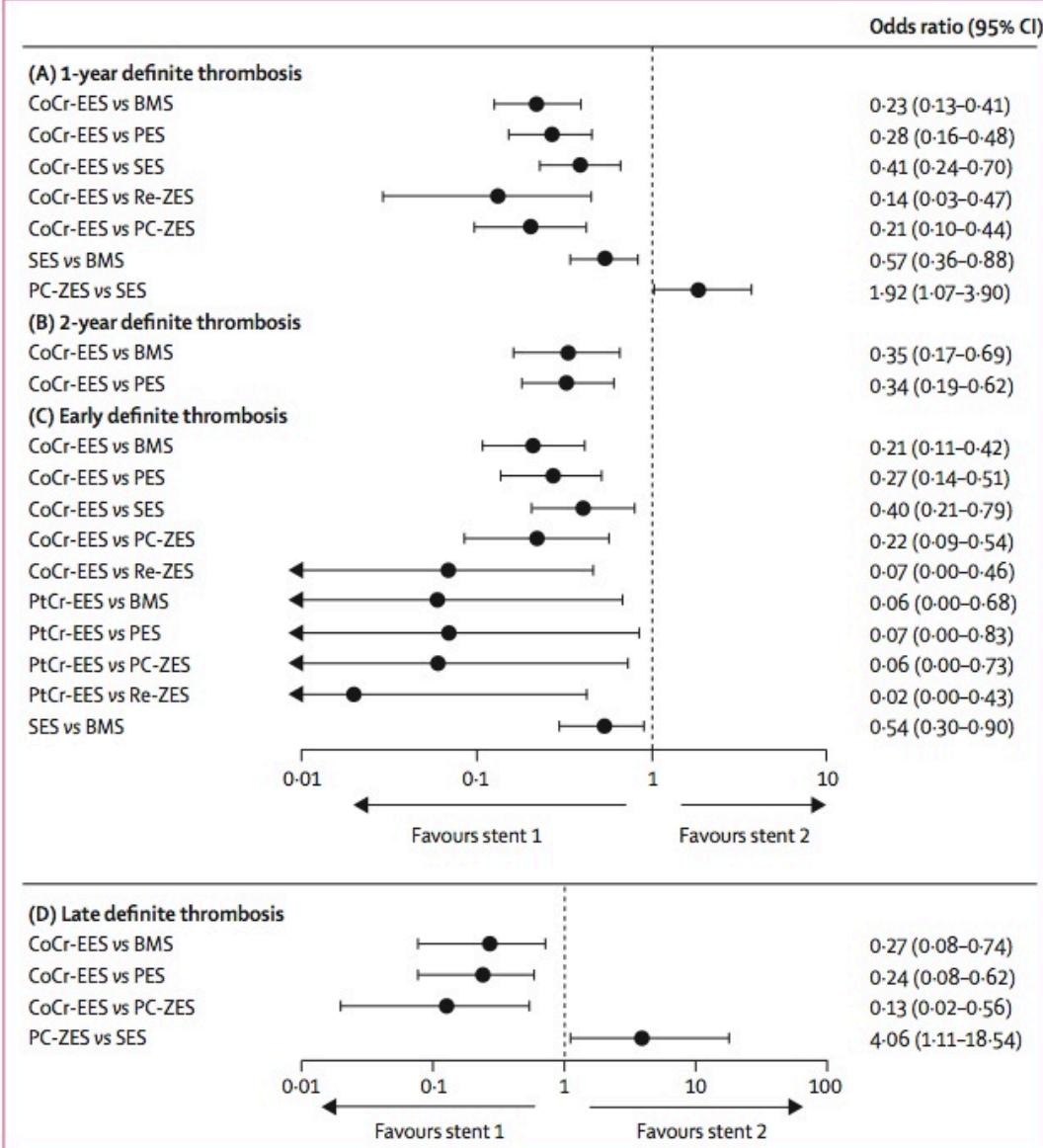
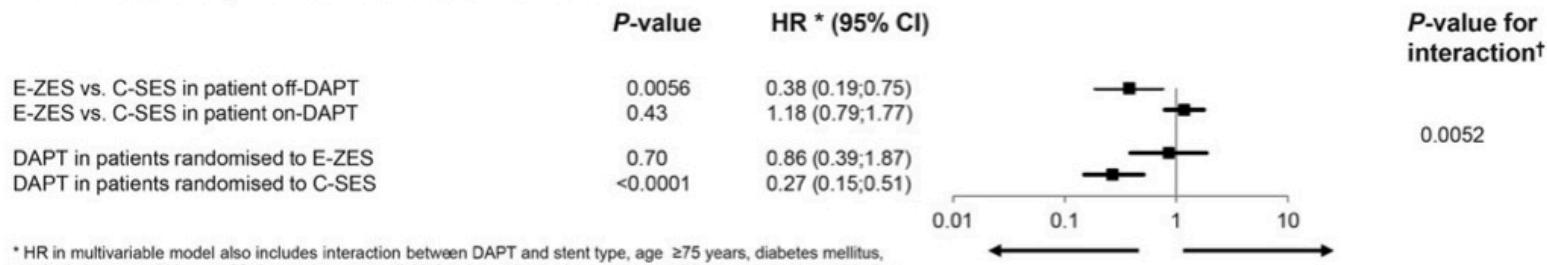


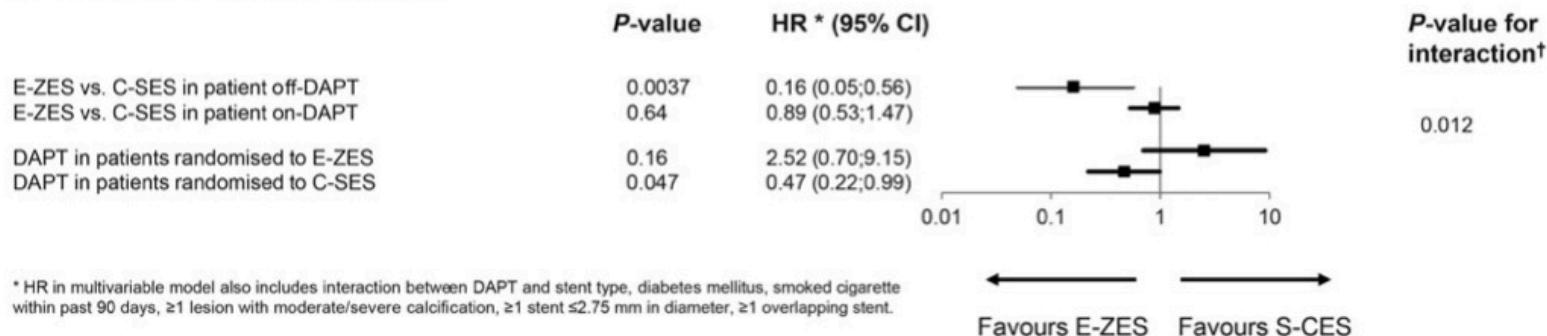
Figure 3: Pooled odds ratios and 95% CIs determined by network meta-analysis for 1-year (A), 2-year (B), early (C), and late (D) definite stent thrombosis

# Modifying effect of dual antiplatelet therapy on incidence of stent thrombosis according to implanted drug-eluting stent type

## A Definite or probable stent thrombosis



## B Definite stent thrombosis

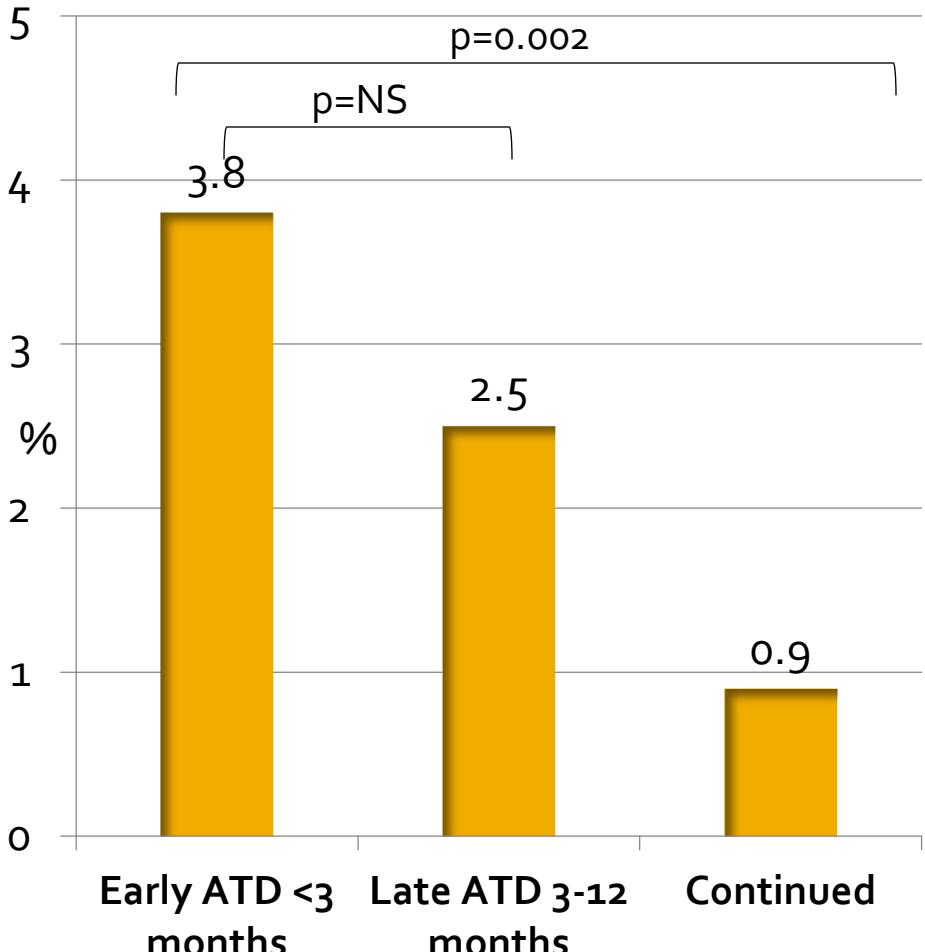


**Figure 3** Risk of (A) definite or probable or (B) definite stent thrombosis up to 1080 days according to drug-eluting stent-type and dual antiplatelet therapy-use. C-SES, Cypher sirolimus-eluting stent; DAPT, dual antiplatelet therapy; E-ZES, Endeavor zotarolimus-eluting stent.

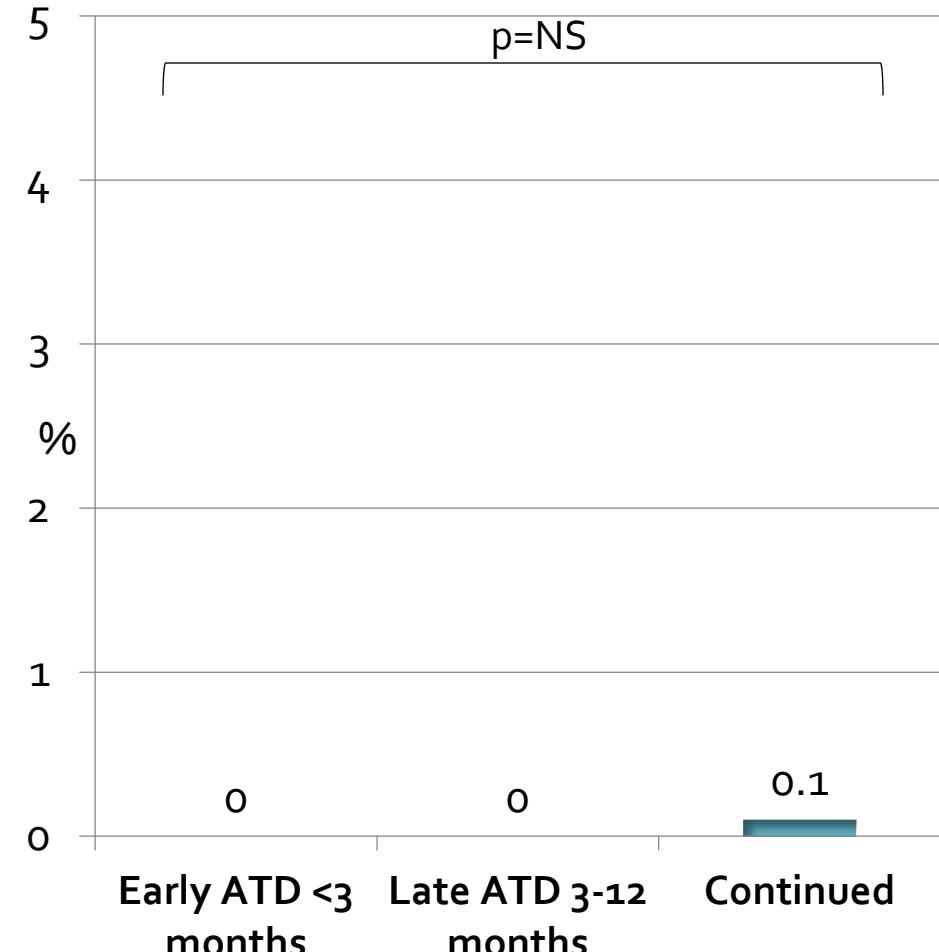
# Results:

## Definite or probable ST at 1 year

**1<sup>st</sup> Gen DES**



**2<sup>nd</sup> Gen DES**



CLINICAL RESEARCH

Interventional Cardiology

## Clinical Outcomes With Bioabsorbable Polymer- Versus Durable Polymer-Based Drug-Eluting and Bare-Metal Stents

Evidence From a Comprehensive Network Meta-Analysis

Tullio Palmerini, MD,\* Giuseppe Biondi-Zoccai, MD,† Diego Della Riva, MD,\* Andrea Mariani, MD,\* Manel Sabaté, MD,‡ Pieter C. Smits, MD,§ Christoph Kaiser, MD,|| Fabrizio D'Ascenzo, MD,¶ Giacomo Frati, MD,†# Massimo Mancone, MD,† Philippe Genereux, MD,\*\*†† Gregg W. Stone, MD\*\*  
*Bologna, Latina, Turin, and Pozzilli, Italy; Barcelona, Spain; Rotterdam, the Netherlands; Basel, Switzerland; New York, New York; and Montreal, Quebec, Canada*

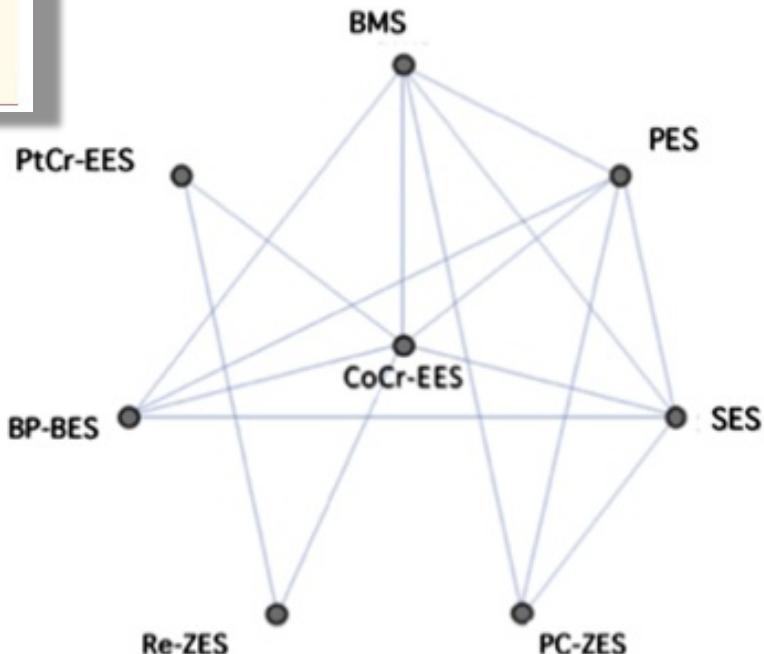


Figure 1

Evidence Network Between Stents Included in the Meta-Analysis

**D**

## 1-year definite stent thrombosis

Stent 1/Stent 2

BP-BES vs BMS

BP-BES vs PES

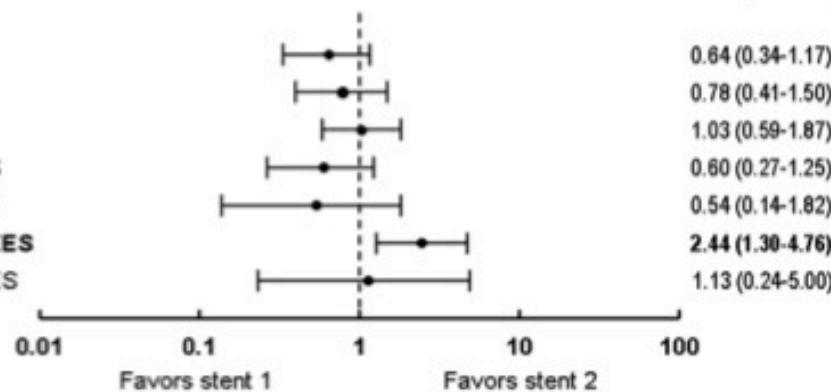
BP-BES vs SES

BP-BES vs PC-ZES

BP-BES vs Re-ZES

**BP-BES vs CoCr-EES**

BP-BES vs PtCr-EES

**E**

## 1-year definite/probable stent thrombosis

Stent 1/Stent 2

BP-BES vs BMS

BP-BES vs PES

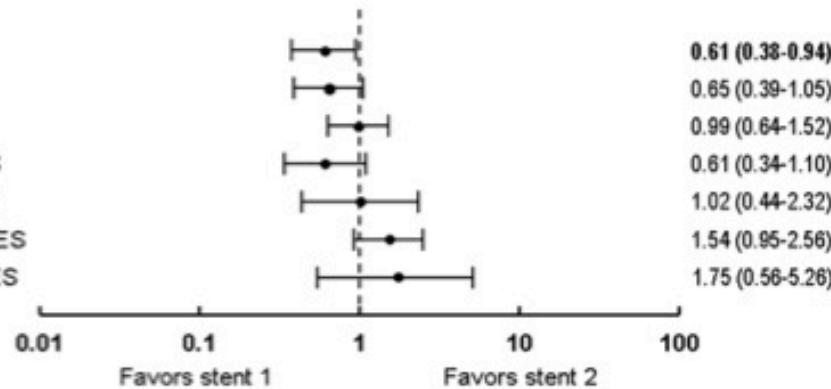
BP-BES vs SES

BP-BES vs PC-ZES

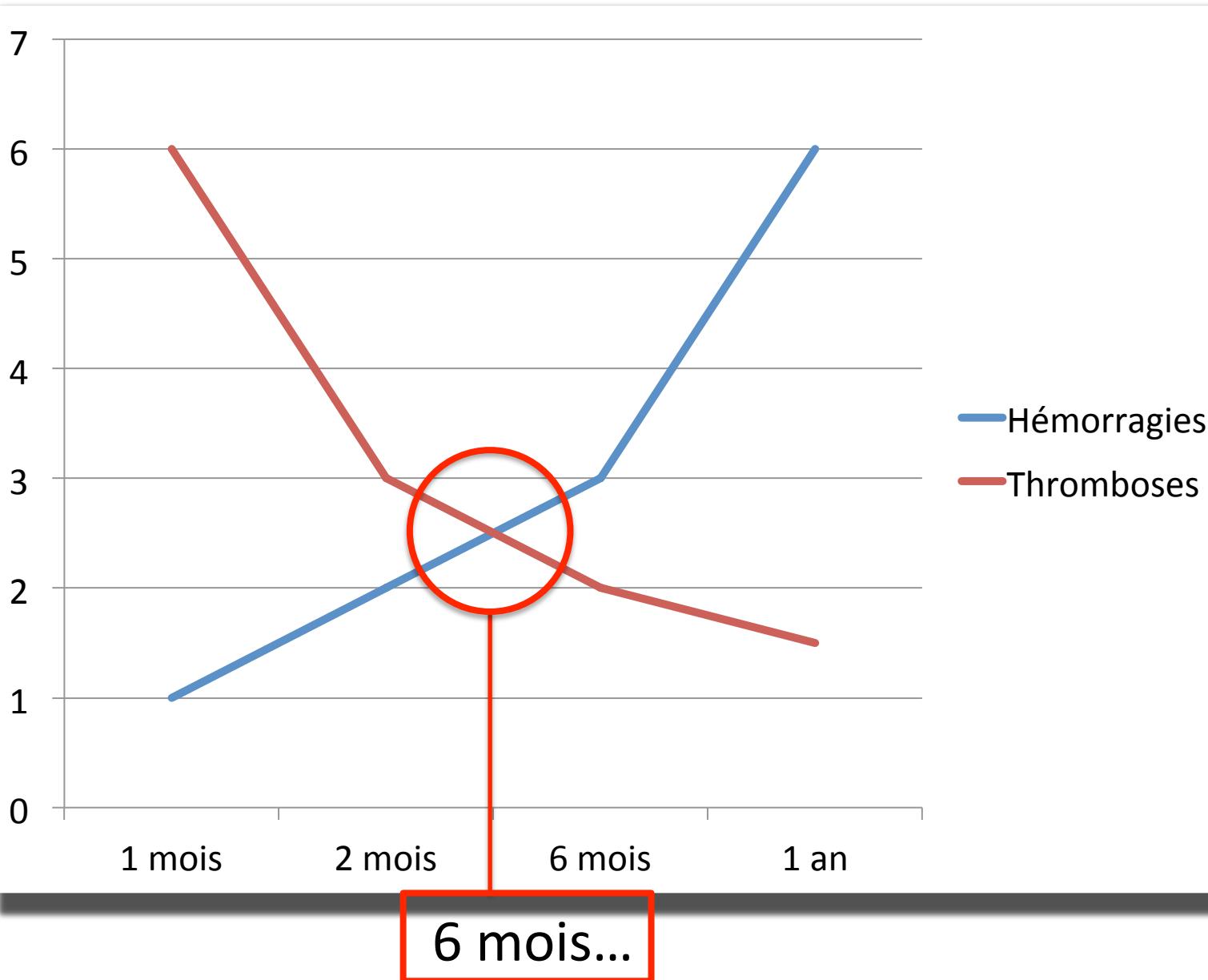
BP-BES vs Re-ZES

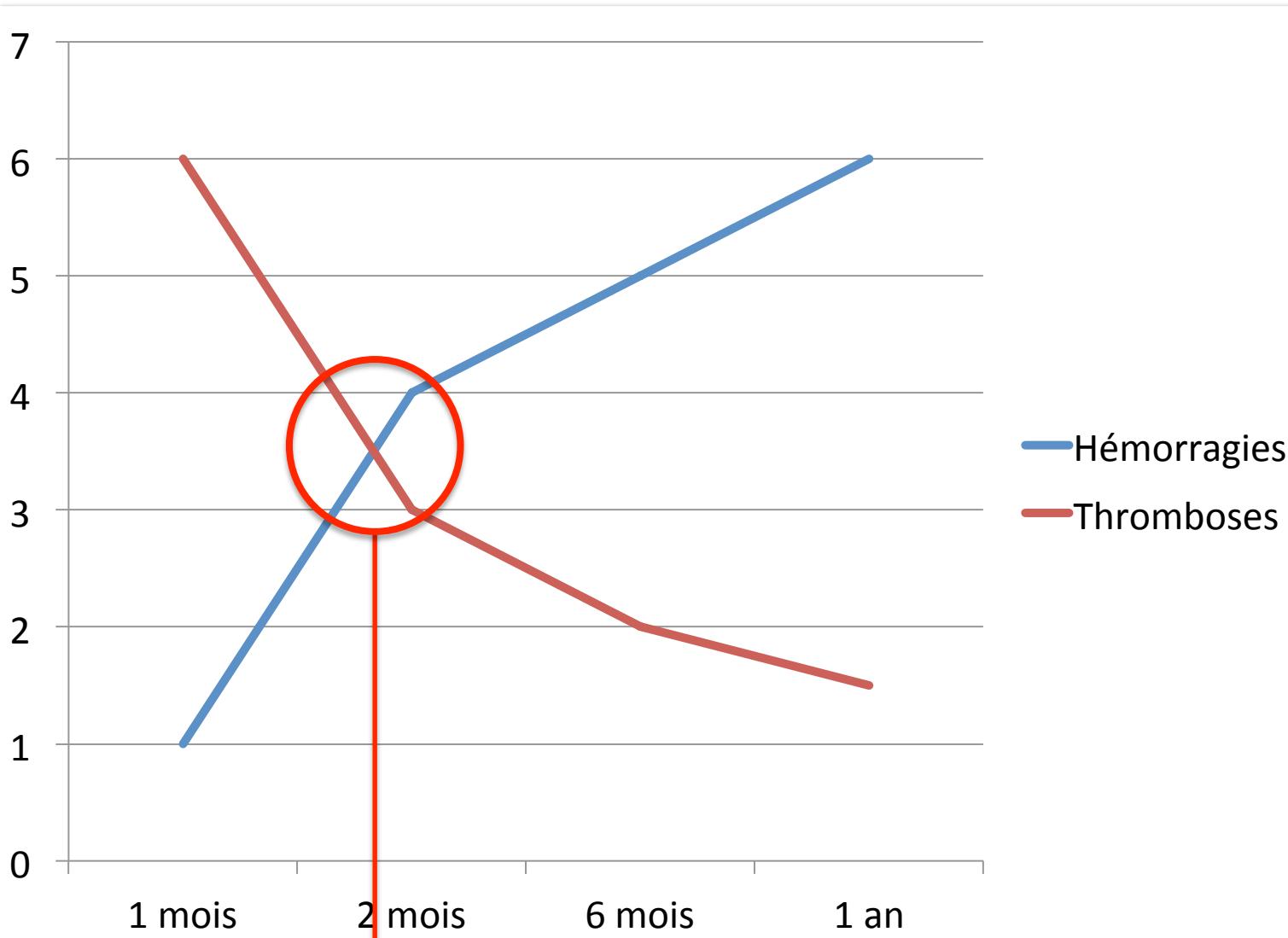
BP-BES vs CoCr-EES

BP-BES vs PtCr-EES

**Figure 2** Continued



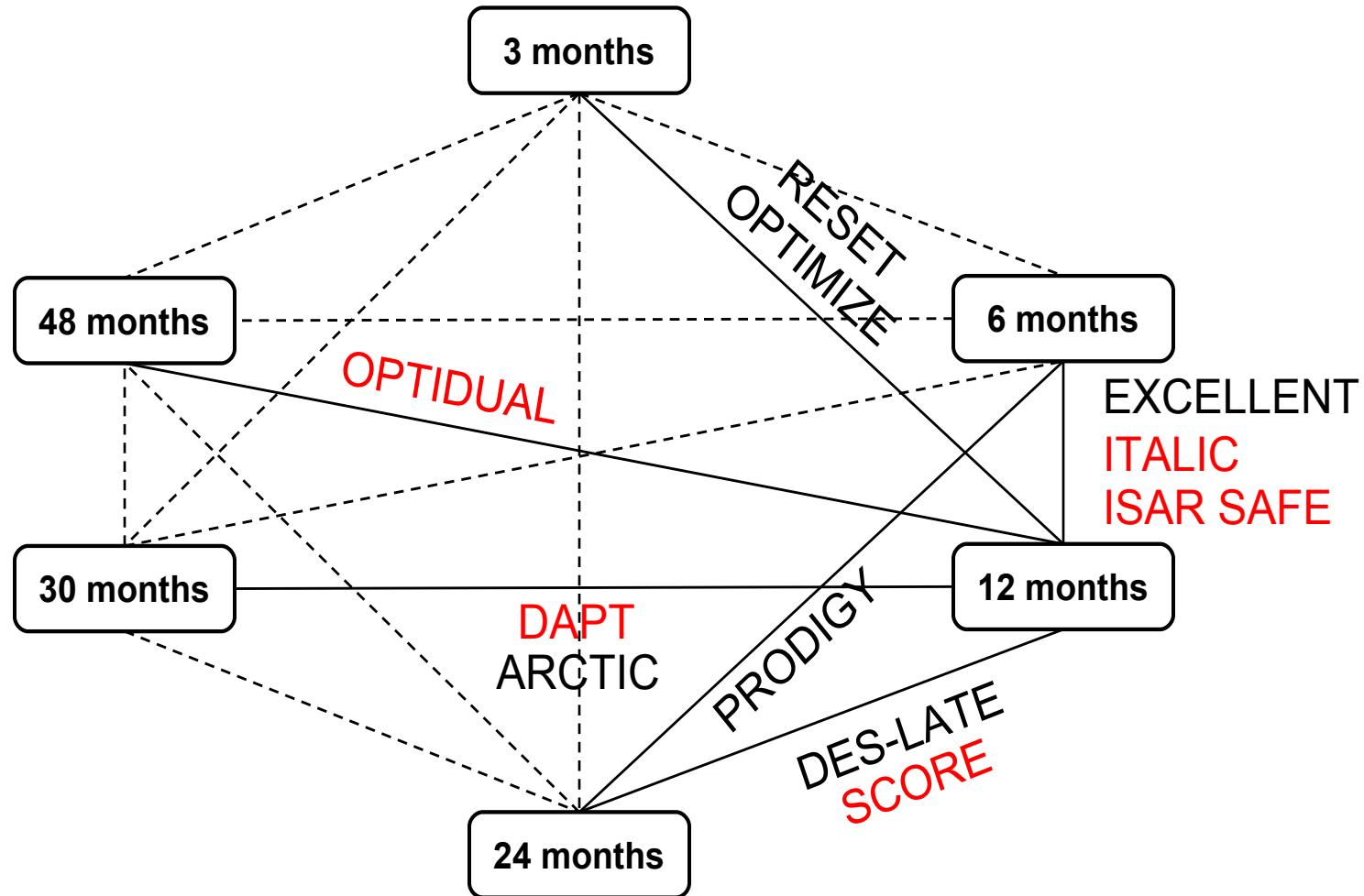




1-3 mois?



# Trials of DAPT Duration



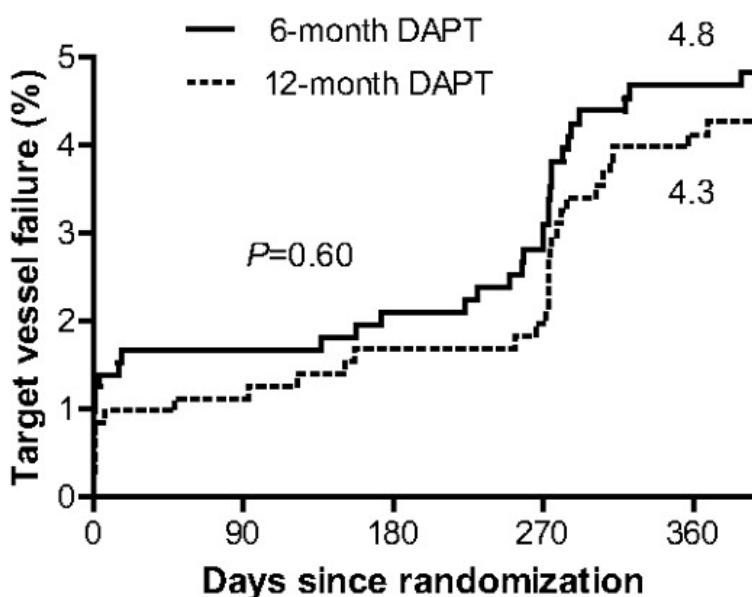
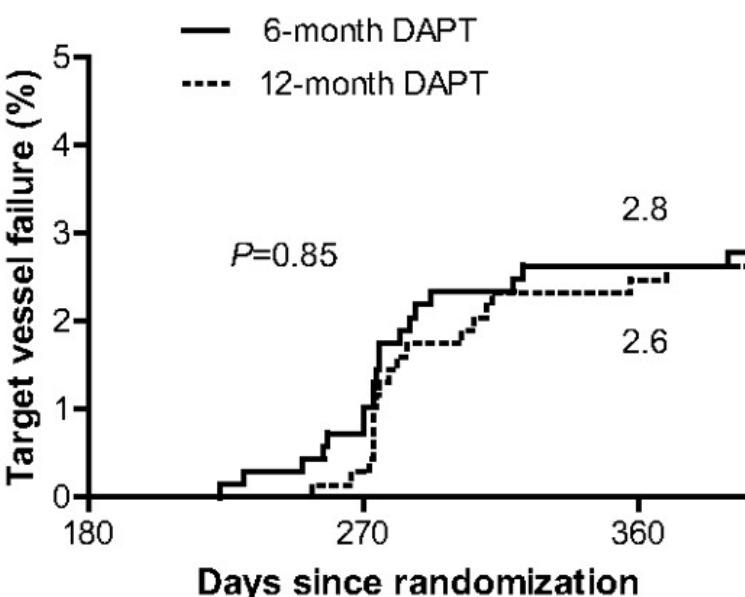
Ongoing trials in red

# What is the ‘Optimal’ Trial for the ‘Optimal’ DAPT Duration?

*DAPT durations, inclusion of BMS, landmarking and ‘event-free’ patients*

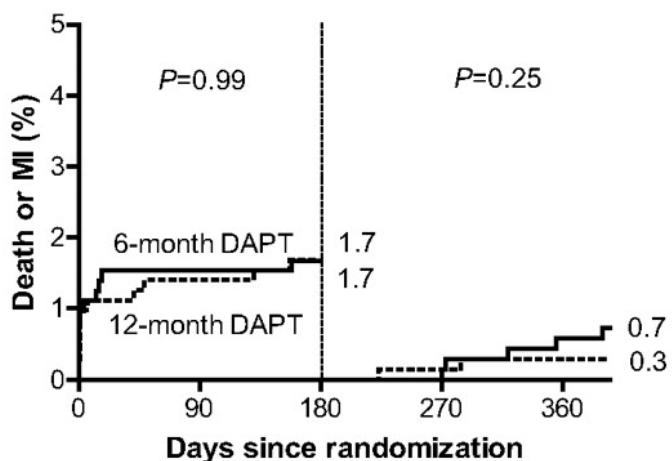
	Inclusion Group, N	DAPT Duration	DES Type	1° Endpoint	2° Endpoint(s)
DAPT	20,645 12-month event free	12 vs 30 months	All DES, BMS	1. D/MI/Stroke at 33 mos 2. Def/prob ST at 33 mos	GUSTO Bleeding
ISAR-SAFE	6,000 6-month event free	6 vs 12 months	All DES	D/MI/Stroke/TIMI major bleed at 15 mos	Individual component endpoints
REAL-LATE	2,000 12-month event free	12 vs 24 months	All DES	2-yr Cardiac D/MI	ARC ST, Bleeding
ZEST-LATE	2,000 12-month event free	12 vs 24 months	SES, PES, ZES	2-yr D/MI	ARC ST, Bleeding
OPTIMIZE	3,120 non-STEMI	3 vs. 12 months	Endeavor ZES	1-yr D/MI/Stroke/TIMI major bleed	ARC ST
SEASIDE	900 non-ACS	6 months	Endeavor ZES	1-yr D/MI/Stroke	GUSTO Bleeding
					CYP2C19

# EXCELLENT Study

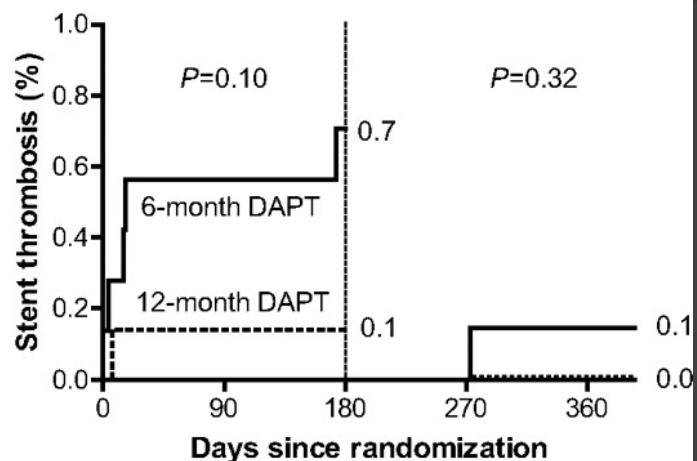
**A****B**

6-month DAPT	722	692	686	680	663
12-month DAPT	721	697	692	687	668

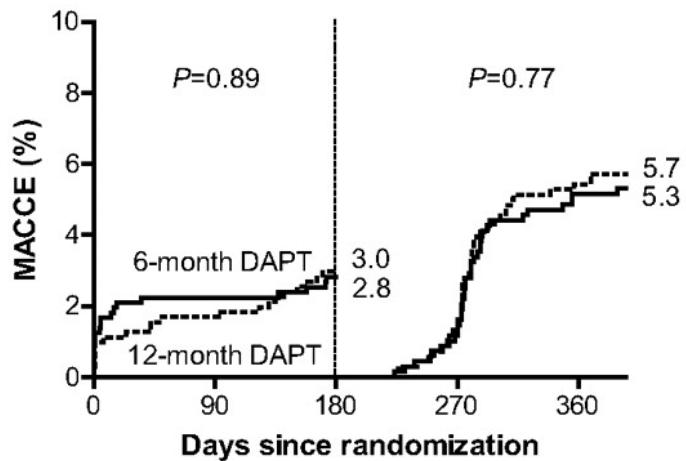
6-month DAPT	686	680	663
12-month DAPT	692	687	668

**A**

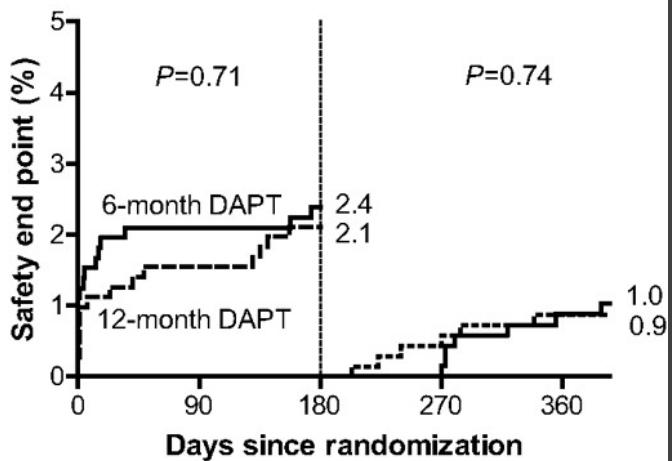
6-month DAPT	722	693	689	688	681
12-month DAPT	721	696	694	691	686

**B**

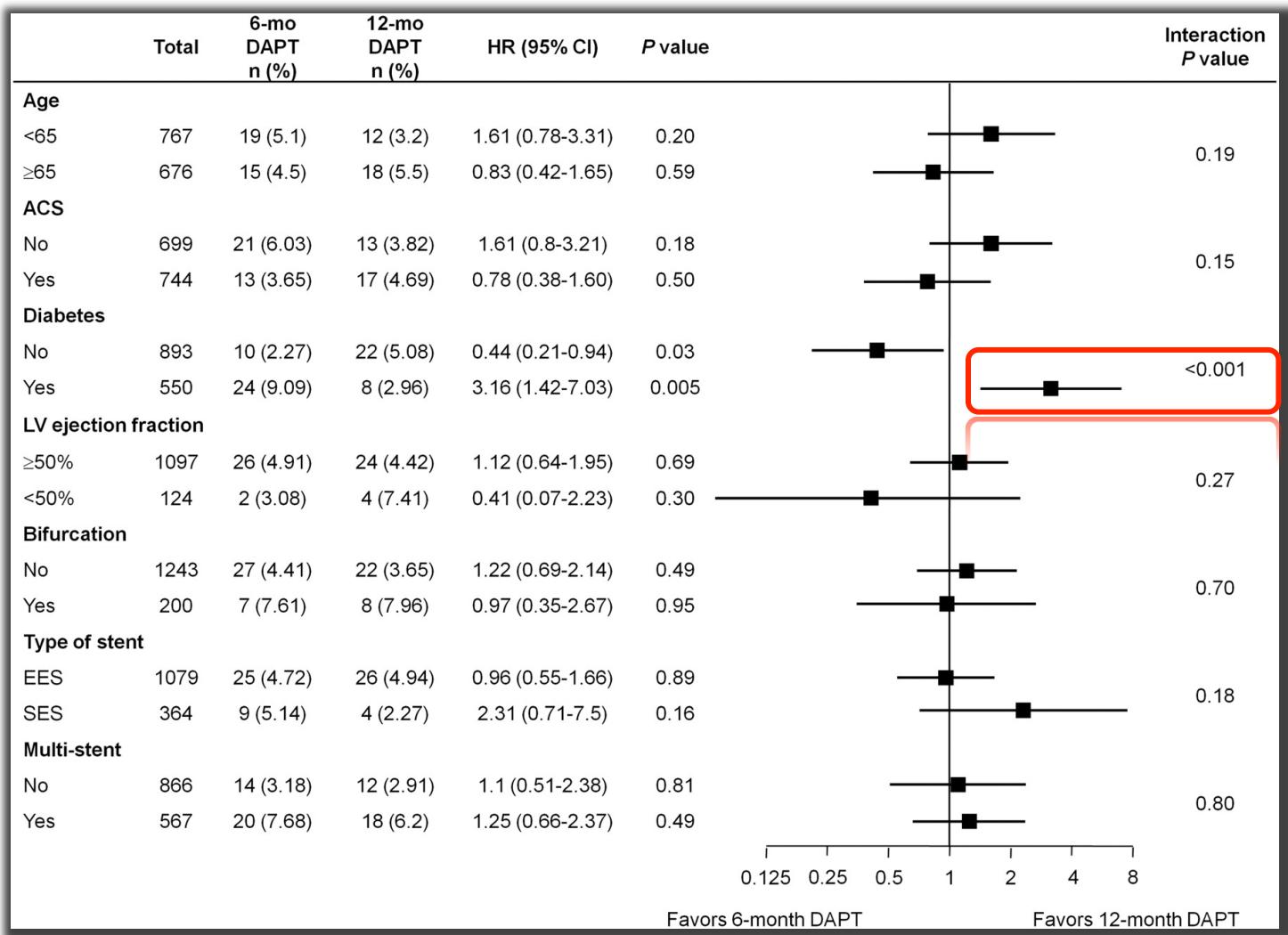
6-month DAPT	722	699	695	694	688
12-month DAPT	721	703	701	698	694

**C**

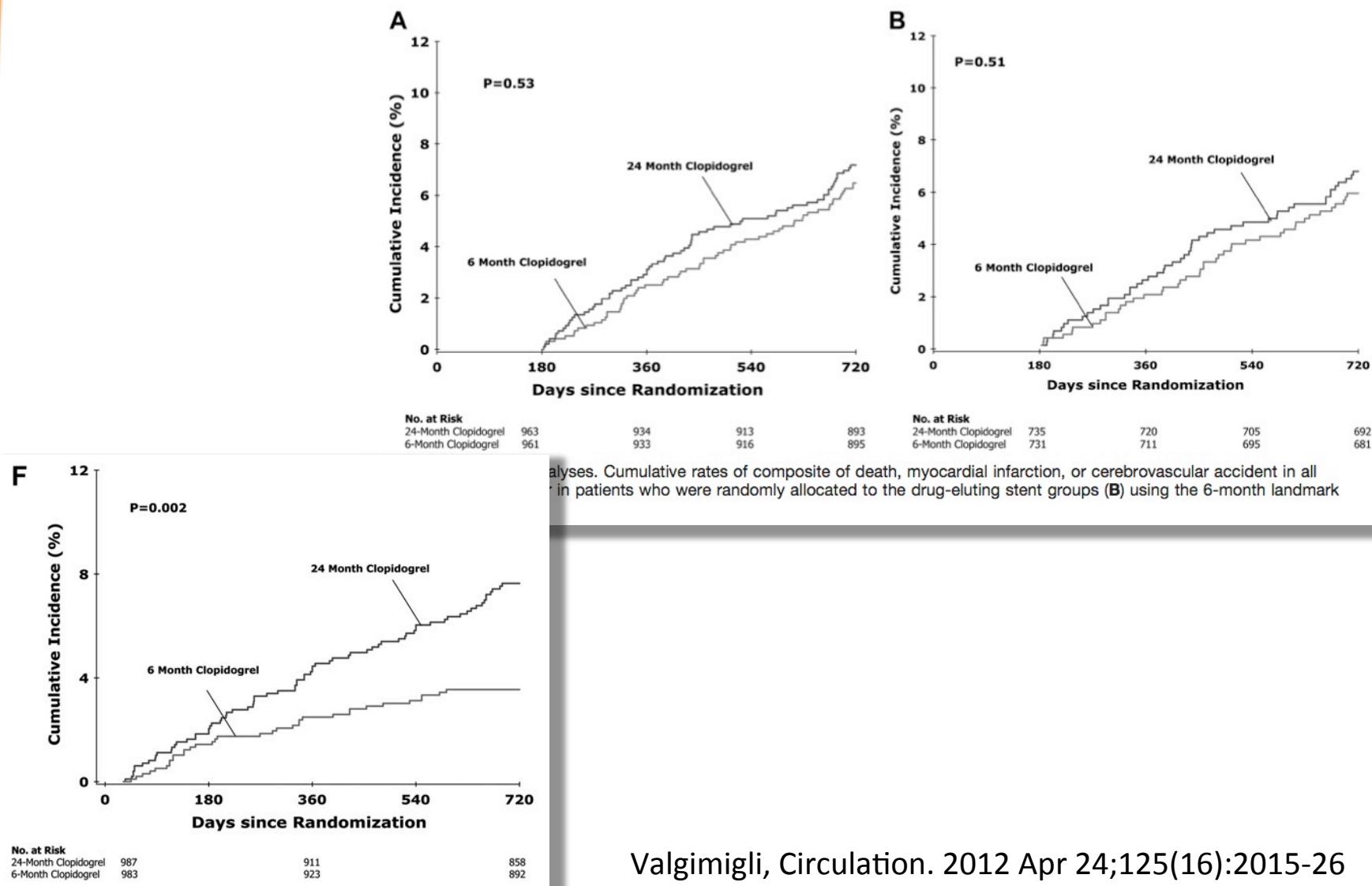
6-month DAPT	722	689	682	672	643
12-month DAPT	721	695	686	676	643

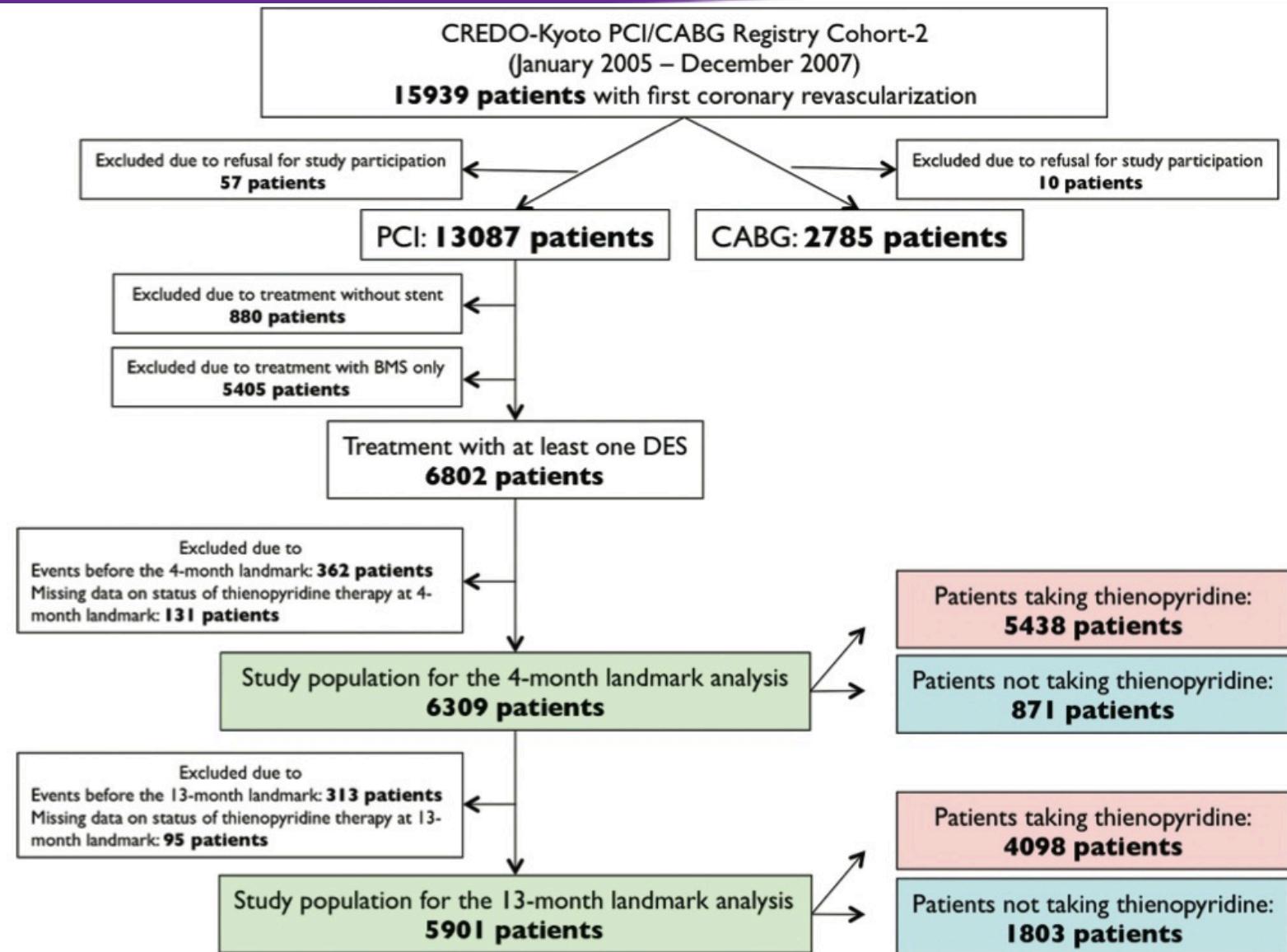
**D**

6-month DAPT	722	690	685	684	675
12-month DAPT	721	696	692	687	680

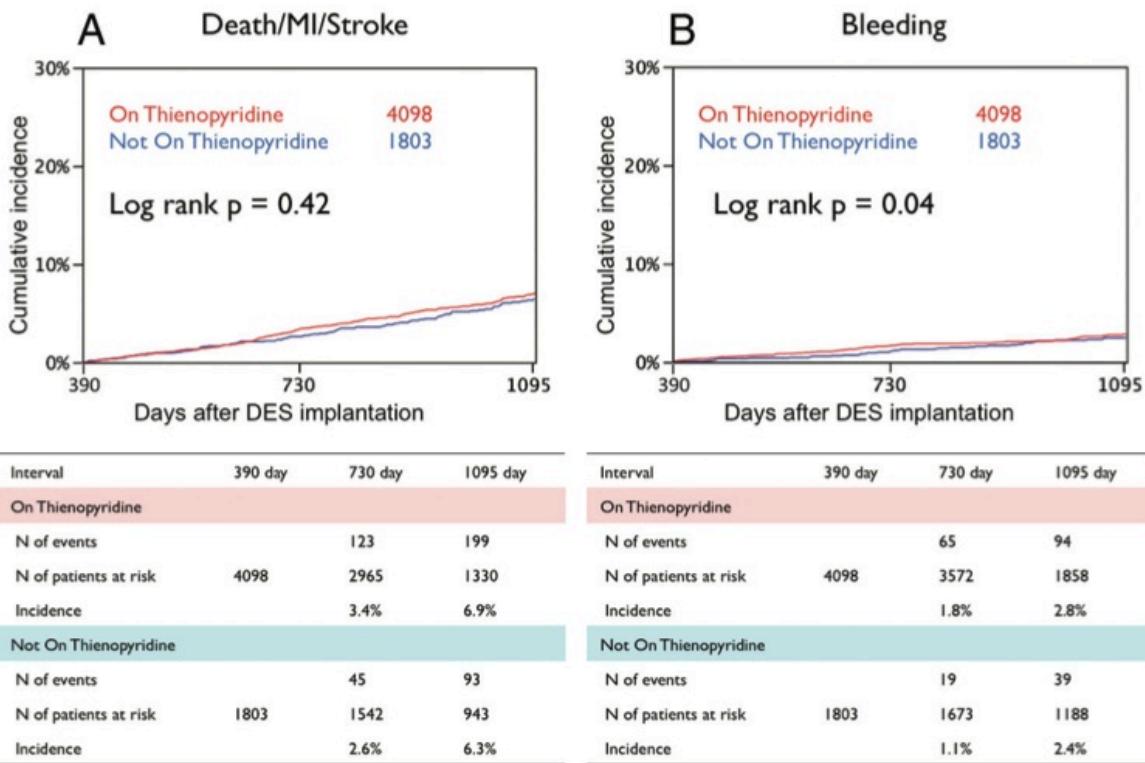


# PRODIGY Study





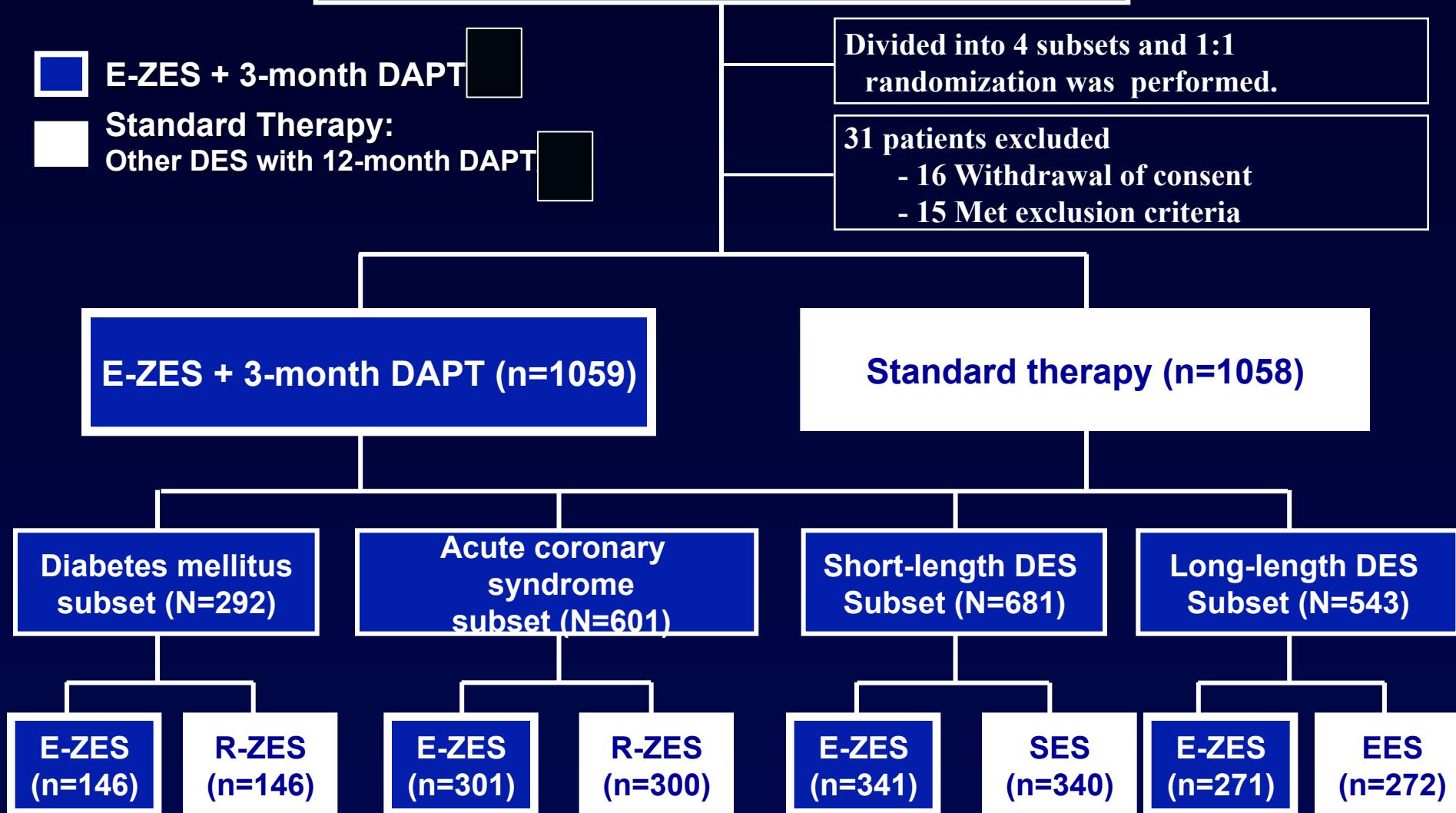
**Figure 1.** Study flow chart. CREDO-Kyoto indicates Coronary REvascularization Demonstrating Outcome Study in Kyoto Percutaneous Coronary Intervention (PCI)/Coronary Artery Bypass Grafting (CABG) Registry Cohort-2. DES indicates drug-eluting stent; BMS, bare metal stent.



**Figure 4.** Cumulative incidence of events in the 13-month landmark analysis. **A**, Death/myocardial infarction (MI)/stroke; **B**, bleeding. DES indicates drug-eluting stent.

# Study at a glance & Final Enrollment ♪

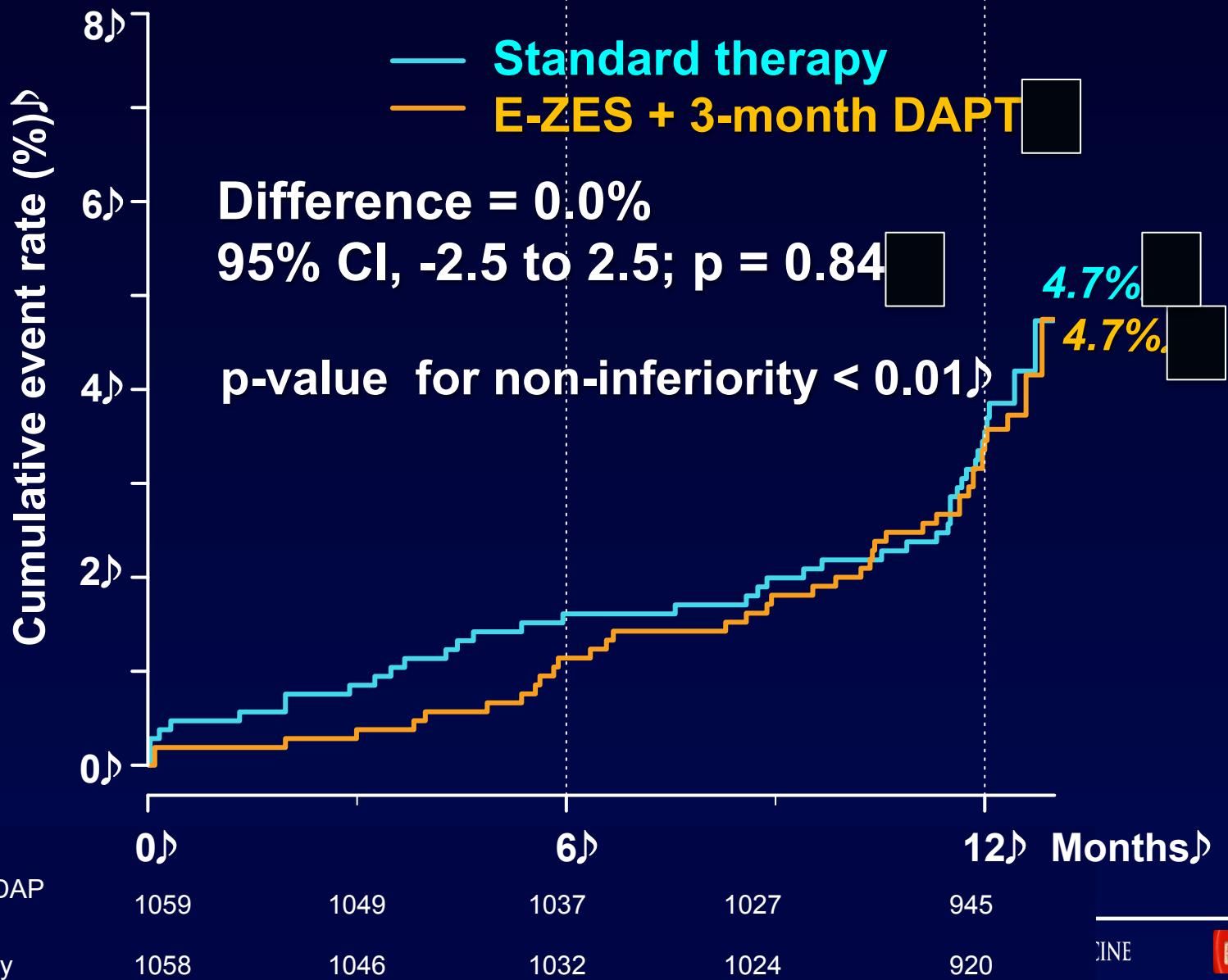
2,148 patients enrolled and randomized



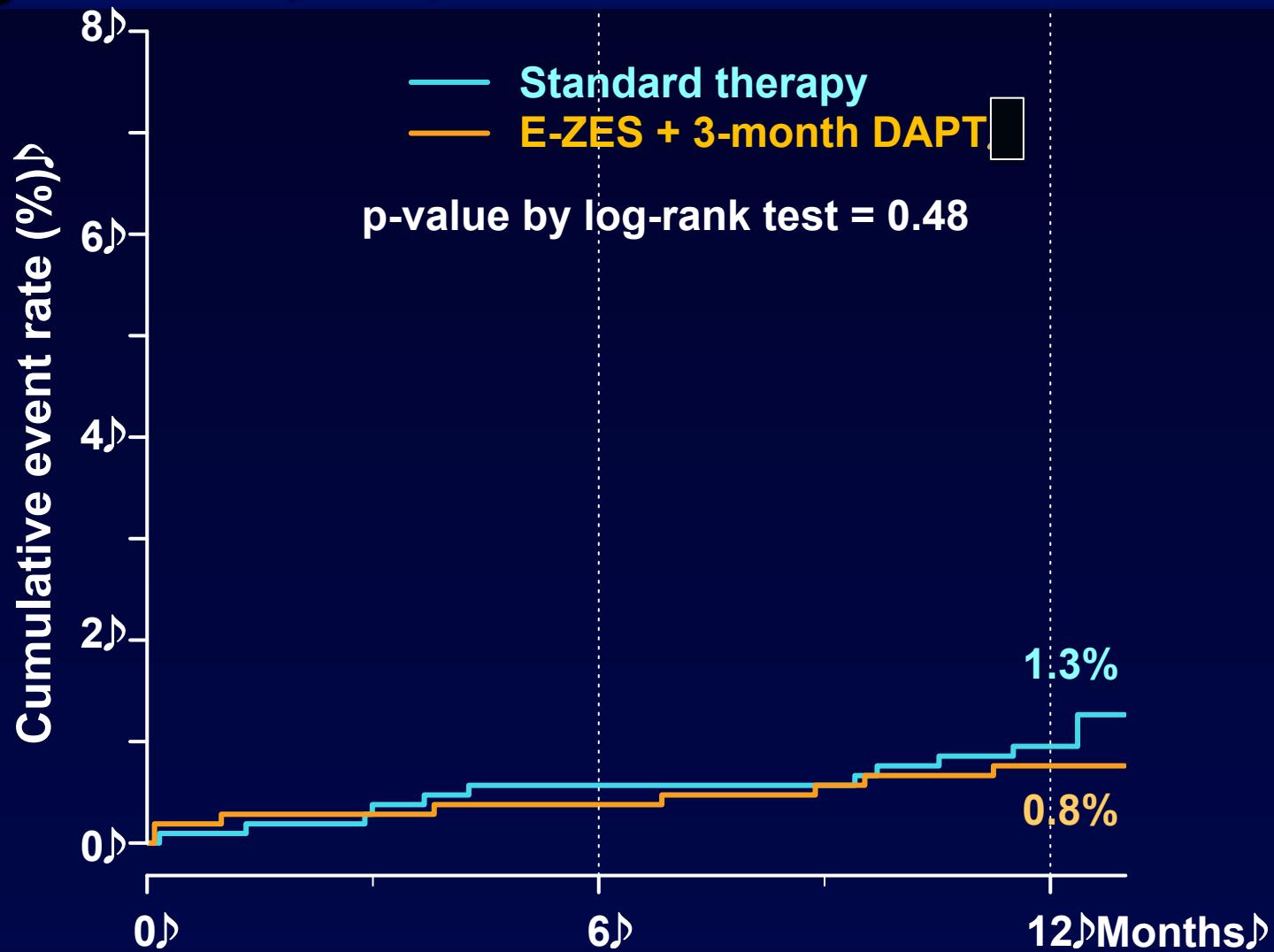
R-ZES = Resolute zotarolimus-eluting stent ; SES = sirolimus-eluting stent; EES = everolimus-eluting stents

# Primary endpoint, by Kaplan-Meier method

\* Primary end-point; A composite of death from CV cause, MI, stent thrombosis, TVR or bleeding at 1 year



# Any death, MI, or stent thrombosis



## No. at Risk

E-ZES+ 3-month DAPT

1059

1051

1045

1041

966

Standard therapy

1058

1051

1042

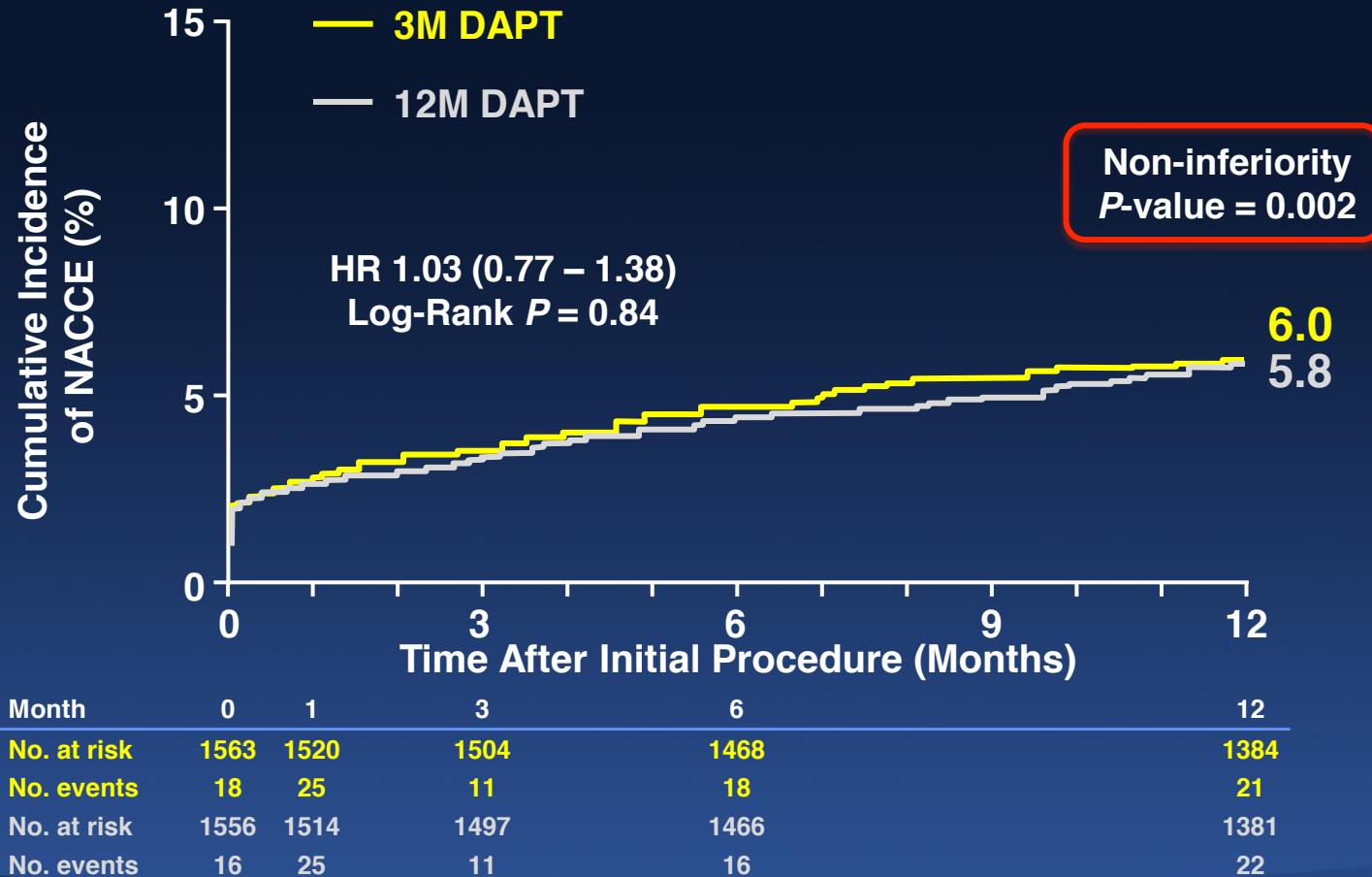
1037

937

INE

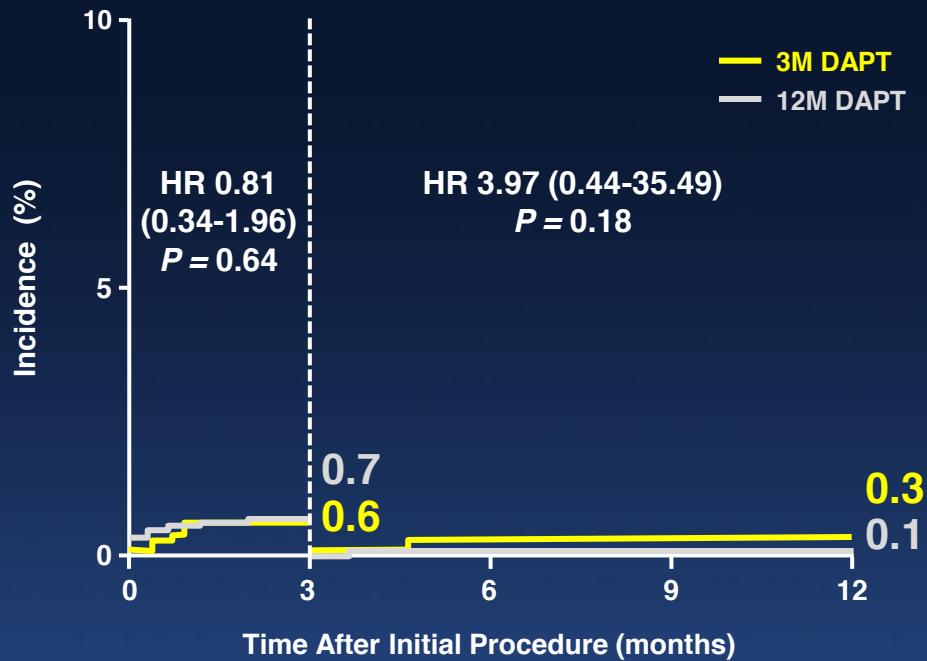
RESET

# Primary Endpoint: NACCE at 1 Year (All-Cause Death, MI, Stroke, Major Bleeding)

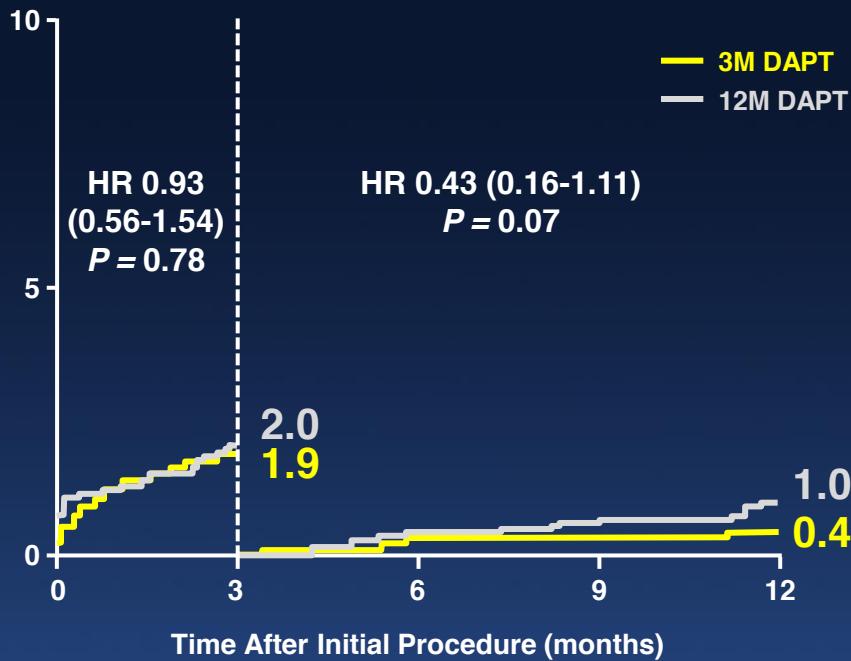


# Stent Thrombosis vs. Bleeding

## ARC Def./Prob. Stent Thrombosis

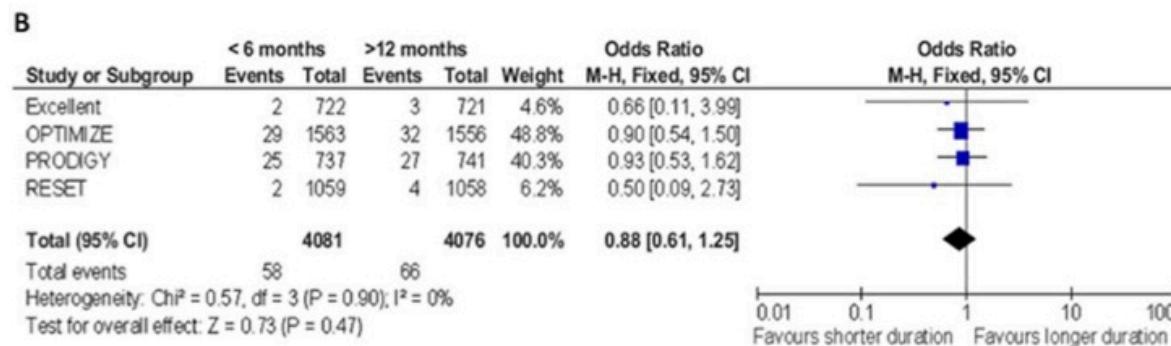
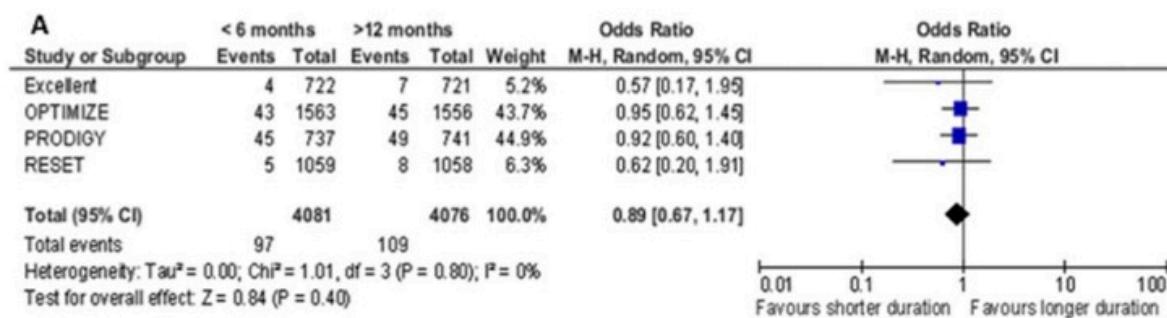


## Any Bleeding\*

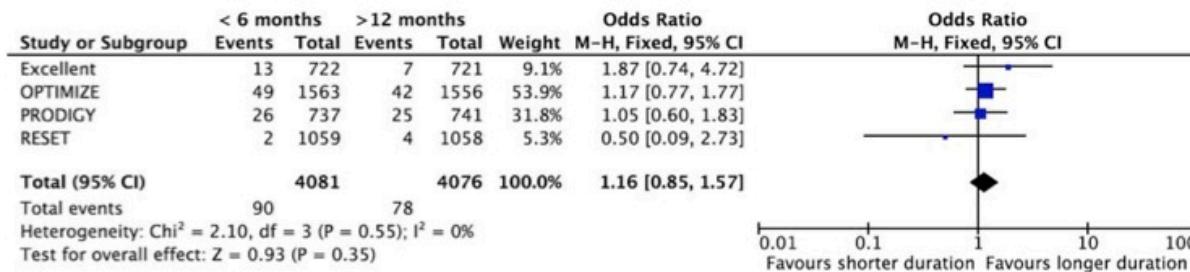


Month	0	1	3	6	12
No at risk	1563	1555	1540	1506	1505
No events	0	6	3	4	0
No at risk	1556	1541	1525	1501	1500
No events	5	3	3	1	0

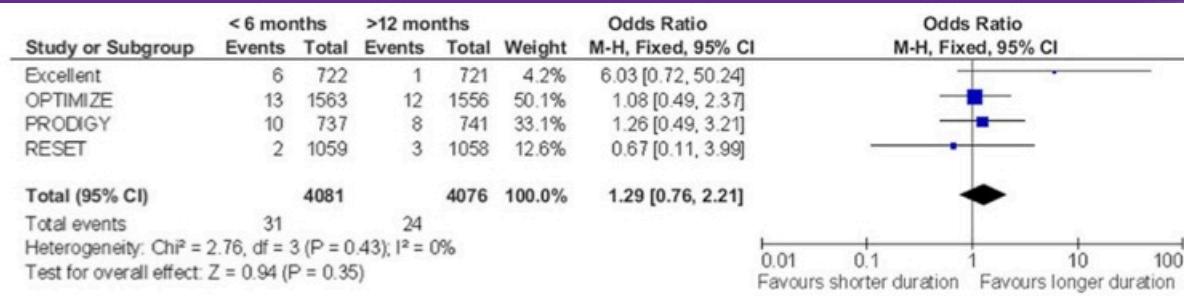
Month	0	1	3	6	12
No at risk	1563	1538	1516	1482	1439
No events	4	15	10	4	2
No at risk	1556	1528	1501	1472	1387
No events	11	8	12	6	8



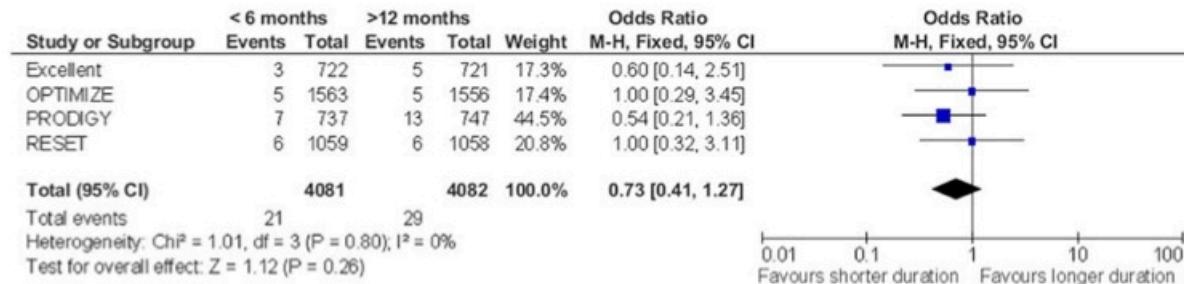
**Fig. 1.** Meta-analysis of all cause mortality in the trials (A) and cardiac death (B). [Color figure can be viewed in the online issue, which is available at [wileyonlinelibrary.com](http://wileyonlinelibrary.com).]



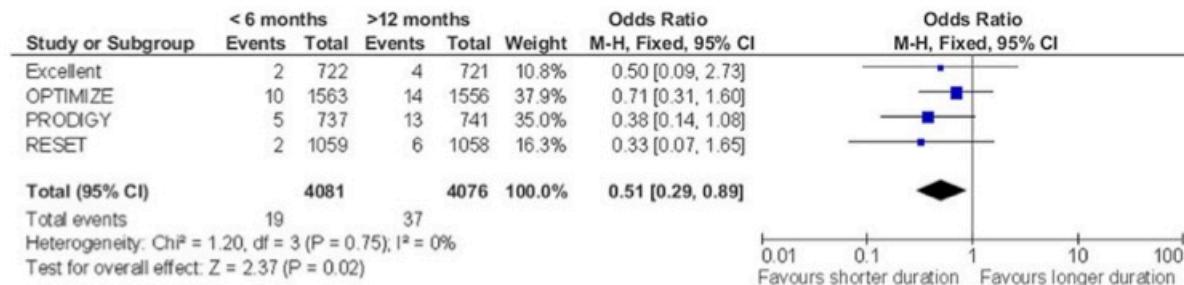
**Fig. 2.** Meta-analysis of MI in the trials. [Color figure can be viewed in the online issue, which is available at [wileyonlinelibrary.com](http://wileyonlinelibrary.com).]



**Fig. 3. Meta-analysis of definite or probable stent thrombosis in the trials.** [Color figure can be viewed in the online issue, which is available at [wileyonlinelibrary.com](http://wileyonlinelibrary.com).]



**Fig. 4. Meta-analysis of cerebrovascular accidents in the trials.** [Color figure can be viewed in the online issue, which is available at [wileyonlinelibrary.com](http://wileyonlinelibrary.com).]



**Fig. 5. Meta-analysis of TIMI major bleeding in the trials.** [Color figure can be viewed in the online issue, which is available at [wileyonlinelibrary.com](http://wileyonlinelibrary.com).]

**Et 1 mois?**

# Contemporary Incidence and Predictors of Stent Thrombosis and Other Major Adverse Cardiac Events in the Year After XIENCE V Implantation

Results From the 8,061-Patient XIENCE V United States Study

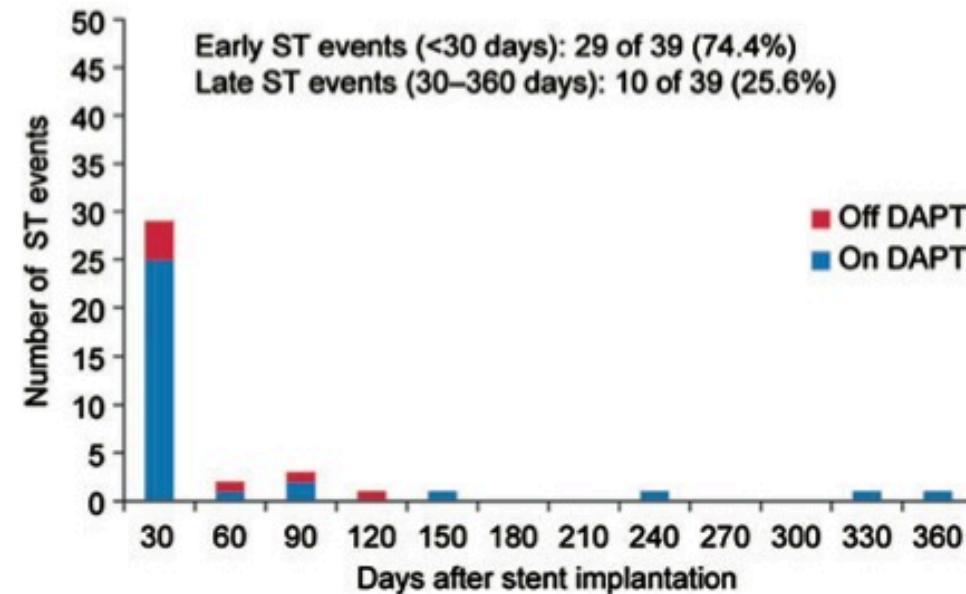
Srihari S. Naidu, MD,\* Mitchell W. Krucoff, MD,† David R. Rutledge, PHARM.D,‡  
 Vivian W. Mao, MD, MPH,‡ Weiying Zhao, MD, PhD,‡ Qing Zheng, MS,‡  
 Olivia Wilburn, MD, PhD,‡ Krishnankutty Sudhir, MD, PhD,‡ Charles Simonton, MD,‡  
 James B. Hermiller, MD§

**Table 6. Multivariate Predictors of 1-Year Clinical Outcomes**

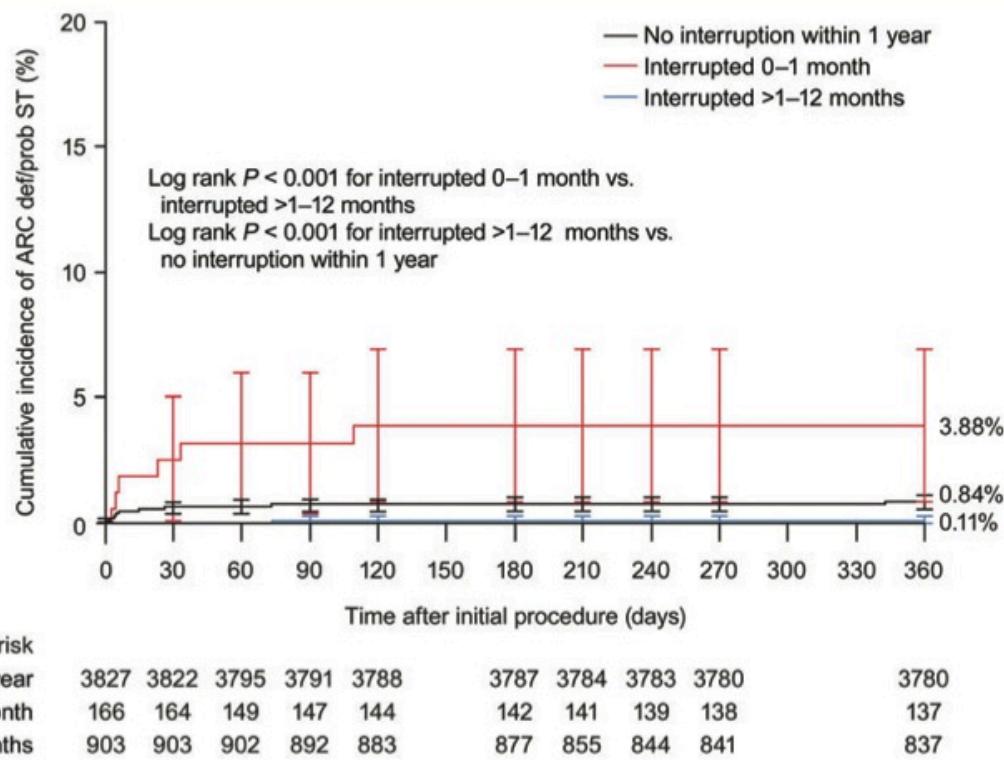
	Multivariate Predictors	Hazard Ratio (95% CI)	p Value
ARC definite/probable ST	DAPT interruption* ≤30 days	8.63 (2.69–27.73)	0.0003
	Renal insufficiency	3.72 (1.71–8.09)	0.0009
	Total length of stents (10 mm)	1.30 (1.16–1.47)	<0.0001
Cardiac death and ARC MI (CD/MI)	Renal insufficiency	1.64 (1.22–2.19)	0.0010
	Female	1.46 (1.18–1.82)	0.0006
	Prior MI	1.43 (1.15–1.78)	0.0014
	Multi-vessel intervention	1.40 (1.05–1.85)	0.0214
	Diabetes Rx	1.34 (1.07–1.67)	0.0096
	Total length of stents (10 mm)	1.16 (1.10–1.22)	<0.0001

## Lack of association between dual antiplatelet therapy use and stent thrombosis between 1 and 12 months following resolute zotarolimus-eluting stent implantation

Sigmund Silber<sup>1\*</sup>, Ajay J. Kirtane<sup>2</sup>, Jorge A. Belardi<sup>3</sup>, Mi Sandeep Brar<sup>4</sup>, Martin Rothman<sup>4</sup>, and Stephan Windecker<sup>5</sup>



**Figure 4** Timing of stent thrombosis regardless of time of dual antiplatelet therapy interruption. DAPT, dual antiplatelet therapy; ST, stent thrombosis.



**Figure 5** Cumulative incidence of definite or probable stent thrombosis through 1 year after stent implantation according to dual antiplatelet therapy interruption status. ST, stent thrombosis.

# Marquages CE

**MEDTRONIC OBTIENT L'AUTORISATION DE METTRE A JOUR LE  
MARQUAGE CE DU STENT RESOLUTE INTEGRITY SUR  
LE DOUBLE TRAITEMENT ANTIPLAQUETTAIRE**

*L'interruption ou la suspension un mois après la procédure d'implantation montre un risque  
faible et non accru d'une thrombose de stent à un an selon les études cliniques.*

# Conclusion

- Le systématisme n'est pas de mise!
- DES actuels: 6 mois sont sécuritaires (voire 3 mois chez des patients sélectionnés),
- Pousser jusqu'à un an si FDR ischémiques importants type diabète, resténose, SCA, insuffisance rénale ...

